

# ACSM 2025 FINAL PROGRAM AND EXHIBIT GUIDE

Showcasing the latest in exercise  
science, practice and policy

#ACSM25

[acsm.org/annual-meeting/](https://acsm.org/annual-meeting/)

 **ACSM25**  
ANNUAL MEETING

Tues. May 27-Fri. May 30, 2025  
Atlanta, GA



# Message from the President

Dear Attendees:

On behalf of the ACSM Board of Trustees, Annual Meeting Program Committee and staff, I want to enthusiastically welcome you to the 72nd Annual Meeting of the American College of Sports Medicine! Our Annual Meeting is a strategic cornerstone for the advancement of scientific research, education and professional development, and we are honored to have you with us.

During this Annual Meeting, you will be joining colleagues from around the world who share the same passion for science, clinical practice and education that you do. I hope you take advantage of the numerous opportunities this meeting has to offer! One of the highlights of these meetings is seeing colleagues and friends you may have known for a number of years and meeting new friends and colleagues. I have many wonderful friends because of ACSM, and I am grateful for that! I remember my very first ACSM Annual Meeting, which was in Dallas in 1988. I think I knew about five people at that meeting! Each year, I enjoy meeting new people at the Annual Meeting. I encourage you to introduce yourself to people, especially if they are members who may be in your area of expertise.

I know that the Annual Meeting will be professionally valuable and enjoyable for you. We want you to have a memorable experience that helps to ignite your professional growth and increases your ability to transform how you approach your specialty area. The ACSM Annual Meeting supports our mission “to educate and empower professionals to advance the science and practice of health and human performance.” By attending this Annual Meeting and applying what you learn, you are advancing ACSM’s mission.

I want to thank ACSM President-Elect Carrie Jaworski, MD, FACSM, Program Committee Chair Eric S. Rawson, PhD, FACSM and the ACSM Program Committee for their hard work over the past year, which has culminated this week. We are incredibly appreciative for the excellent program they assembled. Please join us at the Town Hall and Business Meeting on Wednesday, May 28, from 11:45 a.m. to 12:45 p.m. in Convention Center Room C101. As a membership organization, ACSM thrives on your input, and the Town Hall provides a great platform for sharing your thoughts.

Finally, I hope you have an opportunity to enjoy the city of Atlanta. Perhaps you can take time to visit Centennial Olympic Park, explore the birthplace of Dr. Martin Luther King Jr., or head to Ponce City Market for lunch or dinner.

I wish you a wonderful Annual Meeting!

And remember...**We are ACSM!**

Warmest Regards,



Stella L. Volpe, PhD, RDN, FACSM, ACSM-CEP  
ACSM President 2024-2025

## Table of Contents

Message from the President .....	2	Online Exclusive Sessions.....	23
Session Locations .....	3	Award Recognition .....	24-25
Objectives.....	3	Industry Sessions.....	26
Target Audience.....	3	Code of Conduct.....	27
Accreditations .....	3	Exhibit Guide .....	28-41
Conference Attendee Information.....	4	Advertising .....	42-52
Keynote and President’s Lectures.....	5	ACSM Gold, Silver and Bronze Sponsor Recognition.....	53
Named Lectures .....	5	ACSM Ticketed Events .....	54
Session Definitions .....	6	Sponsored Events .....	54
Programming.....	7-21	2025 Annual Meeting Partners.....	inside back cover
Program Committee .....	21	2026 Annual Meeting .....	back cover
Online Component Promotion .....	22-23		

# Conference Information

## Session Locations

All education sessions, registration, exhibits, poster sessions and interest group meetings take place in the Georgia World Congress Center (CC). Specific room names appear on the mobile app and online program planner. Social events are scheduled at the Signia by Hilton Atlanta (noted “Signia by Hilton-room” in the schedule). Signage through the building and the ACSM mobile app augments the information in the program.

## Objectives

At the conclusion of the annual meeting, participants should be able to:

1. Analyze state-of-the art and innovative basic science, applied science and clinical medicine in the areas of exercise, fitness, health and physical performance;
2. Recognize the importance of basic science research as it relates to diseases and conditions that exist due to physical inactivity; and
3. Assess how physical activity research and practice contributes to public health and health equity in diverse populations.

## Clinically Specific Objectives:

4. Incorporate new guidelines into the care of the pediatric athlete to prevent injuries and illness and enhance safe return to play in their sport.
5. Develop strategies to counsel aging patients to participate in physical activity to improve function and quality of life.
6. Determine which athletes with acute or chronic musculoskeletal injuries can safely return to play in their sport.
7. Explore treatment options in the care of athletes in contact and collision sports to improve recovery and allow safe participation in sport.
8. Incorporate best practices in the evaluation and treatment of master's athletes with cardiovascular conditions in order to improve athlete performance.

## Target Audience

ACSM members and professionals interested in the field of sports medicine and exercise science.

## Accreditation

The American College of Sports Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



### AMA/PRA Credits

The American College of Sports Medicine designates this live course for a maximum of 27 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### BOC – CEUs

The American College of Sports Medicine (BOC AP#: P401) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers.

This program is eligible for a maximum of 27 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.



### ACSM CECs

The American College of Sports Medicine's Professional Education Committee certifies that this continuing education offering meets the criteria for a maximum of 27 hours of ACSM continuing education credit.

### AAFP

The AAFP has reviewed 2025 ACSM Annual Meeting and deemed it acceptable for up to 27.00 Live AAFP Prescribed credit(s).

Term of Approval is from 05/27/2025 to 05/30/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



*Note: The 27 hours for CME credits only include sessions (excluding abstract/clinical case sessions) in the categories of Athlete Care and Clinical Medicine (AC), Exercise is Medicine<sup>®</sup> (EIM), as well as the Joseph B. Wolfe Memorial Lecture, the D.B. Dill Historical Lecture and the President's Lectures.*

### How to Obtain Credits

Instructions for obtaining continuing education credits and continuing medical education credits will be emailed to attendees three to four weeks following the annual meeting. Email [meeting@acsm.org](mailto:meeting@acsm.org) with questions.

## Acknowledgements

ACSM thanks Clarius for their in-kind educational grant in support of the annual meeting. The grant includes three L15 wireless ultrasound scanners; one L7 unit; four iPads; and cables, transducers and gel for course demonstrations.



# Conference Attendee Information

## Registration Hours

	Open	Close
Tuesday	10 a.m.	6 p.m.
Wednesday	6:30 a.m.	6 p.m.
Thursday	7 a.m.	6 p.m.
Friday	7 a.m.	4 p.m.

## Speaker Ready Room

Room: CC – C206

Tuesday, May 27: 10 a.m. to 6 p.m.

Wednesday, May 28, through Friday, May 30: 7 a.m. to 5 p.m.

## WiFi

### Signia by Hilton

Network: Hilton Meeting

Password: ACSM25

### GWCC

Network: ACSM2025

Password: acsm2025

## Name Badges

Badges must be worn at all times to gain admission to the exhibit hall, poster sessions, educational sessions and ACSM social events. Your guests must purchase and wear badges as well. (ALL exercise science/sports medicine professionals in attendance should be registered as regular attendees.) Please hang on to your original badge! Replacement badges cost \$25.

## Photography/Video Recording

### General Photography and Social Media Etiquette

ACSM strives to create a participatory environment at its meetings that encourages learning and facilitates dialogue. Generally, taking photos, live-tweeting and sharing annual meeting experiences on social media are welcomed. It is the attendee's responsibility to avoid distraction to others by using devices in a sensible, respectful and conscientious manner.

### Restrictions on Photography, Recording or Other Copying of Presentations and Data

Presenters of session and poster content may not wish to have their presentations or research photographed, recorded or shared on Twitter/X, Facebook or other social networks. Presenters will be asked to make an announcement before and during their presentations if such capturing and recording is allowed. If there is no announcement or other permission granted, attendees are asked to refrain from photography and recording. Since content may be at different points of journal submission or other formal processes, ACSM asks for compliance by all attendees with presenter desires regarding photography and social media, whether allowed in whole or part or not at all.



## ACSM Annual Meeting Yearly Spotlight:

# The Global Power of Movement

ACSM's vision is to "extend and enrich lives through the power of movement," and ACSM believes striving towards a powerful vision requires many elements, including key partnerships. ACSM's strategic partners in this work include membership in the Physical Activity Alliance whose mission is to lead efforts to create, support and advocate policy and system changes that enable all Americans to enjoy physically active lives and in the Global Alliance for the Promotion of Physical Activity, which supports physical activity for the entire population. In support of these critical efforts to make the world a healthier, more active place, ACSM's 2025 Annual Meeting Spotlight focuses on the intersection of basic, applied and/or clinical science as it relates to their collective impact on the effects of movement on individuals, populations and society.



# Lectures

## Keynote Lectures



**Joseph B. Wolfe Memorial Lecture**  
**Shaping the Game: Driving Change in Sport**

**Wednesday:** 8 – 9:20 a.m.

**Room:** CC-Hall C1

Margo Mountjoy, MD, PhD, FACSM  
McMaster University, Hamilton, ON, Canada



**D.B. Dill Historical Lecture**  
**The Zackery Lystedt Story: The History of Youth Concussion Laws**

**Friday:** 10:15 – 11:15 a.m.

**Room:** CC-Hall C1

Stanley A. Herring, MD, FACSM  
University of Washington School of Medicine, Seattle, WA

## President's Lectures



**Physical Activity and ADHD: Moving Towards Bright Futures**

**Thursday:** 12:45 – 1:35 p.m.

**Room:** CC-C102

Eduardo Esteban Bustamante  
PhD, FACSM  
University of Illinois Chicago, Chicago, IL



**The Future of Sports Nutrition**

**Thursday:** 12:45– 1:35 p.m.

**Room:** CC-C101

Louise M. Burke, PhD, FACSM  
Australian Catholic University, Canberra, Australia

## Named Lectures



**Priscilla M. Clarkson Tutorial Lecture**  
**Muscle Damage and Adaptations by Eccentric Exercise**

**Friday:** 1 – 1:50 p.m.

**Room:** CC-C101

Ken (Kazunori) Nosaka, PhD  
Edith Cowan University, Joondalup, Australia



**John R. Sutton Clinical Lecture**  
**Women's Health, Sports and Performance: Changing the Paradigm through Commitment, Collaboration, and Courage**

**Friday:** 11:30 a.m. – 12:20 p.m.

**Room:** CC-C102

Kathryn Ackerman, MD, MPH, FACSM  
Harvard Medical School, Wu Tsai Human Performance Alliance, Boston, MA



**Charles M. Tipton Tutorial Lecture**  
**Mitochondrial Structure and Function and the Course of Dietary Carbon Flow**

**Wednesday:** 5 – 5:50 p.m.

**Room:** CC-C101

George A. Brooks, PhD, FACSM  
University of California, Berkeley, CA



**Morris/Paffenbarger/Blair EIM Keynote Lecture**  
**Redefining Aging with Exercise: The EIM Active Aging Initiative**

**Wednesday:** 9:30 – 11 a.m.

**Room:** CC-C101

Paige E. Denison  
Sound Generations - Project Enhance, Seattle, WA

**Tribute to Steven N. Blair, PED, FACSM**

Russell R. Pate, PhD, FACSM  
University of South Carolina, Columbia, SC

# Session Definitions

## Named and Special Lectures

**D.B. Dill Historical Lecture:** This lecture deals with the history of sports medicine and exercise science. In memory of one of ACSM's past presidents and prominent figure in the development of sports medicine and exercise science in America, D. Bruce Dill, Ph.D. This lecture is presented unopposed from all other sessions.

**Charles M. Tipton Tutorial Lecture:** This lecture is in the area of exercise physiology in honor of Charles M. Tipton, Ph.D.

**J.B. Wolffe Memorial Lecture:** The keynote address at the Annual Meeting is in memory of one of ACSM's founders, and first president, Joseph B. Wolffe, M.D. This session is offered unopposed from other sessions.

**Priscilla M. Clarkson Tutorial Lecture:** This is in the area of skeletal muscle function, injury, and adaptation in honor of Priscilla M. Clarkson, Ph.D.

**John R. Sutton Clinical Lecture:** This is in the area of clinical and the research aspect of medicine in honor of John R. Sutton, M.D. This session is offered unopposed from any other clinical offerings.

**President's Lecture:** These sessions are plenary lectures entitled President's Lectures recognizing great contributions to the fields of sports medicine and exercise science. The topics will reflect many of the various disciplines that comprise the unique and diverse nature of the American College of Sports Medicine. These lectures are presented by leaders in the field whose individual contributions have helped define and advance sports medicine.

**Morris/Paffenbarger/Blair EIM Keynote Lecture:** This is in the area of physical activity in honor of Jeremy N. Morris, DSc, DPH; Ralph S. Paffenbarger Jr., MD, ScD; and Steven N. Blair, PED.

## 90-Minute Formats

**Highlighted Symposia:** These sessions were created to enhance the quality of science at the annual meeting. They showcase basic quality science and cutting-edge research or sports medicine within the annual meeting topical areas. They include in-depth scientific lectures in new and exciting areas of research delivered by experts in their respective fields.

**Symposium:** In-depth scientific and state-of-the-art lectures in important areas of research and clinical practice. Symposia include three to four speakers, with time allotted for an introduction and overview and overall discussion.

## 50-Minute Formats:

**Clinical Workshop:** This session is a hands-on small group demonstration of current examinations and treatment modalities of sports medicine problems. Clinical workshops are limited to 40 people; therefore, space in the meeting room is available on first arrival.

**Colloquium:** A colloquium is an interactive discussion on a topic or issue in sports medicine, exercise science or clinical practice. These are informal presentations that give the attendees a chance to "meet the expert."

**Tutorial Lecture:** A critical review and analysis of the current state of knowledge in a field in sports medicine, exercise science or clinical practice. The lecture should familiarize attendees with the basics of a subject and progress to current issues, questions, problems, and the frontier of knowledge.

## Abstract Sessions:

**Clinical Case Slide Session:** Clinical Case Papers are in six categories: cardiovascular; general medicine; head, neck and spine; mental health; musculoskeletal; and special populations. The case presentation outlines 1) History, 2) Physical Examination, 3) Differential Diagnosis, 4) Test/Results, 5) Final/Working Diagnosis, and 6) Treatment and Outcomes.

**Free Communication/Poster Session:** Poster sessions are available in one-and-a-half-hour time blocks for viewing, with the authors present to answer any questions and discuss their research with attendees. The last half hour of each poster session is unopposed by other educational programming.

**Free Communication/Slide Session:** Presentation of an abstract in a free communication/slide session is limited to a maximum of 10 minutes, followed by a five-minute period of open discussion from the audience. Each contains a Purpose, Methods, Results and Conclusion.

**Rapid Fire Platform:** Presentation of an abstract in a free communication/slide session in a compact format limited to a maximum of five minutes for an oral presentation, plus an additional five minutes for questions and answers. Each presentation contains a Purpose, Methods, Results, and Conclusion.

**Thematic Poster Session:** Thematic poster presentations are 90 minutes in duration. For the first part, attendees view the posters. The second part consists of a five-minute synopsis of each poster by the first author, with discussion moderated by the chair to include the audience.

