



A study for patients and partners about to start radiation treatment for cancer



What's the study about?

EMBRACE is a study to learn about how to keep patients and their partners healthy during radiation treatment.



Who may participate?

Co-residing couples where one partner is about to begin radiation treatment for breast or prostate cancer.



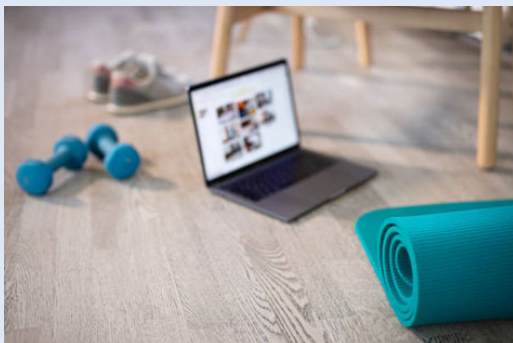
Where will it be held?

Online!
No travel to OHSU required.



What will we do?

Participate in online exercise classes with your spouse/partner 3 times a week for 8 weeks **OR** receive information and resources about how to stay physically active during and after radiation treatment.



Complete online physical assessments and health surveys 4 times over 6 months as well as provide a self-administered finger poke to collect 5 drops of blood on a collection card 3 times.



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Scan me!