

Congratulations to the Authors of the 2024 Papers of the Year!

Established by the ACSM Publications Committee, the annual Paper of the Year awards recognize excellence in ACSM's scientific and scholarly publications. Each journal's Paper of the Year is selected by its editorial team based on the criteria of significance and impact. ACSM congratulates each of the author groups for their work.



May/June 2024

ACSM's Health & Fitness Journal"
"Exercise for Clients Taking an Anti-Obesity Medication"
Renee J. Rogers



July 2024

Current Sports Medicine Reports
"Vigorous Exercise in Patients with Hypertrophic Cardiomyopathy"
Nolan Fox, Nicholas Fox,
Alan P. Jacobsen, Roger S. Blumenthal
and Lili A. Barouch



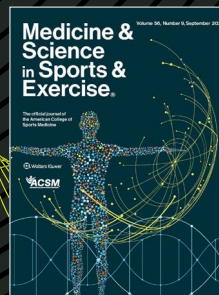
July 2024

Exercise and Sport Sciences Reviews
"Short Sleep Duration Disrupts Glucose Metabolism: Can Exercise Turn Back the Clock?"
Alan Maloney and Jill A. Kanaley



Summer 2024

Exercise, Sport, and Movement
"Physical Activity Patterns in Adolescents and Adults with Intellectual and Development Disabilities"
Brian C. Helsel, Amy E. Bodde,
Lauren T. Ptomey, Joseph R. Sherman,
Anna Rice, Joseph E. Donnelly and
Richard A. Washburn



September 2024

Medicine & Science in Sports & Exercise
"Bicycling Over a Lifetime Is Associated with Less Symptomatic Knee Osteoarthritis: Data from the Osteoarthritis Initiative"
Grace H. Lo, Michael J. Richard,
Andrea M. Kriska,
Timothy E. McAlindon,
Matthew Harkey,
Bonny Rockette-Wagner,
Charles B. Eaton, Marc C. Hochberg,
C. Kent Kwoh, Michael C. Nevitt,
Preeya B. Bhakta, Colin P. McLaughlin
and Jeffrey B. Driban



Winter 2024

Translational Journal of the American College of Sports Medicine
"Mechanisms of Behavior Change for a Digital Resistance Training Intervention: A Mediation Study"
Justin M. Kompf, Jessica A. Whiteley,
Julie Wright and Sarah M. Camhi



Read the Papers