# Programming Schedule (Session Order)

## Key to Sessions

(AC)	Athlete Care and Clinical Medicine	(EB)	Epidemiology and Biostatistics	(PA)	Physical Activity/Sedentary Behavior/Health Promotion Interventions	keynotes, named lectures
(BI)	Biomechanics and Neural Control of Movement	(EIM)	Exercise is Medicine®	(PS)	Psychology, Behavior and Neurobiology	highlighted symposia
(CV)	Cardiovascular, Renal, Immune and Respiratory Physiology	(FA)	Fitness Assessment, Exercise Training, and Performance of Athletes and Healthy People	(SK)	Skeletal Muscle, Bone and Connective Tissue	<b>Sessions in bold are 2025 Spotlight Sessions on “The Global Power of Movement”</b>
(CEP)	Clinical Exercise Physiology and Chronic Disease	(HE)	Health Equity	(PD)	Professional Development/ Organizational Information	<b>Speaker Disclaimer:</b> Session and speaker information is subject to change. Speakers’ names and institution information are listed as submitted.
(EN)	Environmental and Occupational Physiology	(NM)	Nutrition, Metabolism, and Endocrinology			

## Tuesday, May 27, 2025

Time	Sess#	Session Type	Session Title	Room	Category
9 a.m. to Noon		Event	EIM National Center Director’s Meeting (invite only)	Signia by Hilton-Magnificent 1	
10 a.m. to 6 p.m.		Hours	Registration Hours (Tuesday)	CC-Building C, Lobby C, Level One	
10 a.m. to 6 p.m.		Hours	Speaker Ready Room Hours (Tuesday)	CC-C206	
11 a.m. to 3 p.m.	PC-01	Pre-Conference	GSSI Preconference - Hydration and Thermoregulation: The Latest Science in Unique Populations and Environments	Signia by Hilton-Triumph Ballroom I	(NM)
12:30 – 2 p.m.	A-01	Symposium	Evaluating the Implementation of Exercise is Medicine Greenville (EIMG)	CC-C208	(EIM)
12:30 – 2 p.m.	A-02	Symposium	Breath as a Biomarker: Respiratory Muscle Performance as a Vital Sign in Chronic Disease	CC-C301	(CEP)
12:30 – 2 p.m.	A-03	Symposium	Sex Differences in Physical and Athletic Performance Among Youths	CC-C203	(FA)
1 – 3 p.m.	PC-02	Pre-Conference	ACSM Media Spokesperson Preconference: The Art of Brevity in Communicating Science	CC-C201	(PD)
<b>2:15 – 3:45 p.m.</b>	<b>A-04</b>	<b>Symposium</b>	<b>Aces and Faults: Medical Care of Elite Junior Tennis Players</b>	<b>CC-C301</b>	<b>(AC)</b>
2:15– 3:45 p.m.	A-05	Symposium	What to do when Recreational and Elite Athletes want to Exceed Current Guidelines on Exercise during Pregnancy and Postpartum	CC-C208	(EIM)
<b>2:15 – 3:45 p.m.</b>	<b>A-06</b>	<b>Symposium</b>	<b>Your Brain on X</b>	<b>CC-C203</b>	<b>(PS)</b>
3 – 5 p.m.	PC-03	Pre-Conference	Student & Early Career Preconference: From Draft to Journal: Writing Habits, Tips, and Insights from Editors	CC-C211	(PD)
3 – 6 p.m.		Student Event	Student Lounge Hours	CC-C111	
4 – 5:30 p.m.	A-07	Symposium	A Decade of US Report Cards on Physical Activity in Children and Youth	CC-C203	(EB)
4 – 5:30 p.m.	A-08	Symposium	The History and Research Initiatives of the United States Olympic and Paralympic Psychological Services Program for Team USA Athletes	CC-C301	(AC)
4 – 4:50 p.m.	A-09	Tutorial Lecture	One Size Does Not Fit All: Creating an Exercise Oncology Audit Tool for Rural Settings	CC-C208	(EIM)
5:45 – 6:35 p.m.	A-11	Tutorial Lecture	Effects of Exercise and Physical Activity during Pregnancy on the Maternal and Fetal Gut Microbiome	CC-C203	(FA)



## Tuesday, May 27, 2025

Time	Sess#	Session Type	Session Title	Room	Category
5:45 – 6:35 p.m.	A-12	Exchange Lecture	National Athletic Trainers' Association Exchange Lecture - Embracing the Mind-Body Connection to Improve the Prevention and Management of Hip Injuries	CC-C301	(AC)
6:45 – 8:15 p.m.	PC-04	Pre-Conference	Professionals in Nutrition for Exercise and Sport (PINES) 10 Questions 10 Experts: Myth Busting in Sports Nutrition	CC-C211	(NM)
7 – 8:15 p.m.		Event	2025 ACSM Fireside Chat- "Soccer is Medicine" How We Grow the Game	Signia by Hilton-Triumph Ballroom I	
7:30 – 8:30 p.m.		Event	Meet Your Mentor	Signia by Hilton-Magnificent 3	

## Wednesday, May 28, 2025

6:30 – 8 a.m.		Event	Past President's Breakfast	Signia by Hilton-Magnificent 6	
6:30 a.m. to 6 p.m.		Hours	Registration Hours (Wednesday)	CC-Building C, Lobby C, Level One	
7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Wednesday)	CC-C206	
<b>8 – 9:20 a.m.</b>	<b>B-01</b>	<b>Joseph B. Wolffe Memorial Lecture</b>	<b>Shaping the Game: Driving Change in Sport</b>	<b>CC-Hall C1</b>	<b>(PD)</b>
9 a.m. to 5 p.m.		Student Event	Student Lounge Hours	CC-C111	
9:30 – 11 a.m.	B-02	Highlighted Symposium	Female Performance: From Paper to Pitch, and Back Again	CC-C102	(FA)
9:30 – 11 a.m.	B-03	Symposium	Brain Health and Physical Activity Throughout the Lifespan	CC-C208	(PS)
9:30 – 11 a.m.	B-04	Symposium	Death and Catastrophic Injuries in Sports: Beyond the Heart	CC-C207	(AC)
9:30 – 11 a.m.	B-05	Symposium	How to Optimize Gut Microbial Ecology for Exercise and Health	CC-C110	(NM)
9:30 – 11 a.m.	B-07	Symposium	Sweat Rate Prediction for Hydration Management: History and Current Status	CC-C108	(EN)
9:30 – 11 a.m.	B-08	Symposium	Understanding the Importance of the Active Process of Inflammation Resolution for Exercise Professionals	CC-C203	(CV)
9:30 – 11 a.m.	B-09	Morris/Paffenbarger/Blair EIM Keynote Lecture	Redefining Aging with Exercise: The EIM Active Aging Initiative	CC-C101	(EIM)
9:30 – 10:20 a.m.	B-10	Tutorial Lecture	Rapid Fire Tutorial Lecture - Treating Athletes	CC-C301	(AC)
9:30 – 10:20 a.m.	B-11	Clinical Workshop	Osteopathic Treatment of Upper Extremity Injuries in Overhead Athletes	CC-C302	(AC)
9:30 – 11 a.m.	B-12	Thematic Poster	Built Environment/Neighborhood and Family Interventions	CC-C106	(PA)
9:30 – 11 a.m.	B-13	Thematic Poster	Low-Load versus High-Load Resistance Exercise	CC-C105	(SK)
9:30 – 11 a.m.	B-14	Thematic Poster	Pain	CC-C107	(PS)
9:30 – 11 a.m.	B-15	Free Communication/Slide	Biomechanical Considerations for Osteoarthritis	CC-C201	(BI)
9:30 – 11 a.m.	B-16	Rapid Fire Platform	Supplements and Ergogenic Aids	CC-C112	(NM)
9:30 – 10:50 a.m.	B-17	Clinical Case Slide	Foot and Ankle I	CC-C204	(AC)
9:30 – 11 a.m.	B-18	Clinical Case Slide	Neurology	CC-C205	(AC)
Poster Sessions B-19 through B-41: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
10 – 11:30 a.m.	B-19	Free Communication/Poster	Concussion - Athlete Care and Clinical Medicine	CC-Hall C3	(AC)
10 – 11:30 a.m.	B-20	Free Communication/Poster	Concussion - Biomechanic and Neural Control of Movement	CC-Hall C3	(BI)

## Wednesday, May 28, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
10 – 11:30 a.m.	B-21	Free Communication/Poster	Concussion - Psychology, Behavior, and Neurobiology	CC-Hall C3	(PS)
10 – 11:30 a.m.	B-22	Free Communication/Poster	Vascular Function and Blood Flow I	CC-Hall C3	(CV)
10 – 11:30 a.m.	B-23	Free Communication/Poster	Vascular Function and Blood Flow II	CC-Hall C3	(CV)
10 – 11:30 a.m.	B-24	Free Communication/Poster	Methods, Validity, Reliability, Instrumentation	CC-Hall C3	(BI)
10 – 11:30 a.m.	B-25	Free Communication/Poster	Musculoskeletal Injury and Rehabilitation	CC-Hall C3	(BI)
10 – 11:30 a.m.	B-26	Free Communication/Poster	Musculoskeletal Mechanics and Modeling	CC-Hall C3	(BI)
10 – 11:30 a.m.	B-27	Free Communication/Poster	Physical Activity Epidemiology among Children and Adolescents	CC-Hall C3	(EB)
10 – 11:30 a.m.	B-28	Free Communication/Poster	Physical Activity Epidemiology among those with Chronic Conditions	CC-Hall C3	(EB)
10 – 11:30 a.m.	B-29	Free Communication/Poster	Interventions in Youth	CC-Hall C3	(PA)
10 – 11:30 a.m.	B-30	Free Communication/Poster	Mental Health Outcomes	CC-Hall C3	(PA)
10 – 11:30 a.m.	B-31	Free Communication/Poster	Physical Activity in College Students	CC-Hall C3	(PA)
10 – 11:30 a.m.	B-32	Free Communication/Poster	Nutrition Knowledge, Beliefs, Education and AI	CC-Hall C3	(NM)
10 – 11:30 a.m.	B-33	Free Communication/Poster	Relative Energy Deficiency Syndrome in Sport	CC-Hall C3	(NM)
10 – 11:30 a.m.	B-34	Free Communication/Poster	Pedagogy	CC-Hall C3	(PS)
10 – 11:30 a.m.	B-35	Free Communication/Poster	Special Populations	CC-Hall C3	(AC)
10 – 11:30 a.m.	B-36	Free Communication/Poster	Exercise Testing: Clinical Exercise Physiology	CC-Hall C3	(CEP)
10 – 11:30 a.m.	B-37	Free Communication/Poster	Pediatric: Clinical Exercise Physiology	CC-Hall C3	(CEP)
10 – 11:30 a.m.	B-38	Free Communication/Poster	Pulmonary: Clinical Exercise Physiology	CC-Hall C3	(CEP)
10 – 11:30 a.m.	B-39	Free Communication/Poster	Addressing Health Disparities in Rural and Underserved Populations: Insights on Sleep, Physical Activity, and Lifestyle Interventions	CC-Hall C3	(HE)
10 – 11:30 a.m.	B-40	Free Communication/Poster	Bridging Gaps in Physical Activity Equity: Addressing Barriers, Disparities, and Cultural Relevance Across Diverse Populations	CC-Hall C3	(HE)
10 – 11:30 a.m.	B-41	Free Communication/Poster	Examining Diverse Influences on Physical Activity, Motor Skills, and Independence Across Developmental Stages	CC-Hall C3	(HE)
11:45 a.m. – 12:45 p.m.		Event	ACSM Town Hall and Business Meeting	CC-C101	
11:45 a.m. – 12:45 p.m.	SL-01	Satellite Lecture	Data to Dominance: Enhancing Peak Performance by Targeting Mitochondria with Clinically-Proven Mitopure (Urolithin A)	CC-C102	(NM)
1 – 2:30 p.m.	C-01	Highlighted Symposium	Harnessing Behavioral Science to Optimize Physical Activity Messaging and Communication in Patients and General Population	CC-C102	(PS)
1 – 2:30 p.m.	C-02	Highlighted Symposium	The Respiratory Musculature - The “Other” Skeletal Muscles	CC-C101	(CV)
1 – 2:30 p.m.	C-03	Symposium	Autism & Exercise: Turning the Global Consensus into Everyday Practice	CC-C207	(EB)
1 – 2:30 p.m.	C-04	Symposium	Getting Up to Speed with Cardiac Rehabilitation: Barriers and Opportunities	CC-C108	(CEP)
1 – 2:30 p.m.	C-05	Symposium	Harnessing the Transformative Power of Parks: Centering Community Connection, Cultural Responsivity, and Commitment to Equity	CC-C110	(PA)
<b>1 – 2:30 p.m.</b>	<b>C-06</b>	<b>Symposium</b>	<b>Heat Mitigation Strategies for Athletes – How to Prepare for the 2028 Los Angeles Olympics?</b>	<b>CC-C211</b>	<b>(EN)</b>
1 – 2:30 p.m.	C-07	Symposium	The 2025 Union Cycliste Internationale (UCI) Consensus on Nutrition for Cycling	CC-C208	(NM)

