

Nancy Clark, MS, RDN, CSSD, FACSM, has been selected for a 2025 Citation Award based on her outstanding contribution to sport nutrition within the American College of Sports Medicine® (ACSM). Since 1981, Nancy Clark's name has been synonymous with "sport nutrition expert." She is the reason that hundreds of future dietitians chose to pursue careers that combined the areas of nutrition and exercise – from sport nutrition and eating disorders to weight management and chronic disease prevention.

For 30 years, Nancy, alongside exercise physiologist William Evans, PhD, traveled to six to eight cities each year, teaching their popular Sports Nutrition Workshop and encouraging other registered dietitian nutritionists (RDNs) to "jump in" and have fun with sports dietetics. She also encouraged exercise scientists to learn more about sport nutrition so they could add evidence-based nutrition knowledge to their practices and feel comfortable referring clients to an RDN. In addition, Nancy has had a long career as a sport nutrition writer. Her bestselling *Nancy Clark's Sports Nutrition Guidebook*, published by Human Kinetics, has flourished for 30 years, is currently in its 6th edition with over 765,000 copies sold and has been translated into 16 languages. For the past 40 years, Nancy has written a monthly sports nutrition column, *The Athlete's Kitchen*, which gets reprinted in over 100 sports and fitness publications and websites. She repeatedly encourages her loyal following of sports-active readers to look to RDNs trained in sport nutrition for their nutrition advice. Nancy willingly shares her expertise with other nutrition and exercise professionals and the public through her hundreds of talks, blogs, webinars, social media posts and writings. Her contributions to the profession have been recognized with the ACSM New England Chapter Honor Award (1994) and the Academy of Nutrition and Dietetics (AND) Medallion Award (2022).

Because of Nancy's passion for sport nutrition, she has been an active member of ACSM since the early 1980s and was elected an ACSM fellow in 1992. Since this time, Nancy has been one of the voices of evidence-based nutrition and exercise information within ACSM and for the public. Nancy has also served on the ACSM Board of Trustees, and her monthly sports nutrition column gets reprinted frequently in ACSM blogs. Nancy Clark is an RDN and has been an active member of AND since the early 1980s. Her leadership in AND, especially in their Sports, Cardiovascular, and Wellness Nutritionists (SCAN) dietetics practice group (DPG) has been extensive. She has served on numerous SCAN committees, was SCAN's *Pulse* newsletter sport nutrition section editor (1989-2000) and *Pulse* conference highlights editor (2000-21), and has been invited to speak at the SCAN Annual Meeting over eight different times. For her extensive service, Nancy received SCAN's Excellence in Practice award (2008) and their Achievement Award in 1992. She also received the Nutrition Entrepreneur DPG's Outstanding Nutrition Entrepreneur Award (2010), and the Recognized Young Dietitian of the Year Award from Massachusetts in 1982.

Congratulations to Nancy Clark on this ACSM 2025 Citation Award. Well done!