## Wednesday, May 28, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
1 – 2:30 p.m.	C-08	Symposium	<b>The Physical Inactivity Dilemma: The Call for a Global Alliance for Promotion of Physical Activity</b>	<b>CC-C203</b>	<b>(PA)</b>
1 – 2:30 p.m.	C-09	Symposium	Young Athletes with Cardiovascular Disease & Sports Participation in 2025: Focus on Shared Decision Making	CC-C301	(AC)
1 – 1:50 p.m.	C-10	Clinical Workshop	Therapeutic Use Exemption in Elite Sport: the Endocrinologist as the Expert for Hormonal Drugs	CC-C302	(AC)
1 – 2:30 p.m.	C-11	Thematic Poster	Concussion: Prevention and Diagnosis	CC-C105	(PS)
1 – 2:30 p.m.	C-12	Thematic Poster	Exercise is Medicine on Campus: From Students to Staff	CC-C106	(EIM)
1 – 2:30 p.m.	C-13	Thematic Poster	Running Injury	CC-C107	(BI)
1 – 2:30 p.m.	C-14	Free Communication/Slide	Sex and Hormonal Influences on Performance	CC-C201	(FA)
1 – 2:30 p.m.	C-15	Rapid Fire Platform	Mental Health	CC-C112	(PS)
1 – 2:30 p.m.	C-16	Clinical Case Slide	Pediatrics	CC-C204	(AC)
1 – 2:30 p.m.	C-17	Clinical Case Slide	Shoulder	CC-C205	(AC)
1 – 7 p.m.		Hours	Exhibit Hall Hours (Wednesday)	CC-Hall C2	
Poster Sessions C-18 through C-32: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
1:30 – 3 p.m.	C-18	Free Communication/Poster	Exercise Performance through the Lifespan	CC-Hall C3	(FA)
1:30 – 3 p.m.	C-19	Free Communication/Poster	Running Performance	CC-Hall C3	(FA)
1:30 – 3 p.m.	C-20	Free Communication/Poster	Cellular and Molecular Physiology Related to these Systems	CC-Hall C3	(SK)
1:30 – 3 p.m.	C-21	Free Communication/Poster	Genetics	CC-Hall C3	(SK)
1:30 – 3 p.m.	C-22	Free Communication/Poster	Skeletal Muscle Physiology	CC-Hall C3	(SK)
1:30 – 3 p.m.	C-23	Free Communication/Poster	Neuromotor Control, Posture, Balance	CC-Hall C3	(BI)
1:30 – 3 p.m.	C-24	Free Communication/Poster	Osteoarthritis	CC-Hall C3	(BI)
1:30 – 3 p.m.	C-25	Free Communication/Poster	Sports Biomechanics	CC-Hall C3	(BI)
1:30 – 3 p.m.	C-26	Free Communication/Poster	Epidemiology of Physical Activity and Fitness among Older Adults	CC-Hall C3	(EB)
1:30 – 3 p.m.	C-27	Free Communication/Poster	Exergaming, Online, or Virtual Programming	CC-Hall C3	(PA)
1:30 – 3 p.m.	C-28	Free Communication/Poster	Interventions Targeting Balance and Fall Risk in Older Adults	CC-Hall C3	(PA)
1:30 – 3 p.m.	C-29	Free Communication/Poster	Obesity, Diabetes and Non-alcoholic Fatty Liver Disease	CC-Hall C3	(NM)
1:30 – 3 p.m.	C-30	Free Communication/Poster	Occupational or Military Physiology and Medicine	CC-Hall C3	(EN)
1:30 – 3 p.m.	C-31	Free Communication/Poster	Procedures	CC-Hall C3	(AC)
1:30 – 3 p.m.	C-32	Free Communication/Poster	Promoting Equity, Performance, and Well-being in Physical Activity for Older Adults	CC-Hall C3	(HE)
2 – 4:30 p.m.		Student Event	President's Cup Competition	Signia by Hilton-Triumph Ballroom I	
3:15 – 4:45 p.m.	C-33	Highlighted Symposium	Passive Mechanical Properties of Skeletal Muscle: Structural Basis and Implications for Surgery and Sport	CC-C102	(BI)
3:15 – 4:45 p.m.	C-34	Highlighted Symposium	The Elusive Nature of Alternative Protein Sources: The Athlete's Dilemma	CC-C101	(NM)
3:15 – 4:45 p.m.	C-35	Symposium	Advancing Translation of Exercise Oncology Interventions through D&I Science	CC-C207	(PA)
3:15 – 4:45 p.m.	C-37	Symposium	Heart of a Champion: Navigating the Cardiovascular Health of Elite Endurance Athletes	CC-C208	(AC)



## Wednesday, May 28, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
3:15 – 4:45 p.m.	C-38	Symposium	Making or Break Them! Bone's Response to Life Events	CC-C108	(SK)
<b>3:15 – 4:45 p.m.</b>	<b>C-39</b>	<b>Symposium</b>	<b>The Future of Healthcare: Integrating Sports &amp; Exercise Medicine into the Care of All Patients</b>	<b>CC-C203</b>	<b>(EIM)</b>
3:15 – 4:45 p.m.	C-40	Symposium	Risk Mitigation and Contingency Plan in Endurance Sports during the Paris 2024 Olympic Games. What was Planned, What was Used	CC-C110	(EN)
3:15 – 4:45 p.m.	C-41	Symposium	The Pediatric Athlete - A Case-based Session	CC-C301	(AC)
3:15 – 4:05 p.m.	C-42	Tutorial Lecture	What Am I Testing? Origins of Common Physical Exam Tests, What they were Meant to Test, and what do they Mean?	CC-C302	(AC)
3:15 – 4:45 p.m.	C-43	Thematic Poster	Concussion: Recovery and Treatment	CC-C105	(AC)
3:15 – 4:45 p.m.	C-44	Thematic Poster	Exercise & Metabolic Health: Clinical Exercise Physiology	CC-C106	(CEP)
3:15 – 4:45 p.m.	C-45	Thematic Poster	Physiologic Responses Associated with Firefighting	CC-C107	(EN)
3:15 – 4:20 p.m.	C-46	Free Communication/Slide	Cognition	CC-C201	(PS)
3:15 – 4:40 p.m.	C-47	Rapid Fire Platform	Exercise Responses Under Stressed Conditions	CC-C112	(CV)
3:15 – 4:45 p.m.	C-48	Clinical Case Slide	Chest and Spine	CC-C205	(AC)
3:15 – 4:35 p.m.	C-49	Clinical Case Slide	Foot and Ankle II	CC-C204	(AC)
5 – 5:50 p.m.	C-50	Charles M. Tipton Tutorial Lecture	Mitochondrial Structure and Function and the Course of Dietary Carbon Flow	CC-C101	(PD)
5 – 5:50 p.m.	C-51	Tutorial Lecture	Advances in Resistance Training Prescription Methodology in Oncology - Evidence and Applications	CC-C203	(CEP)
5 – 5:50 p.m.	C-52	Tutorial Lecture	AI Revolution in Sports Medicine: Enhancing Biomedical Control of Training and Sports Performance Analysis	CC-C102	(FA)
5 – 5:50 p.m.	C-53	Tutorial Lecture	Breaking Barriers, Building Habits: How Concurrent training and Short Breaks can Revolutionize your Exercise Adherence	CC-C208	(PA)
5 – 5:50 p.m.	C-54	Tutorial Lecture	Considerations for Athletes with Disabilities and Impairments on Concussion Assessment and Return to Sport	CC-C302	(AC)
5 – 5:50 p.m.	C-55	Tutorial Lecture	Cultural and Contextual Determinants of Youth Physical Activity: Insights and Implications	CC-C207	(HE)
5 – 5:50 p.m.	C-56	Tutorial Lecture	I (Don't) Like the Way You Move: Abnormal Biomechanics and Neuromuscular Dysfunction Early after ACL Reconstruction	CC-C108	(BI)
5 – 5:50 p.m.	C-57	Tutorial Lecture	Select Issues for the Adolescent Athlete and Team Physician: A Team Physician Consensus Statement 2025 Update	CC-C301	(AC)
5 – 5:50 p.m.	C-58	Tutorial Lecture	What is Meaningful Participation? Inclusion of Underrepresented Populations in Prenatal and Postpartum Physical Activity	CC-C110	(EB)
5 – 5:50 p.m.	C-59	Exchange Lecture	European College of Sports Science Exchange Lecture - Lactate Metabolism	CC-C211	(NM)
5:15 – 6:15 p.m.		Student Event	Early Career Professional Meet-Up	CC-C111	
5:30 – 6:30 p.m.		Event	Opening Reception in Exhibit Hall	CC-Hall C2	
6 – 7 p.m.		Event	EIM-OC Reception	Signia by Hilton-Triumph Ballroom I	
6 – 7:30 p.m.		Event	Aging Interest Group Meeting	CC-C208	

## Wednesday, May 28, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
6 – 7:30 p.m.		Event	Bone and Osteoporosis Network Exchange Interest Group Meeting	CC-C211	
6 – 7:30 p.m.		Event	Built Environment and Active Transportation Interest Group Meeting	CC-C201	
6 – 7:30 p.m.		Event	Medical and Wellness Issues in the Performing Arts Interest Group Meeting	CC-C204	
6 – 7:30 p.m.		Event	Medicine and Science of Team Sports Interest Group Meeting	CC-C108	
6 – 7:30 p.m.		Event	Military and Tactical Athlete Interest Group Meeting	CC-C203	
6 – 7:30 p.m.		Event	Psychobiology and Behavior Interest Group Meeting	CC-C205	
6 – 7:30 p.m.		Event	Strength and Conditioning Specialties Interest Group Meeting	CC-C207	
6 – 7:30 p.m.		Event	Youth Sports and Exercise Science Interest Group Meeting	CC-C110	
6 – 8 p.m.		Event	Female and Male Triad Coalition Group Annual Meeting	Signia by Hilton-Magnificent 3	
6:30 – 7:30 p.m.		Event	President's Reception (invite only)	Signia by Hilton-Triumph Ballroom A	
7 – 9 p.m.		Event	EIM International Social (invite only)	Terrace Lounge of the Signia	
7:30 – 9 p.m.		Student Event	Student Bowl	Signia by Hilton-Triumph Ballroom E	

## Thursday, May 29, 2025

6:20 – 8 a.m.		Event	Josephine Rathbone & Barbara Drinkwater Breakfast (ticket required)	Signia by Hilton-Triumph Ballroom E	
7 – 8 a.m.		Event	HSP Committee Meeting	Signia by Hilton-Magnificent 5	
7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Thursday)	CC-C206	
7 a.m. to 6 p.m.		Hours	Registration Hours (Thursday)	CC-Building C, Lobby C, Level One	
8 – 8:50 a.m.	D-01	Tutorial Lecture	Banding Together: The Past, Present, and Future of Blood Flow Restriction Training	CC-C211	(FA)
8 – 8:50 a.m.	D-02	Tutorial Lecture	Current Insights on Iron Regulation, Absorption and Treatment of Iron Deficiency in Athletes	CC-C101	(NM)
8 – 8:50 a.m.	D-03	Tutorial Lecture	Defining Physical Activity Referral Schemes – Are we Talking about the Same Thing?	CC-C208	(EIM)
8 – 8:50 a.m.	D-04	Tutorial Lecture	Equity and Intersectionality to Promote Physical Activity Among Adults Aging with and into Disability	CC-C110	(HE)
8 – 8:50 a.m.	D-05	Tutorial Lecture	Novel Physical Activity Data Collection in the Context of Large Epidemiologic Studies	CC-C108	(EB)
8 – 8:50 a.m.	D-06	Tutorial Lecture	Sports Medicine Leadership: Creating Highly Effective Medical Teams	CC-C207	(PD)
8 – 8:50 a.m.	D-07	Tutorial Lecture	The Science of Emotions: Implications for Physical Activity Interventions	CC-C203	(PS)
8 – 8:50 a.m.	D-08	Tutorial Lecture	Translatability of Exercise Omics Data: Getting from Bench to Field/Bedside	CC-C102	(SK)
8 – 8:50 a.m.	D-09	Exchange Lecture	American Medical Society for Sports Medicine Exchange Lecture - Adjunctive Treatments for Bone Stress Injuries: What's the Evidence Beyond Rest?	CC-C301	(AC)

## Thursday, May 29, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
8 – 8:50 a.m.	D-10	Clinical Workshop	Clinical Evaluation of Balance, Gait, and Sensorimotor Integration in Concussion Diagnosis and Management	CC-C302	(AC)
9 – 10:30 a.m.	D-11	Highlighted Symposium	Get Moving: The Digital Revolution in Physical Activity for Adults	CC-C102	Not eligible for CME credit.
9 – 10:30 a.m.	D-12	Highlighted Symposium	Oxygen at the Final Frontier: Advances in the Assessment of Aerobic Function in Health and Disease	CC-C101	(SK)
9 – 10:30 a.m.	D-13	Symposium	CAQ Review	CC-C301	(AC)
9 – 10:30 a.m.	D-14	Symposium	Extreme Environments and Human Performance: Navigating the Challenges of Hypercapnia, Heat, and Cold	CC-C110	(EN)
9 – 10:30 a.m.	D-15	Symposium	Injury Prevention in Elite Sport: Is Load Management Effective?	CC-C108	(BI)
9 – 10:30 a.m.	D-16	Symposium	Intervention or Placebo Effects: What are we Measuring and how can we Harness it?	CC-C208	(PS)
9 – 10:30 a.m.	D-17	Symposium	Letting Go of Perfect: Using Weight-Neutral Health Coaching to Create Sustainable Behavior Change in Middle-Aged Women	CC-C203	(PA)
9 – 10:30 a.m.	D-18	Symposium	Molecular Transducers of Physical Activity Consortium (MoTrPAC): Initial Insights from the Human Clinical Trial	CC-C211	(CEP)
9 – 10:30 a.m.	D-19	Symposium	What we can Learn from Special Olympics about Exercise, Events, Inclusion, and Acceptance	CC-C302	(AC)
9 – 10:30 a.m.	D-20	Symposium	The Physiological Crossroads of Intravascular Volume: From Athletes to Obesity, Altitude Adaptation vs Doping	CC-C207	(CV)
9 – 10:30 a.m.	D-21	Thematic Poster	Heart Rate Variability	CC-C105	(FA)
9 – 10:30 a.m.	D-22	Thematic Poster	Powering Optimal Aging Through Movement: From Scientific Insights To Real-World Applications	CC-C106	(BI)
9 – 10:30 a.m.	D-23	Thematic Poster	Sports Nutrition: Carbohydrate and Fluid Intake	CC-C107	(NM)
9 – 10:30 a.m.	D-24	Free Communication/Slide	Prospective Studies of Physical Activity and Health	CC-C201	(EB)
9 – 10:05 a.m.	D-25	Rapid Fire Platform	School Based Interventions for Youth	CC-C112	(PA)
9 – 10:30 a.m.	D-26	Clinical Case Slide	Cardiovascular I	CC-C205	(AC)
9 – 10:05 a.m.	D-27	Clinical Case Slide	Hip and Pelvis	CC-C204	(AC)
9 a.m. to 5 p.m.		Student Event	Student Lounge Hours	CC-C111	
Poster Sessions D-28 through D-42: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
9:30 – 11 a.m.	D-28	Free Communication/Poster	AI and Exercise Performance	CC-Hall C3	(FA)
9:30 – 11 a.m.	D-29	Free Communication/Poster	Pregnancy and Postpartum Exercise	CC-Hall C3	(FA)
9:30 – 11 a.m.	D-30	Free Communication/Poster	Sport Performance	CC-Hall C3	(FA)
9:30 – 11 a.m.	D-31	Free Communication/Poster	Respiratory and Renal	CC-Hall C3	(CV)
9:30 – 11 a.m.	D-32	Free Communication/Poster	ACL	CC-Hall C3	(BI)
9:30 – 11 a.m.	D-33	Free Communication/Poster	Sport Injury Epidemiology: Risk Factors and Treatment	CC-Hall C3	(EB)
9:30 – 11 a.m.	D-34	Free Communication/Poster	Muscle-Strengthening or Musculoskeletal Outcomes	CC-Hall C3	(PA)
9:30 – 11 a.m.	D-35	Free Communication/Poster	Physical Activity Promotion	CC-Hall C3	(PA)
9:30 – 11 a.m.	D-36	Free Communication/Poster	Mood, Affect, Emotion	CC-Hall C3	(PS)
9:30 – 11 a.m.	D-37	Free Communication/Poster	RPE, Pain, Fatigue	CC-Hall C3	(PS)



## Thursday, May 29, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
9:30 – 11 a.m.	D-38	Free Communication/Poster	Heat Stress and Fluid Balance	CC-Hall C3	(EN)
9:30 – 11 a.m.	D-39	Free Communication/Poster	Diabetes & Exercise: Clinical Exercise Physiology	CC-Hall C3	(CEP)
9:30 – 11 a.m.	D-40	Free Communication/Poster	Obesity & Exercise: Clinical Exercise Physiology	CC-Hall C3	(CEP)
9:30 – 11 a.m.	D-41	Free Communication/Poster	Skeletal & Neuromuscular: Clinical Exercise Physiology	CC-Hall C3	(CEP)
9:30 – 11 a.m.	D-42	Free Communication/Poster	Social Determinants of Health: Impacts on Care, Trust, and Recovery	CC-Hall C3	(HE)
9:30 a.m. to 5 p.m.		Hours	Exhibit Hall Hours (Thursday)	CC-Hall C2	
11 – 11:50 a.m.	D-43	Tutorial Lecture	2025 Update to the “Bethesda Conference” Scientific Statement for the Management of Athletes with Heart Disease	CC-C102	(AC)
11 – 11:50 a.m.	D-44	Tutorial Lecture	Breaking The Taboo On Pelvic Floor Dysfunction In Elite Female Athletes. From Screening To Treatment	CC-C301	(AC)
11 – 11:50 a.m.	D-45	Tutorial Lecture	Classic Exercise Physiology in 50 Minutes	CC-C101	(PD)
11 – 11:50 a.m.	D-46	Tutorial Lecture	Exercise and the Neurovasculome	CC-C204	(CV)
11 – 11:50 a.m.	D-47	Tutorial Lecture	EIM Active Aging: Advancing ACSM Aging Efforts via Inter-Committee Collaboration	CC-C207	(EIM)
11 – 11:50 a.m.	D-49	Tutorial Lecture	Interactions between Exercise and Commonly Used Anti-Diabetic Drugs	CC-C211	(CEP)
11 – 11:50 a.m.	D-50	Tutorial Lecture	The Human Experience in Cancer Care: Considerations of the Physical, Mental, and Spiritual Domains	CC-C203	(HE)
11 – 11:50 a.m.	D-51	Tutorial Lecture	The Status of Headgear Interventions: Exploring Attitudes, Barriers, and Evidence of Protective Effects across Sports	CC-C110	(EB)
11 – 11:50 a.m.	D-52	Tutorial Lecture	Wearable and App-Based Body Composition Assessment Methods – Are They Accurate?	CC-C208	(FA)
12 – 12:30 p.m.		Lunch and Learn	An Oral Nonopioid Therapy for Treating Moderate-to-Severe Acute Pain	CC-Hall C2	
12 – 1 p.m.		Event	Emeriti Lunch	Signia by Hilton-Magnificent 6	
12 – 1 p.m.	SL-02	Satellite Lecture	Effective Strategies to Improve Muscle Mass for Successful Aging	CC-C208	(SK)
12:45 – 1:35 p.m.	E-01	President’s Lecture	Physical Activity and ADHD: Moving Towards Bright Futures	CC-C102	(PD)
12:45 – 1:35 p.m.	E-02	President’s Lecture	The Future of Sports Nutrition	CC-C101	(PD)
1:45 – 3:15 p.m.	E-03	Highlighted Symposium	Maximizing Cardiopulmonary Exercise Testing: Using Data Sets to Unlock CPET Potential	CC-C101	(CEP)
1:45 – 3:15 p.m.	E-04	Highlighted Symposium	Optimizing Health and Performance in Para Athletes	CC-C102	(AC)
1:45 – 3:15 p.m.	E-05	Symposium	Advances in Technology for Fostering Health Equity in Research and Applied Practice	CC-C302	(HE)
1:45 – 3:15 p.m.	E-06	Symposium	Beyond Protein – Skeletal Muscle Quality and Function in an Aging Population	CC-C208	(SK)
1:45 – 3:15 p.m.	E-07	Symposium	From Kitchen to Competition: Implementing Culinary Nutrition in Sports Medicine for Optimal Performance and Health	CC-C211	(NM)
1:45 – 3:15 p.m.	E-08	Symposium	Interdisciplinary Insights: Field-Based Research at the FURTHER 6-day Ultra-Endurance Event	CC-C207	(BI)

## Thursday, May 29, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
1:45 – 3:15 p.m.	E-09	Symposium	Practical Considerations in Heat Mitigation Strategies: Customizing the Individualized Approach	CC-C203	(EN)
1:45 – 3:15 p.m.	E-10	Symposium	Studying How Animals Move Us: Human-Animal Bond Research in Kinesiology	CC-C110	(PA)
1:45 – 3:15 p.m.	E-11	Symposium	The Role of the Glymphatic System in Sleep Health, Athlete Sleep, and Special Populations	CC-C108	(PS)
1:45 – 2:35 p.m.	E-12	Colloquium	NASS/ACSM Colloquium: Challenging Cases in Spine and Sports	CC-C301	(AC)
1:45 – 3:15 p.m.	E-13	Thematic Poster	Blood Flow Restriction	CC-C105	(FA)
1:45 – 3:15 p.m.	E-14	Thematic Poster	Real World Community Exercise Interventions	CC-C106	(EIM)
1:45 – 3:15 p.m.	E-15	Thematic Poster	Vascular Control in Health and Disease	CC-C107	(CV)
1:45 – 3:15 p.m.	E-16	Free Communication/Slide	NIRS and Non-Invasive Measures of Tissue Oxygenation and Mitochondrial Capacity	CC-C201	(SK)
1:45 – 3:10 p.m.	E-17	Rapid Fire Platform	Exercise Oncology: Rapid Fire Clinical Exercise Physiology	CC-C112	(CEP)
1:45 – 3:05 p.m.	E-18	Clinical Case Slide	Cardiovascular II	CC-C204	(AC)
1:45 – 3:15 p.m.	E-19	Clinical Case Slide	Knee	CC-C205	(AC)
Poster Sessions E-20 through E-37: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
2:15 – 3:45 p.m.	E-20	Free Communication/Poster	Fitness Assessment and Performance	CC-Hall C3	(FA)
2:15 – 3:45 p.m.	E-21	Free Communication/Poster	Gas Exchange and Performance	CC-Hall C3	(FA)
2:15 – 3:45 p.m.	E-22	Free Communication/Poster	Acute Exercise Responses	CC-Hall C3	(CV)
2:15 – 3:45 p.m.	E-23	Free Communication/Poster	Immune and Endocrine Responses to Exercise	CC-Hall C3	(CV)
2:15 – 3:45 p.m.	E-24	Free Communication/Poster	Aging	CC-Hall C3	(BI)
2:15 – 3:45 p.m.	E-25	Free Communication/Poster	Ankle Instability	CC-Hall C3	(BI)
2:15 – 3:45 p.m.	E-26	Free Communication/Poster	Resistance Training Biomechanics	CC-Hall C3	(BI)
2:15 – 3:45 p.m.	E-27	Free Communication/Poster	Epidemiology and Injury among Firefighters and Service Members	CC-Hall C3	(EB)
2:15 – 3:45 p.m.	E-28	Free Communication/Poster	Body Weight, BMI, and Body Image Outcomes	CC-Hall C3	(PA)
2:15 – 3:45 p.m.	E-29	Free Communication/Poster	Physical Behavior and Health Epidemiology	CC-Hall C3	(EB)
2:15 – 3:45 p.m.	E-30	Free Communication/Poster	Sport Injury Prevalence and Trends	CC-Hall C3	(EB)
2:15 – 3:45 p.m.	E-31	Free Communication/Poster	Impacting of Physical Activity on Metabolic and Cardiovascular Outcomes	CC-Hall C3	(PA)
2:15 – 3:45 p.m.	E-32	Free Communication/Poster	Body Composition in Athletic Populations	CC-Hall C3	(NM)
2:15 – 3:45 p.m.	E-33	Free Communication/Poster	Energy Expenditure\Energy Balance	CC-Hall C3	(NM)
2:15 – 3:45 p.m.	E-34	Free Communication/Poster	Cognition	CC-Hall C3	(PS)
2:15 – 3:45 p.m.	E-35	Free Communication/Poster	Mental Health	CC-Hall C3	(PS)
2:15 – 3:45 p.m.	E-36	Free Communication/Poster	Environmental and Occupational Physiology Miscellaneous	CC-Hall C3	(EN)
2:15 – 3:45 p.m.	E-37	Free Communication/Poster	Responses to Altitude and Hypoxia	CC-Hall C3	(EN)
4 – 5:30 p.m.	E-38	Highlighted Symposium	Hot off the Press: Recently Developed Strategies for Performance and Resilience During Exercise in the Heat	CC-C102	(EN)
4 – 5:30 p.m.	E-39	Highlighted Symposium	Informing the 2028 Guidelines – Current State of Evidence on Devices, Resistance Exercise, and Mental Health	CC-C101	(EB)
4 – 5:30 p.m.	E-40	Symposium	Beyond Performance: Exploring Biomechanical Changes and Injury Risks with Advanced Footwear Technology in Distance Running	CC-C208	(BI)

## Thursday, May 29, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
4 – 5:30 p.m.	E-41	Symposium	Exercise Medicine for Parkinson's Disease: Research and Clinical Perspectives	CC-C110	(CEP)
4 – 5:30 p.m.	E-42	Symposium	Field of Vision - The Role of Eye Care in the Assessment, Training, and Rehab of Athletes	CC-C301	Not eligible for CME credit.
4 – 5:30 p.m.	E-43	Symposium	Peripheral Limitations to Exercise in Heart Failure	CC-C203	(CV)
4 – 5:30 p.m.	E-44	Symposium	Polyphenol Benefits in Performance in Sport and Health	CC-C108	(NM)
<b>4 – 5:30 p.m.</b>	<b>E-45</b>	<b>Symposium</b>	<b>Soccer is Medicine: From Science to Global Public Health</b>	<b>CC-C211</b>	<b>(PA)</b>
4 – 5:30 p.m.	E-46	Symposium	The Science of Learning: Transforming Exercise Science Education	CC-C207	(PD)
4 – 5:30 p.m.	E-47	Clinical Workshop	Zebras within the Herd: When Nerve Pain presents like a Musculoskeletal Complaint – A Hands-On Ultrasound Series	CC-C302	(AC)
4 – 5:30 p.m.	E-48	Thematic Poster	Energy Availability, Amenorrhea and Relative Energy Deficiency in Sport	CC-C106	(NM)
4 – 5:30 p.m.	E-49	Thematic Poster	Physical Activity Across the Cancer Continuum	CC-C107	(CEP)
4 – 5:30 p.m.	E-50	Thematic Poster	Wearable Devices	CC-C105	(PA)
4 – 5:30 p.m.	E-51	Free Communication/Slide	Exercise Testing in Clinical Exercise Physiology	CC-C201	(CEP)
4 – 5:05 p.m.	E-52	Rapid Fire Platform	Surveillance and Large Cohort Studies	CC-C112	(EB)
4 – 5:20 p.m.	E-53	Clinical Case Slide	Lower Extremity Potpourri	CC-C204	(AC)
4 – 5:30 p.m.	E-54	Clinical Case Slide	Workers and Weekend Warriors	CC-C205	(AC)
4:30 – 5:30 p.m.		Event	CSML Committee Meeting	Signia by Hilton-Magnificent 5	
5 – 7 p.m.		Event	NEACSM Chapter Social	Signia by Hilton-Magnificent 2	
5:30 – 7:30 p.m.		Event	Northwest Regional Chapter Social	The Cantina at Dos Bocas	
5:30 – 7:30 p.m.		Event	University of Illinois Alumni, Faculty and Friends Reception	Signia by Hilton-Magnificent 4	
5:45 – 7:15 p.m.		Event	Biomechanics Interest Group Meeting	CC-C208	
5:45 – 7:15 p.m.		Event	Cancer Interest Group Meeting	CC-C203	
5:45 – 7:15 p.m.		Event	Combat Sports Interest Group Meeting	CC-C201	
5:45 – 7:15 p.m.		Event	Environmental and Occupational Physiology Interest Group Meeting	CC-C211	
5:45 – 7:15 p.m.		Event	Exercise Science Education Interest Group Meeting	CC-C204	
5:45 – 7:15 p.m.		Event	Health Equity Research Interest Group Meeting	CC-C110	
5:45 – 7:15 p.m.		Event	Nutrition Interest Group Meeting	CC-C108	
5:45 – 7:15 p.m.		Event	Physiological and Biological Mechanisms Underlying Health and Performance Interest Group Meeting	CC-C207	
5:45 – 7:15 p.m.		Event	Pregnancy and Postpartum Interest Group Meeting	CC-C205	
6 – 7 p.m.		Event	Basic Science Reception	Signia by Hilton-Magnificent 1	
6 – 7:00 p.m.		Event	Clinician's Reception with Poster Presentations	Signia by Hilton-Triumph Ballroom A	(AC)
6:30 – 8 p.m.		Event	WK Author/Editor Reception	Signia by Hilton-Triumph Ballroom I	



## Thursday, May 29, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
7 – 9 p.m.		Event	Northland ACSM Regional Chapter Social	Signia by Hilton-Magnificent 6	
8 – 9 p.m.		Event	Celebrating Diversity Reception (invite only)	Signia by Hilton-Triumph Ballroom C	
8 – 9 p.m.		Event	International Social (invite only)	Signia by Hilton-Triumph Ballroom J	
8 – 9:30 p.m.		Event	SEACSM Social	Signia by Hilton-Magnificent 1	
8 – 10 p.m.		Event	Mid-Atlantic ACSM Regional Chapter Social	Nest on Four (Signia)	

## Friday, May 30, 2025

6:15 – 7 a.m.		Event	Get Moving with a Vivo Virtual Workout!	Virtual	
7 a.m. to 4 p.m.		Hours	Registration Hours (Friday)	CC-Building C, Lobby C, Level One	
7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Friday)	CC-C206	
8 – 9:30 a.m.	F-01	Highlighted Symposium	Collective Impact to Influence Policy for Healthy Youth Sports	CC-C101	(PA)
8 – 9:30 a.m.	F-02	Symposium	Carbohydrate Metabolism Under Physiological Stress	CC-C208	(NM)
8 – 9:30 a.m.	F-03	Symposium	Cardiopulmonary Exercise Testing Across the Lifespan – Insights from MoTrPAC and SOMMA	CC-C108	(FA)
8 – 9:30 a.m.	F-04	Symposium	Do the Physical Activity Guidelines Provide the Same Health Benefits in Breast Cancer Survivors?	CC-C110	(CEP)
8 – 9:30 a.m.	F-05	Symposium	Leveraging Exercise and Nutrition as a “Trans-disease Intervention” to Enhance Recovery in Substance Use Disorders	CC-C102	(PS)
8 – 9:30 a.m.	F-06	Symposium	Lifespan Considerations for the Patellofemoral Joint: Preventing and Managing PFP & Osteoarthritis	CC-C207	(BI)
8 – 9:30 a.m.	F-07	Symposium	Advocacy: Why Me & Why Now	CC-C203	(AC)
8 – 9:30 a.m.	F-08	Symposium	Reimagining Mitochondrial Health: Breakthroughs and Beyond	CC-C211	(SK)
8 – 9:30 a.m.	F-09	Symposium	The Older I Get, the Better I Was: Physiological Changes with Aging and how Exercise can Slow the Hands of Time	CC-C302	(AC)
<b>8 – 9:30 a.m.</b>	<b>F-10</b>	<b>Symposium</b>	<b>Trailblazing Science: Advancing Health and Performance in Female Endurance Runners</b>	<b>CC-C301</b>	<b>(AC)</b>
8 – 9:30 a.m.	F-11	Thematic Poster	Investigations in Respiratory Physiology	CC-C105	(CV)
8 – 9:30 a.m.	F-12	Thematic Poster	Measuring Hydration Status and Associated Physiologic Responses During Exercise and Physical Activity	CC-C107	(EN)
8 – 9:30 a.m.	F-13	Thematic Poster	Sport Injury Prediction and Prevention	CC-C106	(EB)
8 – 9:30 a.m.	F-14	Free Communication/Slide	Fitness, Weight Loss and Obesity	CC-C201	(NM)
8 – 9:30 a.m.	F-15	Rapid Fire Platform	Wearables and Exercise Performance	CC-C112	(FA)
8 – 9:20 a.m.	F-16	Clinical Case Slide	Medical Challenges	CC-C204	(AC)
8 – 9:20 a.m.	F-17	Clinical Case Slide	Musculoskeletal Mayhem I	CC-C205	(AC)
Poster Sessions F-18 through F-39: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
8:30 – 10 a.m.	F-18	Free Communication/Poster	Cycling Performance	CC-Hall C3	(FA)
8:30 – 10 a.m.	F-19	Free Communication/Poster	Military and First Responder Performance	CC-Hall C3	(FA)
8:30 – 10 a.m.	F-20	Free Communication/Poster	Cardiac	CC-Hall C3	(CV)

## Friday, May 30, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
8:30 – 10 a.m.	F-21	Free Communication/Poster	Exercise Training and Other Determinants of Cardiometabolic Health	CC-Hall C3	(CV)
8:30 – 10 a.m.	F-22	Free Communication/Poster	Physiology and Mechanics of Bone and Connective Tissue	CC-Hall C3	(SK)
8:30 – 10 a.m.	F-23	Free Communication/Poster	Running	CC-Hall C3	(BI)
8:30 – 10 a.m.	F-24	Free Communication/Poster	Assessment of Physical Activity, Blood Pressure and Fitness	CC-Hall C3	(EB)
8:30 – 10 a.m.	F-25	Free Communication/Poster	High Intensity Interval Training	CC-Hall C3	(PA)
8:30 – 10 a.m.	F-26	Free Communication/Poster	Yoga and Pilates Interventions	CC-Hall C3	(PA)
8:30 – 10 a.m.	F-27	Free Communication/Poster	Adipose Tissue and Fat Metabolism	CC-Hall C3	(NM)
8:30 – 10 a.m.	F-28	Free Communication/Poster	Caffeine and Other Stimulants	CC-Hall C3	(NM)
8:30 – 10 a.m.	F-29	Free Communication/Poster	Dietary Supplements	CC-Hall C3	(NM)
8:30 – 10 a.m.	F-30	Free Communication/Poster	Sleep	CC-Hall C3	(NM)
8:30 – 10 a.m.	F-31	Free Communication/Poster	Athlete Mental Health & Cognition	CC-Hall C3	(PS)
8:30 – 10 a.m.	F-32	Free Communication/Poster	Behavioral Aspects of Physical Activity	CC-Hall C3	(PS)
8:30 – 10 a.m.	F-33	Free Communication/Poster	Physiologic Responses to Cold Stress	CC-Hall C3	(EN)
8:30 – 10 a.m.	F-34	Free Communication/Poster	Exercise Related Outcomes Across the Lifespan	CC-Hall C3	(EIM)
8:30 – 10 a.m.	F-35	Free Communication/Poster	Physical Activity Models for Under Represented Populations	CC-Hall C3	(EIM)
8:30 – 10 a.m.	F-36	Free Communication/Poster	Advancing Inclusion and Understanding in Sports: Exploring Gender Diversity, Health, and Equity	CC-Hall C3	(HE)
8:30 – 10 a.m.	F-37	Free Communication/Poster	Sport Specific	CC-Hall C3	(AC)
8:30 – 10 a.m.	F-38	Free Communication/Poster	Sports Medicine Fellow Clinical Cases	CC-Hall C3	(AC)
8:30 – 10 a.m.	F-39	Free Communication/Poster	Sports Medicine Fellow Scientific Research Abstracts	CC-Hall C3	(AC)
9 a.m. to 3 p.m.		Student Event	Student Lounge Hours	CC-C111	
9:30 a.m. to 2 p.m.		Hours	Exhibit Hall Hours (Friday)	CC-Hall C2	
10:15 – 11:15 a.m.	F-40	D.B. Dill Historical Lecture	The Zackery Lystedt Story: The History of Youth Concussion Laws	CC-Hall C1	(PD)
<b>11:30 a.m. to 12:20 p.m.</b>	<b>F-41</b>	<b>John R. Sutton Clinical Lecture</b>	<b>Women's Health, Sports and Performance: Changing the Paradigm through Commitment, Collaboration, and Courage</b>	<b>CC-C102</b>	<b>(AC)</b>
11:30 a.m. to 12:20 p.m.	F-42	Tutorial Lecture	Anaerobic Threshold, Lactic Acid, and Exercise Intensity. Related?	CC-C208	(CV)
11:30 a.m. to 12:20 p.m.	F-43	Tutorial Lecture	Benefits and Pitfalls of Marker-less Motion Capture	CC-C301	(BI)
11:30 a.m. to 12:20 p.m.	F-44	Tutorial Lecture	Certification Board Key Updates: Strategic Plan, Advocacy, and Major Initiatives	CC-C207	(PD)
11:30 a.m. to 12:20 p.m.	F-45	Tutorial Lecture	Optimizing Recovery: Targeted Nutritional Therapy for Concussions	CC-C108	(PS)
11:30 a.m. to 12:20 p.m.	F-46	Tutorial Lecture	Resistance Training: Facts, Theory and Mythology	CC-C101	(FA)
11:30 a.m. to 12:20 p.m.	F-47	Tutorial Lecture	Thinking Outside the Accelerometry Box: Novel Measures for Understanding Health Outcomes	CC-C211	(EB)
11:30 a.m. to 12:20 p.m.	F-48	Tutorial Lecture	Integrative Health, Wellness, and Performance in Law Enforcement	CC-C203	(EN)
11:30 a.m. to 12:20 p.m.	F-49	Tutorial Lecture	Unravelling the Mechanisms of Post Exertional Malaise	CC-C110	(CEP)
11:30 a.m. to 12:20 p.m.	F-50	Tutorial Lecture	Using mHealth Technology to Promote Muscle-strengthening Activities among Black Women: Novel Approaches for Reducing Health Disparities	CC-C201	(HE)

## Friday, May 30, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
1 – 1:50 p.m.	G-01	Priscilla M. Clarkson Tutorial Lecture	Muscle Damage and Adaptations by Eccentric Exercise	CC-C101	(PD)
1 – 1:50 p.m.	G-02	Tutorial Lecture	Bridging the Gap from Clinical Trials to Community Programs: Advancing Inclusive Physical Activity Opportunities for Individuals with Intellectual Disabilities	CC-C203	(PA)
1 – 1:50 p.m.	G-03	Tutorial Lecture	Engage, Expand, Evaluate: A New Era with EIM-OC	CC-C207	(EIM)
1 – 1:50 p.m.	G-04	Tutorial Lecture	Feeding the Gut-Muscle-Brain Axis to Support Warfighter Performance During Cold Weather Operations	CC-C108	(EN)
1 – 1:50 p.m.	G-05	Tutorial Lecture	Hypothalamic-Pituitary Hormonal Conditioning: A Novel Serendipitous Discovery in Male Athletes	CC-C110	(FA)
1 – 1:50 p.m.	G-06	Tutorial Lecture	Muscle Fiber Phenotypes at the Crossroads of Sports, Health and Disease	CC-C208	(SK)
1 – 1:50 p.m.	G-07	Colloquium	Is Access Really Accessible? Examining Healthcare Access in Para Sport Athletes	CC-C102	(AC)
1 – 1:50 p.m.	G-08	Exchange Lecture	American Orthopaedic Society for Sports Medicine Exchange Lecture - Throwing Arm Injuries: State of the Union & Innovative Concepts	CC-C301	(AC)
1 – 1:50 p.m.	G-09	Exchange Lecture	American Psychological Association Exchange Lecture - Bridging the Gap: Leveraging the Interdisciplinary Sport Science Model to Promote Collaboration Between ACSM and APA Division 47	CC-C211	(PS)
1 – 1:50 p.m.	G-10	Clinical Workshop	Enhancing Patient Care for Ethnically Diverse Athletes: Addressing Problematic Eating Behaviors and Barriers to Access for Care	CC-C302	(NM)
2 – 3:30 p.m.	G-11	Highlighted Symposium	Prioritizing Inclusivity in Youth Physical Activity Programs	CC-C101	(HE)
2 – 3:30 p.m.	G-12	Symposium	Air Quality Effects on Exercise Physiology	CC-C211	(CV)
2 – 3:30 p.m.	G-13	Symposium	Challenges of Off-site, Mass Biomechanical Data Collections: Lessons Learned	CC-C110	(BI)
2 – 3:30 p.m.	G-14	Symposium	Epigenetic Responses to Exercise – Conversations Between our Environment, Our Genes and Our Health	CC-C208	(SK)
2 – 3:30 p.m.	G-15	Symposium	Foundations in Clinical and Professional Ethics	CC-C207	(PD)
<b>2 – 3:30 p.m.</b>	<b>G-16</b>	<b>Symposium</b>	<b>Is All Weight Loss GOOD Weight Loss? The Role of Exercise and Activity in the Medical Treatment of Obesity</b>	<b>CC-C108</b>	<b>(NM)</b>
2 – 3:30 p.m.	G-17	Symposium	Mass Participation and Tournament Event Management: From Consensus to Clinical Practice	CC-C302	(AC)
2 – 3:30 p.m.	G-18	Symposium	The Government Works from Lab Bench to Park Bench: Understanding Translation at the Federal Level	CC-C102	(PA)
2 – 3:30 p.m.	G-19	Symposium	The Physical Activity Paradox: What Is It, What Does It Mean, and What Can We Do About It?	CC-C203	(EB)
2 – 3:30 p.m.	G-20	Symposium	Training and Competing in Extreme Heat: Policy, Practice, and Emergency Action to Protect Athlete Health – IPC Symposium	CC-C301	(AC)
2 – 3:30 p.m.	G-21	Thematic Poster	Device-based Measures of Physical Activity, Light and Mobility	CC-C106	(EB)
2 – 3:30 p.m.	G-22	Thematic Poster	Exercise Training and Performance in the Aging	CC-C105	(FA)

## Friday, May 30, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
2 – 3:30 p.m.	G-23	Thematic Poster	Psychological Aspects of Physical Activity Among Women	CC-C107	(PS)
2 – 3:15 p.m.	G-24	Free Communication/Slide	Heat Stress: Effects on Performance and Development of Mitigation Strategies	CC-C201	(EN)
2 – 3:30 p.m.	G-25	Rapid Fire Platform	Biomechanics after ACL Reconstruction	CC-C112	(BI)
2 – 3:30 p.m.	G-26	Clinical Case Slide	Musculoskeletal Mayhem II	CC-C204	(AC)
2 – 3:30 p.m.	G-27	Clinical Case Slide	The Power of Exercise	CC-C205	(AC)
Poster Sessions G-28 through G-43: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
2:30 – 4 p.m.	G-28	Free Communication/Poster	Body Composition	CC-Hall C3	(FA)
2:30 – 4 p.m.	G-29	Free Communication/Poster	Resistance Training	CC-Hall C3	(FA)
2:30 – 4 p.m.	G-30	Free Communication/Poster	Skeletal Muscle, Bone, and Connective Tissue-Other	CC-Hall C3	(SK)
2:30 – 4 p.m.	G-31	Free Communication/Poster	Footwear, Foot Strength, Foot Structure	CC-Hall C3	(BI)
2:30 – 4 p.m.	G-32	Free Communication/Poster	Walking and Daily Activities	CC-Hall C3	(BI)
2:30 – 4 p.m.	G-33	Free Communication/Poster	Epidemiology of Work, Sleep and Physical Activity	CC-Hall C3	(EB)
2:30 – 4 p.m.	G-34	Free Communication/Poster	Physical Activity Epidemiology during the Pregnancy and Postpartum Period	CC-Hall C3	(EB)
2:30 – 4 p.m.	G-35	Free Communication/Poster	Adults or Older Adults with a Disability or Chronic Condition	CC-Hall C3	(PA)
2:30 – 4 p.m.	G-36	Free Communication/Poster	Sedentary Behavior, Screen Time, and Sleep	CC-Hall C3	(PA)
2:30 – 4 p.m.	G-37	Free Communication/Poster	Micronutrient Intake and Metabolism	CC-Hall C3	(NM)
2:30 – 4 p.m.	G-38	Free Communication/Poster	Neuroscience	CC-Hall C3	(PS)
2:30 – 4 p.m.	G-39	Free Communication/Poster	Cancer & Exercise: Clinical Exercise Physiology	CC-Hall C3	(CEP)
2:30 – 4 p.m.	G-40	Free Communication/Poster	Conditions: Clinical Exercise Physiology	CC-Hall C3	(CEP)
2:30 – 4 p.m.	G-41	Free Communication/Poster	Parkinson's & Exercise: Clinical Exercise Physiology	CC-Hall C3	(CEP)
2:30 – 4 p.m.	G-42	Free Communication/Poster	Evaluation of Healthcare Provider Training Initiatives	CC-Hall C3	(EIM)
2:30 – 4 p.m.	G-43	Free Communication/Poster	Late-Breaking Abstracts	CC-Hall C3	(PD)
4:15 – 5:45 p.m.	G-44	Symposium	ACSM Journals Symposium: Updates, Opportunities, and Papers of the Year	CC-C102	(PD)
4:15 – 5:45 p.m.	G-45	Symposium	Barriers and Solutions to Clinical EIM Implementation: A Roundtable Discussion	CC-C203	(EIM)
<b>4:15 – 5:45 p.m.</b>	<b>G-46</b>	<b>Symposium</b>	<b>Bridging Research, Clinical Practice, and Community: A Comprehensive Approach to Promoting Youth Physical Activity</b>	<b>CC-C108</b>	<b>(PA)</b>
4:15 – 5:45 p.m.	G-47	Symposium	Critical Power and W' Balance: Novel Considerations and Practical Applications	CC-C207	(FA)
4:15 – 5:45 p.m.	G-48	Symposium	Integrating Exercise is Medicine into Innovative Approaches to Precision Exercise Prescription	CC-C211	(CV)
4:15 – 5:45 p.m.	G-49	Symposium	Physical Activity to Address Trauma-Related Multimorbidity: Translating Research from Lab Bench to Park Bench	CC-C110	(PS)
4:15 – 5:45 p.m.	G-50	Symposium	Relative Energy Deficiency in the Military (RED-M): Lessons from Military Science on the Effects of Energy Deficiency	CC-C208	(EN)
4:15 – 5:05 p.m.	G-51	Symposium	Sleep as a Key Driver in Muscle Health and Physical Performance: Current Considerations and Perspectives	CC-C101	(SK)
4:15 – 5:45 p.m.	G-52	Symposium	The Team Physician Consensus Statement in Clinical Practice: Return to Sport Considerations	CC-C301	(AC)



## Friday, May 30, 2025 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
4:15 – 5:05 p.m.	G-53	Clinical Workshop	Navigating Anterior Knee Pain	CC-C302	(AC)
4:15 – 5:45 p.m.	G-54	Thematic Poster	Dietary Protein and Protein Metabolism	CC-C106	(NM)
4:15 – 5:45 p.m.	G-55	Thematic Poster	Neuromechanics of Aging	CC-C107	(BI)
4:15 – 5:45 p.m.	G-56	Thematic Poster	Physical Behavior Epidemiology during Pregnancy & Postpartum Period	CC-C105	(EB)
4:15 – 5:45 p.m.	G-57	Free Communication/Slide	Predicting Various Physical Activity Related Outcomes	CC-C201	(PA)
4:15 – 5:45 p.m.	G-58	Rapid Fire Platform	Effects of Heat Stress on Thermoregulatory and Renal Function	CC-C112	(EN)
4:15 – 5:45 p.m.	G-59	Clinical Case Slide	Hand, Wrist and Elbow	CC-C204	(AC)
4:15 – 5:45 p.m.	G-60	Clinical Case Slide	Head and Neck	CC-C205	(AC)
5:45 – 8:30 p.m.		Event	ACSM Honors (ticket required)	Signia by Hilton-Triumph Ballroom E	

## Program Committee

Eric S. Rawson, PhD, FACSM (Chair)  
 Kathryn E. Ackerman, MD, MPH, FACSM  
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 Irene S. Davis, PhD, FACSM  
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Rebecca Hasson, PhD, FACSM  
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 Katrina Piercy, PhD, FACSM  
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# Online Component Promotion

## Sessions that will be recorded this week and will be available as part of the online component

B-01	Joseph B. Wolfe Memorial Lecture	Shaping the Game: Driving Change in Sport
B-02	Highlighted Symposium	Female Performance: From Paper to Pitch, and Back Again
B-09	Morris/Paffenbarger/Blair EIM Keynote Lecture	Redefining Aging with Exercise: The EIM Active Aging Initiative
C-01	Highlighted Symposium	Harnessing Behavioral Science to Optimize Physical Activity Messaging and Communication in Patients and General Population
C-02	Highlighted Symposium	The Respiratory Musculature – The “Other” Skeletal Muscles
C-33	Highlighted Symposium	Passive Mechanical Properties of Skeletal Muscle: Structural Basis and Implications for Surgery and Sport
C-34	Highlighted Symposium	The Elusive Nature of Alternative Protein Sources: The Athlete’s Dilemma
C-50	Charles M. Tipton Tutorial Lecture	Mitochondrial Structure and Function and the Course of Dietary Carbon Flow
C-52	Tutorial Lecture	AI Revolution in Sports Medicine: Enhancing Biomedical Control of Training and Sports Performance Analysis
D-02	Tutorial Lecture	Current Insights on Iron Regulation, Absorption and Treatment of Iron Deficiency in Athletes
D-08	Tutorial Lecture	Translatability of Exercise Omics Data: Getting from Bench to Field/ Bedside
D-11	Highlighted Symposium	Get Moving: The Digital Revolution in Physical Activity for Adults
D-12	Highlighted Symposium	Oxygen at the Final Frontier: Advances in the Assessment of Aerobic Function in Health and Disease
D-43	Tutorial Lecture	2025 Update to the “Bethesda Conference” Scientific Statement for the Management of Athletes with Heart Disease
D-45	Tutorial Lecture	Classic Exercise Physiology in 50 Minutes
E-01	President’s Lecture	Physical Activity and ADHD: Moving Towards Bright Futures
E-02	President’s Lecture	The Future of Sports Nutrition
E-03	Highlighted Symposium	Maximizing Cardiopulmonary Exercise Testing: Using Data Sets to Unlock CPET Potential
E-04	Highlighted Symposium	Optimizing Health and Performance in Para Athletes
E-38	Highlighted Symposium	Hot off the Press: Recently Developed Strategies for Performance and Resilience During Exercise in the Heat
E-39	Highlighted Symposium	Informing the 2028 Guidelines – Current State of Evidence on Devices, Resistance Exercise, and Mental Health
F-01	Highlighted Symposium	Collective Impact to Influence Policy for Healthy Youth Sports
F-05	Symposium	Leveraging Exercise and Nutrition as a “Trans-disease Intervention” to Enhance Recovery in Substance Use Disorders
F-40	D.B. Dill Historical Lecture	The Zackery Lystedt Story: The History of Youth Concussion Laws
F-41	John R. Sutton Clinical Lecture	Women’s Health, Sports and Performance: Changing the Paradigm through Commitment, Collaboration, and Courage

## Online Component Promotion (continued)

F-46	Tutorial Lecture	Resistance Training: Facts, Theory and Mythology
G-01	Priscilla M. Clarkson Tutorial Lecture	Muscle Damage and Adaptations by Eccentric Exercise
G-07	Colloquium	Is Access Really Accessible? Examining Healthcare Access in Para Sport Athletes
G-11	Highlighted Symposium	Prioritizing Inclusivity in Youth Physical Activity Programs
G-18	Symposium	The Government Works from Lab Bench to Park Bench: Understanding Translation at the Federal Level
G-44	Symposium	ACSM Journals Symposium: Updates, Opportunities, and Papers of the Year
G-51	Tutorial Lecture	Sleep as a Key Driver in Muscle Health and Physical Performance: Current Considerations and Perspectives

## Online exclusive sessions — you will not see these sessions delivered here this week

Lactate Metabolism, Blood Lactate Testing and Exercise Prescription: From Theory to Practice	(FA)
Delivery of a Virtually Supervised Exercise Intervention for Hispanic and Latina Breast Cancer Survivors	(CEP)
ACSM Consensus Statement: Physical Activity and Excess Body Weight and Adiposity for Adults	(CEP)
Heart Rate Variability 101: Dive Deep Into One of the Most Important Biomarkers for Health	(CV)
Precision Medicine in Sports: Enhancing Performance and Preventing Injuries	(SK)
Mind over Movement: Psychological Barriers and Treatment to Modify Movement Following Traumatic Knee Injury	(BI)
Data-Driven Injury Reduction in the NFL	(EB)
Unlocking Peak Performance: The Power of Sleep and Advocating for Later School Start Times	(PA)
What's New in the 12th Edition of ACSM's Guidelines for Exercise Testing and Prescription	(PA)
Astaxanthin: A Key Nutrient in Athletic Performance and Health	(NM)
Mind and Muscle: Authenticity and Mental Wellness in Black Athletes	(PS)
NFPA 1582 Updates: Is Change Good?	(EN)

# Award Recognition

## 2025 Honor Award Recipient



**Stanley A. Herring,  
MD, FACS**

University of Washington School  
of Medicine, Seattle, WA

## 2025 Citation Award Recipients



**Nancy Clark, RD, FACS**

Sports Nutrition Services LLC  
West Newton, MA



**Sandra K. Hunter, PhD,  
FACS**

University of Michigan  
Ann Arbor, MI



**Jos J. de Koning, PhD,  
FACS**

Vrije Universiteit Amsterdam  
Amsterdam, Netherlands



**Arthur Weltman, PhD,  
FACS**

University of Virginia  
Charlottesville, VA



**Joseph A. Houmard, PhD,  
FACS**

East Carolina University  
Greenville, NC



**Nancy I. Williams, ScD,  
FACS**

Penn State University  
State College, PA

For more information about this year's Honor and Citation Award Recipients, go [here](#).



## ACSM Diversity, Research & Training Awards

### **Charles M. Tipton Student Research Award**

Jordan Parks, Mayo Clinic and Sophie Miller, Michigan State University

### **GSSI-ACSM Young Investigator in Sports Nutrition Award**

Abbie Mclellan, Loughborough University; Erica Tourula, Indiana University; Marissa Ramirez, University of New Mexico

### **GSSI-ACSM Young Scholar Professional Development Grant**

Kelly Hines, Texas A&M University and Madison Fry, Indiana University Indianapolis

### **GSSI Diversity in Sports Science Award - PhD**

Bianca Alvarenga Rambo Galletti, University of Oklahoma and Cristal Benitez, University of Alabama

### **GSSI Diversity in Sports Science Award - Master's**

Christiana Donkor, Central Michigan University and Antonio Leija, University of Minnesota

### **New Investigator Award**

Jeann Sabino-Carvalho, Emory University and Malia Blue, University of North Carolina at Chapel Hill

### **Science Integration & Leadership Committee Basic Science Award**

Sarah Brownstein, Springfield College

### **Visiting Scholar Award**

Huimin Yan, University of Massachusetts Boston

## ACSM Foundation Research & Program Grants

### **Carl V. Gisolfi Memorial Fund**

Ziba Taherzadeh, University of Texas at Arlington

### **Clinical Sports Medicine Endowment**

Chelsea Martin, University of North Carolina-Chapel Hill

### **Paffenbarger-Blair Fund for Epidemiological Research**

Julie Rekant, University of Maryland, Baltimore and Caitlin A. Cheruka, University of Central Florida

### **Raymond A. Weiss Research Endowment**

Shawn Allen, Oklahoma State University and Gabriela Pontes, University of Utah

### **Research Endowment**

Ryan Montalvo, Virginia Polytechnic Institute and State University

### **World Athletics Research Grant**

Thomas Madden, Montana State University

### **Xero Shoes' Minimal Footwear Research Grant**

Marni Wasserman, Indiana University

### **Franklin EIM-OC Microgrant**

Saori Ishikawa Braun, University of Wisconsin-Eau Claire, Emily Sauers, Our Lady of the Lake University and Robert Herron, University of Montevallo

## ACSM Foundation Travel, Research & Leadership Awards

### **Barbara Campaigne Women's Health, Sport & Physical Activity Travel Award**

Ana Carla Salamunes, Pennsylvania State University; Christin Domeier, Florida State University; and Jennifer Rice, University of Limerick

### **Drinkwater Leadership Award in Women's Health, Sport & Physical Activity**

Margie Davenport, University of Alberta

### **Gail E. Butterfield Nutrition Travel Award**

Jesse Sims, Kent State University and Grace Zimmerman, University of Utah

### **Howard G. "Skip" Knuttgen International Scholar Award**

Andrea Pilotto, University of Pavia

### **International Student Award**

Alicia Kells, University of Western Ontario; Kotaro Nakao, Ritsumeikan University; and Sindre Midttun, Norwegian University of Science and Technology

### **Jack Wilmore Legacy Travel Award**

Emily Grammer, University of Virginia and Jessh Mavougou, University of Tennessee at Knoxville

### **Jim and Linda Pivarnik Women's Health, Sport & Physical Activity Travel Award**

Jordyn Cox, University of Alberta; Lauren Bates-Fraser, American Cancer Society; and Lee J Hinkle, Brigham Young University

### **Joseph Hamill Access to Science Award**

Anabel Groskopf, Concordia University Chicago; Elizabeth Bjornsen, University of North Carolina at Chapel Hill; Ephrem Mekonnen, Simon Fraser University; Francesca Di Rocco, University of Cassino and Lazio Meridionale; Jiaqi Wang, University of Southern California; Keven Santamaria-Guzman, Auburn University; Kristen Quigley, University of Nevada-Reno; Quinlan Thompson, University of Wisconsin-Madison; Ryan Evans, Western University; Shraddha Sudhir, University of Illinois Chicago

### **Lisa S. Krivickas Clinician/Scholar Travel Award**

Abena Tannor, Ghana College of Physicians and Surgeons

### **Michael L. Pollock Student Scholarship**

Ashley Carlisle, Mayo Clinic and Monica Teegardin, Indiana University Indianapolis

### **New Investigator Award**

Jeann Sabino-Carvalho, Emory University and Malia Blue, University of North Carolina at Chapel Hill

### **Priscilla Clarkson Undergraduate Travel Award**

Heidi Deuel, St Olaf College

### **Steven M. Horvath Travel Award**

Carly Williamson Rogers, University of Pittsburgh and Jonathan Cerna, University of Illinois Urbana-Champaign

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## Satellite Lectures and Lunch & Learn

Presented by

time—line

### Data to Dominance: Enhancing Peak Performance by Targeting Mitochondria with Clinically-Proven Mitopure (Urolithin A)

**Wednesday:** May 28, 11:45 a.m. to 12:45 p.m.

**Room:** CC-C102

Presented by



### Effective Strategies to Improve Muscle Mass for Successful Aging

**Thursday:** May 29, Noon to 1 p.m.

**Room:** CC-C208

Presented by



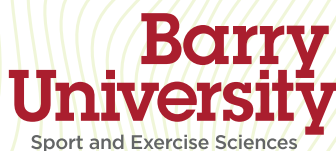
### Lunch & Learn: An Oral Nonopioid Therapy for Treating Moderate-to-Severe Acute Pain

**Thursday:** May 29, Noon to 12:30 p.m.

**Exhibit Hall**

## Student Lounge

Presented by



CC - C111

The ACSM Student Lounge is the hub of student engagement activities and career development opportunities. Relax and interact with fellow students. Access career development opportunities by meeting experts working in a variety of fields. Connect with potential employers through the ACSM Career Center and have your LinkedIn profile or CV reviewed. Light refreshments will be provided.

Tuesday, May 27, 3-6 p.m.

Wednesday, May 28, 9 a.m. to 5 p.m.

Thursday, May 29, 9 a.m. to 5 p.m.

Friday, May 30, 9 a.m. to 3 p.m.



# Code of Conduct

## American College of Sports Medicine Annual Meeting

The American College of Sports Medicine® (ACSM) is committed to providing a friendly, safe and welcoming environment for all annual meeting participants. We expect all attendees, media, speakers, volunteers, organizers, venue staff, guests and exhibitors to help us ensure a safe and positive conference experience for everyone.

To that end, the expectation is that all participants abide by this code of conduct at all times and in all venues, including ancillary events and all social gatherings.

### Expected Behaviors for Participants Include

- Exercising consideration and respect in speech and actions.
- Refraining from demeaning, discriminatory or harassing behavior and speech.
- Contributing to a positive and valuable experience for all participants.
- Being mindful of your surroundings and of fellow participants. Alert ACSM staff if you notice a dangerous situation, someone in distress or violations of this code of conduct.

### Unacceptable Behaviors

- Intimidating, harassing, abusive, discriminatory, derogatory or demeaning speech or actions by any participant at the ACSM annual meeting and any related events.
- Harmful or prejudicial verbal or written comments or visual images related to gender, sexual orientation, race, religion, disability or other personal characteristics.
- Inappropriate use of nudity and/or sexual images in public spaces (including presentation slides).
- Deliberate intimidation, stalking or following of other participants.
- Harassing photography.
- Disregarding presenter/author request that attendees not photograph presentations and posters.
- Video and/or audio recording of other participants without their knowledge or consent.
- Recording of scientific and other sessions without the

expressed permission of the participants.

- Intentional and sustained disruption of scientific sessions or other events that negatively impacts the experience for other participants.
- Unwelcome and uninvited attention or contact.
- Physical assault (including unwelcome touch or other physical contact).
- Real or implied threat of physical harm.
- Real or implied threat of professional or financial damage or harm.

### What to Do if You Witness or Experience Conduct that Violates the Code

The ACSM staff can help participants contact convention center/hotel/venue security or local law enforcement, and otherwise assist those experiencing harassment or other violations of this code of conduct, to enable them to feel safe and to ensure a positive experience for the duration of the annual meeting. We value your attendance, and want to make your experience as productive and professionally stimulating as possible.

If you have an emergency at any time during move-in, the event or move out, please contact the GWCCA Department of Public Safety at 404-223-4911 to activate emergency response personnel.

### Consequences of Unacceptable Behavior

Unacceptable behavior from any participant at the annual meeting, including attendees, sponsors, exhibitors, contractors, volunteer leaders, vendors and/or venue staff, will not be tolerated. Anyone asked to stop unacceptable behavior is expected to comply immediately.

If a participant engages in unacceptable behavior, ACSM staff may take any action they deem appropriate, including removal from the annual meeting, without refund and/or barring from future ACSM meetings. Egregious violations will result in more severe sanctions, including the possibility of reporting to local law enforcement.





# ACSM 2025 **EXHIBIT GUIDE**

Location

#ACSM25

## **Opening Reception:**

Wednesday, May 29 5:30 – 6:30 p.m.

## **Exhibit Hall Hours:**

Wednesday, May 28 1 – 7 p.m.

Thursday, May 29 9:30 a.m. to 5 p.m.

Friday, May 30 9:30 a.m. to 2 p.m.

[acsm.org/annual-meeting/](https://acsm.org/annual-meeting/)



# Index of Exhibitors\*

Listed on the following pages are the companies, universities, agencies and organizations participating in the 2025 ACSM Annual Meeting Exposition Hall. In addition to making time for your favorites, please plan to visit our new exhibitors as well.

Exhibitors on this page who are ACSM sponsors are listed in boldface. Their listing in the exhibit guide also is highlighted with a shaded purple box.

## Alphabetical Order

Activinsights 421  
 AEI Technologies 408  
 American College of Sports Medicine ACSM 409  
 ACSM Career Center 122  
 AMTI 417  
 Arrow 422  
 Artinis Medical Systems BV 609  
 AtCor 819  
 Bertec Corporation 519  
 Beyond Power308  
 BIOPAC Systems, Inc. 516  
 BODYCAP 210  
 Bowling Green State University 120  
 BraceLab 112  
 BrainScope 423  
 Brooks Sports Inc. 321  
 BTS Bioengineering 904  
 Calmoseptine, Inc. 216  
 Catawba College. 223  
 Chengdu Sports University - Sport Medicine and Health Science journal 322  
 Clarius Mobile Health 211  
 Clinical Exercise Physiology Association (CEPA) 419  
 Clix Therapy 810  
 Cometa Systems 401  
 Computer Sports Medicine Inc (CSMi) 309  
 CORTEX Biophysik GmbH 617  
 COSMED 505 & 509  
 Dartfish USA 704  
 Delsys Inc. 700  
 Esaote North America 711  
 Fitabase 217  
 Fitbiomics 906  
 Florida Gulf Coast University 809  
**Forrest T. Jones & Company, Inc. 414**  
**Gatorade Sports Science Institute 205**  
 Global Health and Body Composition 621  
 Goode Health 502  
 Health Currency Ltd 910  
 HealthCare International 301  
 Henka LLC 222  
 HOKA 805  
 Hologic 314  
 Human Kinetics 503  
 HUR USA 500  
 ISS, Inc 403  
 IWorx Systems Inc. 718  
*Journal of Sport and Health Science* 605  
 Kistler Instrument Corporation 110  
 Labfront 310  
 Lafayette Instrument 501  
 Lipscomb University | Exercise & Human Performance Graduate Program 814  
 Lode b.v./ Electra-Med Corporation 399  
 MedTech International Group 118  
 MGC Diagnostics 600  
 Motion Analysis Corporation 117  
 Moveshelf 522  
 Moxy Monitor 619  
**National Strength and Conditioning Association (NSCA) 219**  
 Noraxon USA 517  
 Northeast College of Health Sciences 108  
 Nova Biomedical 416  
 Novel Electronics Inc 802  
 OxeFit 816  
 PAL Technologies booth 218  
 Point Loma Nazarene University Kinesiology Dept 224  
 Qualisys 705  
 Qubit Systems Inc. 317  
 RunEasi 708  
 RX Sports 214  
 Shimmer Research Ltd 614  
 Simi Reality Motion Systems 523  
 SoftWave TRT 804  
 Sports Resource Group, Inc/ lactate.com 116  
 Springer Nature 717  
 Tascom Co, Ltd 119  
**Technogym 209**  
 The MotionMonitor 111  
 Theia Markerless 208  
**Therabody 109**  
**Timeline 418**  
 Tradeline LLC 524  
 U.S. Jaclean, Inc. 719  
 US Navy Medical Recruiting 721  
 VacuMed 709  
 VALD Group 311  
 Ventriject 811  
**Vertex Pharmaceuticals 514**  
 Vicon 800  
 VO2 Master Health Sensors 701  
 Wake Forest University 618  
 Wellcoaches 318  
**Wolters Kluwer 601**  
**Woodway 611**  
 World Athletics 817  
 Xsens | Movella 319  
 Xsensor Technology Corporation 518

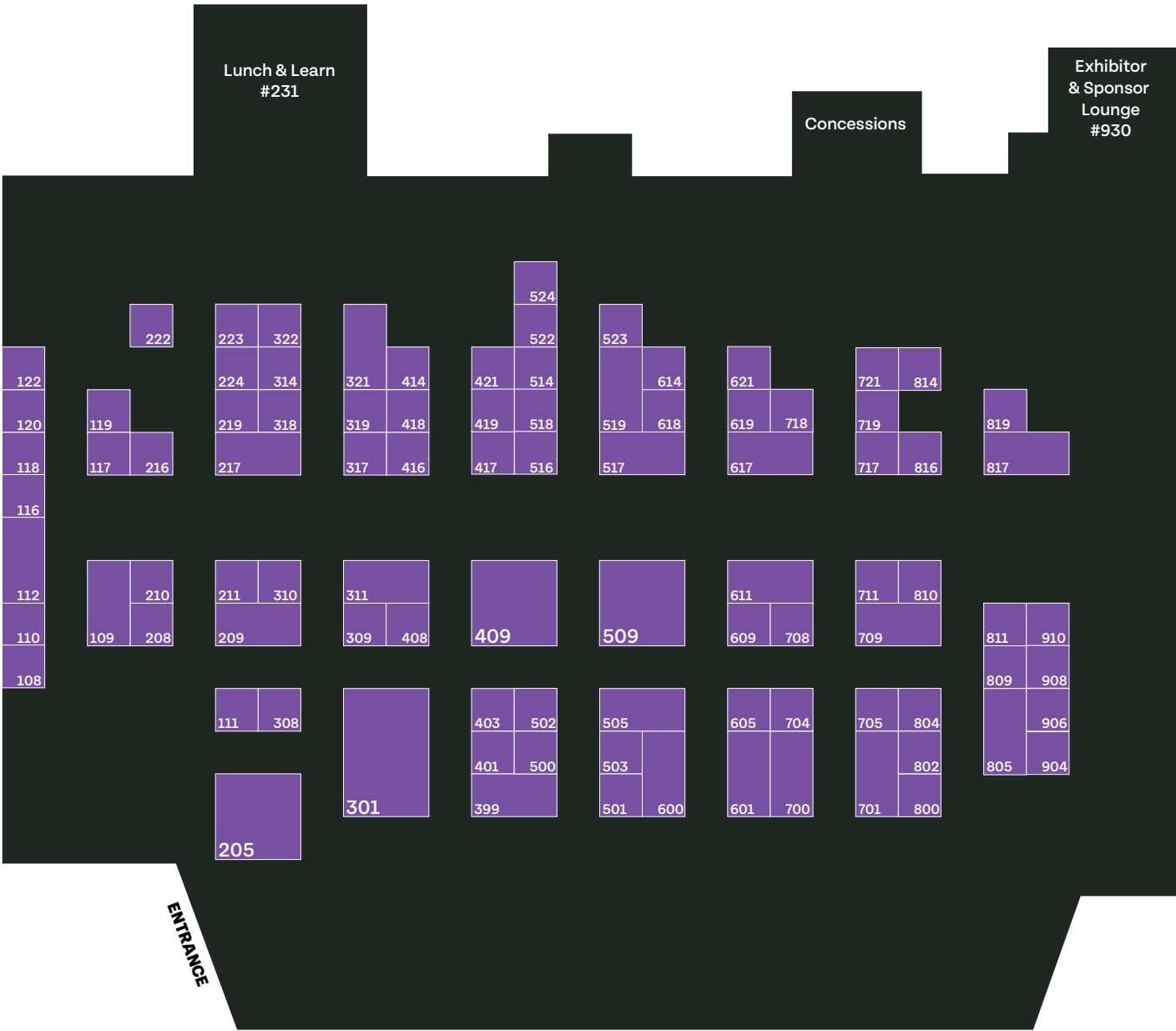
## Booth Order

108 Northeast College of Health Sciences  
**109 Therabody**  
 110 Kistler Instrument Corporation  
 111 The MotionMonitor  
 112 BraceLab  
 116 Sports Resource Group, Inc/ lactate.com  
 117 Motion Analysis Corporation  
 118 MedTech International Group  
 119 Tascom Co. Ltd  
 120 Bowling Green State University  
 122 ACSM Career Center  
**205 Gatorade Sports Science Institute**  
 208 Theia Markerless  
**209 Technogym**  
 210 BODYCAP  
 214 RX sports  
 211 Clarius Mobile Health  
 217 Fitabase  
 218 PAL Technologies  
**219 National Strength and Conditioning Association (NSCA)**  
 216 Calmoseptine, Inc.  
 222 Henka LLC  
 223 Catawba College  
 224 Point Loma Nazarene University Kinesiology Dept.  
 301 HealthCare International  
 308 Beyond Power  
 309 Computer Sports Medicine Inc (CSMi)  
 310 Labfront  
 311 VALD Group  
 314 Hologic  
 317 Qubit Systems Inc.  
 318 Wellcoaches  
 319 Xsens | Movella  
 321 Brooks Sports Inc.  
 322 Chengdu Sports University – Sports Medicine and Health Science Journal  
 399 Lode b.v./ Electra-Med Corporation  
 401 Cometa Systems  
 403 ISS, Inc  
 408 AEI Technologies  
 409 American College of Sports Medicine® (ACSM)  
**414 Forrest T. Jones & Company, Inc.**  
 416 Nova Biomedical  
 417 AMTI  
**418 Timeline**  
 419 Clinical Exercise Physiology Association (CEPA)  
 421 ActivInsights  
 422 Arrow  
 423 BrainScope  
 500 HUR USA  
 501 Lafayette Instrument  
 502 Goode Health  
 503 Human Kinetics  
 505 & 509 COSMED  
**514 Vertex Pharmaceuticals**  
 516 BIOPAC Systems, Inc.  
 517 Noraxon USA  
 518 XSENSOR Technology Corporation  
 519 Bertec Corporation  
 522 Moveshelf  
 523 Simi Reality Motion Systems  
 524 Tradeline LLC  
 600 MGC Diagnostics  
**601 Wolters Kluwer**  
*605 Journal of Sport and Health Science*  
 609 Artinis Medical Systems BV  
**611 Woodway**  
 614 Shimmer Research Ltd  
 617 CORTEX Biophysik GmbH  
 618 Wake Forest University  
 619 Moxy Monitor  
 621 Global Health and Body Composition  
 700 Delsys Inc.  
 701 VO2 Master Health Sensors, Inc  
 704 Dartfish USA  
 705 Qualisys  
 708 RunEasi  
 709 VacuMed  
 711 Esaote North America  
 717 Springer Nature  
 718 IWorx Systems Inc.  
 719 U.S. Jaclean, Inc.  
 721 US Navy Medical Recruiting  
 800 Vicon  
 802 Novel Electronics Inc  
 804 SoftWave TRT  
 805 HOKA  
 809 Florida Gulf Coast University  
 810 Clix Therapy  
 811 Ventriject  
 814 Lipscomb University Kinesiology-Nashville, TN  
 816 OxeFit  
 817 World Athletics  
 819 AtCor  
 904 BTS Bioengineering  
 906 Fitbiomics  
 910 Health Currency Ltd

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# Exhibit Hall Floor Plan



#### **421 ActivInsights**

6 Nene Road  
Bitcon Industrial Park  
Kimbolton, PE28 0LF UK  
[heathers@activinsights.com](mailto:heathers@activinsights.com)

Delivering activity, sleep and lifestyle insight, we simplify access to real-world patient data with our wearables, connected technologies and secure data infrastructure. With a commitment to improving global public health, ActivInsights is enhancing clinical practice and improving disease management.

[activinsights.com](http://activinsights.com)

#### **408 AEI Technologies**

201 Hunters Crossing Blvd.  
Suite 10-171  
Bastrop, TX 78602  
[ethan@aeitechnologies.com](mailto:ethan@aeitechnologies.com)

Metabolic testing equipment and analyzers

[Aeitechnologies.com](http://Aeitechnologies.com)

#### **409 American College of Sports Medicine. (ACSM)**

6150 Telecom Drive  
Suite 200  
Indianapolis, IN 46278  
[exhibits@acsm.org](mailto:exhibits@acsm.org)

ACSM is the largest sports medicine and exercise science organization in the world, with nearly 50,000 international, national and regional members and certified fitness professionals.

[acsm.org](http://acsm.org)

#### **122 ACSM Career Center**

1430 Spring Hill Road, 6th Fl  
McLean, VA  
[Destiny.hastings@naylor.com](mailto:Destiny.hastings@naylor.com)

#### **417 AMTI**

176 Waltham St.  
Watertown, MA 02472  
[terryg@amtimail.com](mailto:terryg@amtimail.com)

AMTI is a world leader in multi-axis force platform technology. We understand the importance of accuracy and precision in scientific research and health care. Our unique OPTIMA performance system offers a 10-fold improvement in accuracy over any other force platform on the market. Whether studying gait, balance, sports or more, researchers and clinicians worldwide rely on AMTI to provide instrumentation with the highest performance. Shouldn't you? Visit AMTI at booth 417 or [Amti.biz](http://Amti.biz) to learn more about what we have to offer.

[Amti.biz](http://Amti.biz)

#### **422 Arrow**

500 7th Ave  
New York, New York 10018  
[Roshan@arrowhq.com](mailto:Roshan@arrowhq.com)  
[arrowhq.com](http://arrowhq.com)

#### **609 Artinis Medical Systems BV**

Einsteinweg 17, 6662 PW Elst, The Neatherlands  
Gelderland, 6662 PW Netherlands  
[willy@artinis.com](mailto:willy@artinis.com)

We are an innovative Dutch company active in the field of medical research and quality assurance. Our goal is to make optical imaging easy. Coming from the research field ourselves, we have a lot of experience in optical oximetry, especially near infrared spectroscopy. Our highly portable and multichannel NIRS and ExG devices can be used to monitor oxygen supply non-invasively in both brain and muscle tissue.

[Artinis.com](http://Artinis.com)

#### **819 AtCor**

184 Shuman Blvd.  
Naperville, Illinois 60563  
[rruffhead@atcormedical.com](mailto:rruffhead@atcormedical.com)  
[atcormedical.com](http://atcormedical.com)

#### **519 Bertec Corporation**

2500 Citygate Dr  
Columbus, OH 43219  
[dilara.casey@bertec.com](mailto:dilara.casey@bertec.com)  
[Bertec.com](http://Bertec.com)

#### **308 Beyond Power**

2093 Philadelphia Pike # 9965  
Claymont, DE 19703  
[serena.ma@beyond-power.com](mailto:serena.ma@beyond-power.com)  
[Beyond-power.com](http://Beyond-power.com)

#### **516 BIOPAC Systems, Inc.**

42 Aero Camino  
Goleta, CA 93105  
[brendad@biopac.com](mailto:brendad@biopac.com)

Physiology data acquisition and analysis systems for research and education.

[Biopac.com](http://Biopac.com)

### **210 BODYCAP**

3 rue du Docteur Laennec  
14200 Herouville Saint Clair, France  
[contact@bodycap.io](mailto:contact@bodycap.io)

BodyCAP develops, industrializes and markets innovative miniaturized and wireless monitoring system adapted to various fields of application. As the temperature variable is a key indicator of physiological status, the eCelsius Performance system is based on an ingestible capsule that allows reliable, accurate and continuous core body temperature monitoring.

[Bodycap-medical.com](http://Bodycap-medical.com)

### **120 Bowling Green State University**

105 Health and Human Services  
Bowling Green, OH 43403-4402  
[yeungm@bgsu.edu](mailto:yeungm@bgsu.edu)  
[Bgsu.edu/](http://Bgsu.edu/)

### **112 BraceLab**

4700 Homewood Ct, Suite 112  
Raleigh, NC 27609  
[egilmore@bracelab.com](mailto:egilmore@bracelab.com)

BraceLab provides anatomically precise, premium-quality braces that maximize support and function. Offering sleek, comfortable alternatives to traditional options, BraceLab empowers individuals and medical professionals to achieve optimal outcomes and keep doing what they love.

[bracelab.com](http://bracelab.com)

### **423 BrainScope**

Mission Viejo, California 92691  
22922 Los Alisos BLVD STE K  
[chris.randby@brainscope.com](mailto:chris.randby@brainscope.com);  
[clayton.collier@brainscope.com](mailto:clayton.collier@brainscope.com)

BrainScope is the only FDA cleared non-invasive medical device that objectively assesses head injured patients for both brain bleeds and concussion at point of care.

[brainscope.com](http://brainscope.com)

### **321 Brooks Sports Inc.**

3400 Stone Way N Suite 500  
Seattle, WA 98103  
[sports.med@brooksrunning.com](mailto:sports.med@brooksrunning.com)

Our mission is to inspire everyone to run their path to a better self.

[Brooks.running.com](http://Brooks.running.com)

### **904 BTS Bioengineering**

Viale Forlanini 40, 20024  
Garbagnate Milanese (Mil) Italy  
[marta.corra@btsbioengineering.com](mailto:marta.corra@btsbioengineering.com)

BTS Bioengineering develops cutting-edge motion capture technologies for the health care and sport sector, aiming to help people overcome mobility limitations and enhance their performance. Their tools are designed for professionals to achieve accurate analysis and effective therapies.

[Btsbioengineering.com](http://Btsbioengineering.com)

### **216 Calmoseptine, Inc.**

16602 Burke Lane  
Huntington Beach, CA 92647  
[Info@Calmoseptine.com](mailto:Info@Calmoseptine.com)

Calmoseptine® Ointment is a multipurpose moisture barrier that protects and helps heal skin irritations. Calmoseptine® temporarily relieves discomfort and itching. Free samples at our booth.

[Calmoseptine.com](http://Calmoseptine.com)

### **223 Catawba College**

2300 W. Innes Street  
Salisbury, NC 28144  
[ashim@catawba.edu](mailto:ashim@catawba.edu)  
[Catawba.edu](http://Catawba.edu)

### **322 Chengdu Sports University – Sports Medicine and Health Science Journal Western China**

1942 Huanhu North Road, East New Area  
424-426 Office Building, Chengdu Sport University  
Chengdu, Sichuan  
Western China  
[Smhs@cdsu.edu.cn](mailto:Smhs@cdsu.edu.cn)

### **211 Clarius Mobile Health**

2980 Virtual Way #205  
Vancouver, BC V5M 4X3 Canada  
[christy.qiang@clarius.com](mailto:christy.qiang@clarius.com)

Clarius HD3 wireless ultrasound scanners are now 30% smaller, more affordable and AI-powered with an Advanced MSK Package to optimize imaging and streamline workflows for sports medicine!

[Clarius.com](http://Clarius.com)

### **810 Clix Therapy**

33 SW 2nd Ave #1102  
Miami, FL 33130  
[admin@clixtherapy.com](mailto:admin@clixtherapy.com)

We manufacture and sell reusable hot & cold gel packs in various sizes.

[Clixtherapy.com](http://Clixtherapy.com)

#### **419 Clinical Exercise Physiology Association (CEPA)**

6510 Telecom Dr. Suite 200  
Indianapolis, IN 46278  
[cepa.esecretary@gmail.com](mailto:cepa.esecretary@gmail.com)

The purpose of CEPA is to advance the scientific and practical application of clinical exercise physiology for the betterment of the health, fitness and quality of life for patients at high risk or living with a chronic disease. The aim of CEPA is to advance the profession of clinical exercise physiology through advocacy, education and career development.

#### **401 Cometa Systems**

County Road 7560  
Newburg, MO 65550  
[sales@cometasystems.com](mailto:sales@cometasystems.com)

Wireless EMG systems  
[Cometasystems.com](http://Cometasystems.com)

#### **309 Computer Sports Medicine Inc (CSMi)**

101 Tosca Drive  
Stoughton, MA 02072  
[info@csmisolutions.com](mailto:info@csmisolutions.com)  
[rob.potash@csmisolutions.com](mailto:rob.potash@csmisolutions.com)

We manufacture the HUMAC NORM and HUMAC BIKE Isokinetic Systems. Stop by our booth for a demonstration.

[Csmisolutions.com](http://Csmisolutions.com)

#### **617 CORTEX Biophysik GmbH**

Walter-Köhn-Str. 2d  
04356 Leipzig/Germany  
[info@cortex-medical.com](mailto:info@cortex-medical.com)  
[marketing@cortex-medical.com](mailto:marketing@cortex-medical.com)

CORTEX is a world market leader in mobile performance testing represented in medical, sports and fitness. With the product lines METALYZER® and METAMAX®, the company leads the mobile and portable cardiopulmonary diagnostics to high performance.

[Cortex-medical.com](http://Cortex-medical.com)

#### **505 & 509 COSMED**

1850 Bates Ave  
Concord, CA 94520  
[USA@cosmed.com](mailto:USA@cosmed.com)  
[ascotfield@cosmed.com](mailto:ascotfield@cosmed.com)

COSMED provides a complete portfolio of gold standard solutions for performance testing, including exercise testing, metabolic assessment and body composition analysis. Key products include the K5 Wearable Metabolic System, the Q-NRG Metabolic Monitor and the BOD POD GS-X Body Composition System. We also provide a comprehensive software solution called OMNIA that seamlessly integrates all products & data together to allow for analysis and trending.

[Cosmed.com](http://Cosmed.com)

#### **704 Dartfish USA**

11373 Southbridge Parkway, Suite A  
Alpharetta, GA 30022  
[gina.fogue@dartfish.com](mailto:gina.fogue@dartfish.com)

Video analysis solutions for sports performance. Use video and data analysis to detect vulnerabilities. Decide what to focus on and develop technical and tactical strategies to improve performance and reduce injuries. Dartfish solutions give specialists, coaches and medical professionals an edge in analyzing potential biomechanical inefficiencies in athletes or patients, improving and increasing performance with accuracy and efficiency.

[Dartfish.com](http://Dartfish.com)

#### **700 Delsys Inc.**

23 Strathmore Road  
Natick, MA 01760  
[blewis@delsys.com](mailto:blewis@delsys.com)

Delsys is the worldwide leader in the design, manufacture and marketing of a portfolio of high performance electromyography instruments.

[Delsys.com](http://Delsys.com)

#### **711 Esaote North America**

11907 Exit Five Parkway  
Fishers, IN 46037  
[chris.wickard@esaote.com](mailto:chris.wickard@esaote.com)

Esaote North America, Indianapolis, part of the Esaote group, an Italian medical device manufacturer, is a leader in ultrasound and MRI systems for orthopedic practices. Esaote's dedicated MRI systems, the Magnifico, S-scan, O-scan and G-scan, meet practice environment parameters for flexible installation and cost-effective access to imaging. The MyLab ultrasound line offers unique MSK features, providing transition for both diagnostic and interventional orthopedic needs. Give your patients comprehensive diagnostic services; visit Esaote at [Esaoteusa.com](http://Esaoteusa.com).

#### **217 Fitabase**

4705 35th St.  
San Diego, CA 92116  
[hello@fitabase.com](mailto:hello@fitabase.com)

Fitabase offers a robust data management and messaging platform designed to help researchers of all types remotely collect activity, sleep, weight and nutrition information from participants and communicate directly with them in near-real time. Fitabase has supported over 1,000 academic and clinical projects using Fitbit and Garmin devices and has helped labs push the boundaries of research messaging by working with them to introduce text message experiences, and even novel algorithms.

[Fitabase.com](http://Fitabase.com)

### 906 Fitbiomics

180 Varick st, 6th Floor  
New York, New York 10014

[yesenia.aguirre@fitbiomics.com](mailto:yesenia.aguirre@fitbiomics.com)

FitBiomics is rapidly translating the microbiome of the most fit people in the world into next-generation probiotics for health and longevity solutions. Spun out of the Wyss Institute for Biologically Inspired Engineering, at Harvard, we have created a suite of **clinically validated** microbiome innovations to address critical health needs. Our first product, Nella, is the only probiotic clinically validated for both **sleep** and **gut** health, leveraging gut-immune-brain benefits to reduce oxidative stress and inflammation. Our latest innovation, V•Nella is a novel probiotic that naturally eats lactic acid in the gut to reduce **fatigue** and promote **endurance & physical activity**. VNella represents a new paradigm for metabolic health, leveraging the gut to power mitochondria and muscles. We have a bold vision to fundamentally change the way we optimize our bodies, helping people to move and function better.

[fitbiomics.com](http://fitbiomics.com)

### 809 Florida Gulf Coast University

10501 FBCU Blvd S  
Fort Myers, Florida 33965

[eshamus@fgcu.edu](mailto:eshamus@fgcu.edu)

[fgcu.edu/mariebcollege](http://fgcu.edu/mariebcollege)

### 414 Forrest T. Jones & Company, Inc.

3130 Broadway Blvd  
Kansas City, MO 64111

[mrwilliams@ftj.com](mailto:mrwilliams@ftj.com)

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### 205 Gatorade Sports Science Institute

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Valhalla, NY 10595

[GlobalGSSIEducation@pepsico.com](mailto:GlobalGSSIEducation@pepsico.com)

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[Gssiweb.org/en](http://Gssiweb.org/en)

### 621 Global Health and Body Composition Institute

3017 N Gaia Place  
Tucson, Arizona 85745

Laurie Milliken

[stoney15.5@gmail.com](mailto:stoney15.5@gmail.com)

GHBCI is your trusted source for body composition assessment training and interpretation. We specialize in educating professionals and the public on the measurement of body composition for health and the prevention of body composition-related diseases.

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[kaizenusa.net/](http://kaizenusa.net/)

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[ignazio.aleo@moveshelf.com](mailto:ignazio.aleo@moveshelf.com)

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[greg.nockleby@nsca.com](mailto:greg.nockleby@nsca.com)

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[nsca.com](https://nsca.com)

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[info@noraxon.com](mailto:info@noraxon.com)

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[mlove@northeastcollege.edu](mailto:mlove@northeastcollege.edu)

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### **218 Point Loma Nazarene University Kinesiology Dept.**

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### **705 Qualisys**

1603 Barclay Blvd  
Buffalo Grove, IL 60089  
[Sales@qualisys.com](mailto:Sales@qualisys.com)  
[Stephanie.Knustrom@qualisys.com](mailto:Stephanie.Knustrom@qualisys.com)

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[Qualisys.com](http://Qualisys.com)

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1573 John Counter Blvd.  
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[billie@qubitsystems.com](mailto:billie@qubitsystems.com)

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[Voco-cpx.com](http://Voco-cpx.com)

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[Runeasi.ai](http://Runeasi.ai)

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[tascom.org](https://tascom.org)

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[themotionmonitor.com](https://themotionmonitor.com)

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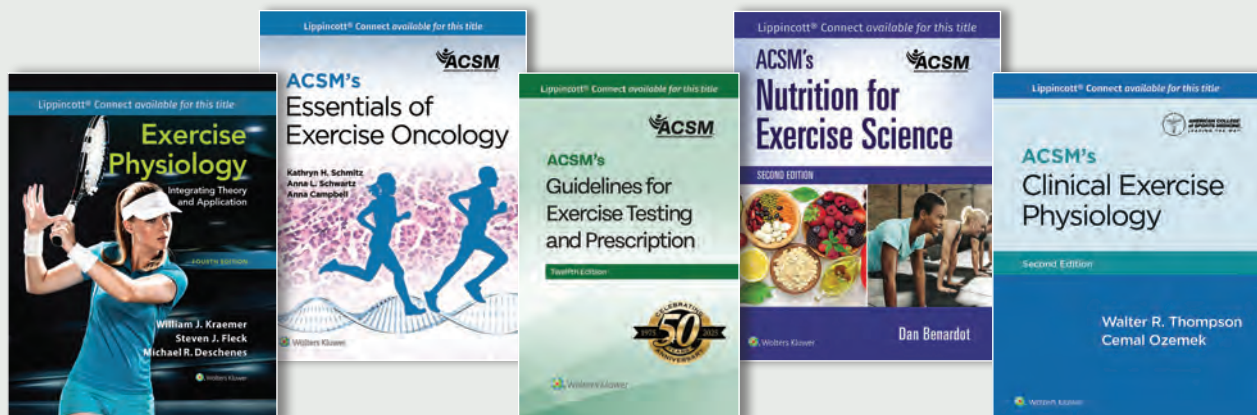


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### Josephine L. Rathbone & Barbara L. Drinkwater Memorial Breakfast **My Career: Lots of S Curves, Lots of Mentors**

**Thursday:** 6:20 – 8 a.m.

**Room:** Signia by Hilton-Triumph Ballroom E  
Stella L. Volpe, PhD, RDN, FACSM, ACSM-CEP

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### ACSM Honors

**Friday:** 5:45 – 8:30 p.m.

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### **Solutions Showcase: Beyond the Treadmill: Introducing Woodway Altitude & Environmental Chambers**

**Wednesday:** 2:30 – 3:15 p.m.

**Location:** Exhibit Hall in the Lunch & Learn Space

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**Friday:** 11:30 a.m. to 12:20 p.m.

**Room:** CC-C101  
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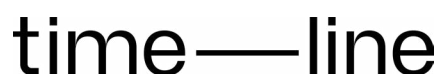
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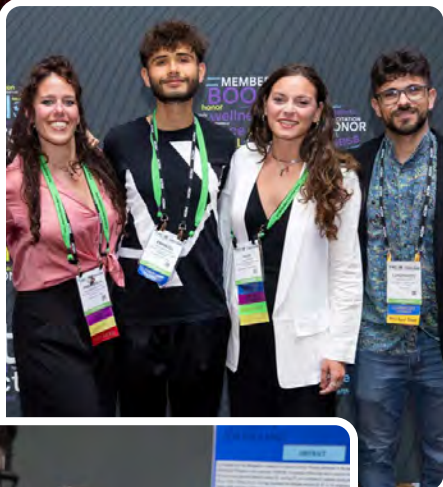
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