

About the World Heart Games

In 1990, the Georgia Association of Cardiopulmonary Rehabilitation began sponsoring the Heart of Gold Games. Cardiac rehabilitation programs from around the state sent teams to compete in several events. This concept led to the creation of the AACVPR International Heart & Lung Games of 2003 and 2006. In 2010 the games evolved into the ACSM World Heart Games. Teams throughout the U.S. participated in 2010. The games were held next in Atlanta, Georgia in 2013, in Charlotte, North Carolina in 2016 and in Hickory, North Carolina at Lenoir-Rhyne University for 2019 and 2022, with growing participation and involvement. In keeping with the Olympic motto – Citius, Altius, Fortius (faster, higher, stronger) the World Heart Games motto is now Sapientior, Fortius, Sanior (wiser, stronger, healthier)!



The American College of Sports Medicine® (ACSM) serves as the largest sports medicine and exercise science organization in the world, with nearly 50,000 international, national and regional members and certified fitness professionals. All are dedicated to ACSM's mission to educate and empower professionals to advance the science and practice of health and human performance.



The American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) is a multidisciplinary professional association comprised of health professionals who serve in the field of cardiac and pulmonary rehabilitation.

Members include cardiovascular and pulmonary physicians, nurses, exercise physiologists, physical therapists, behavioral scientists, respiratory therapists, dietitians and nutritionists.

AACVPR is committed to the continued professional development of the members through networking and educational opportunities.

About Piedmont University



Founded in 1897, Piedmont University is a private, comprehensive liberal arts institution offering a personalized higher education experience focused on student success, academic achievement, and professional development. Offering a variety of career-oriented majors in the arts and sciences, business, education, and nursing, Piedmont's supportive learning environment is defined by small class sizes, with a 12:1 ratio, that allow students to create meaningful relationships with their professors, classmates, and the campus community. Piedmont's idyllic, 390-acre residential campus is nestled in the foothills of the north Georgia mountains, with a satellite campus situated in the heart of downtown Athens.

About Tallulah Falls School

Tallulah Falls School, located in Tallulah Falls, Georgia on a breathtaking 500-acre mountain campus near lakes, trails, and Tallulah Gorge, is an independent, coeducational boarding and day school serving over 500 students in grades four through 12 among 31 countries. The TFS mission is to prepare students to thrive in life by elevating character and intellect in a challenging and diverse college preparatory environment.

Area Attractions of Interest

- Johnny Mize Baseball Museum
- Tallulah Gorge State Park
- Alpine Helen, Georgia

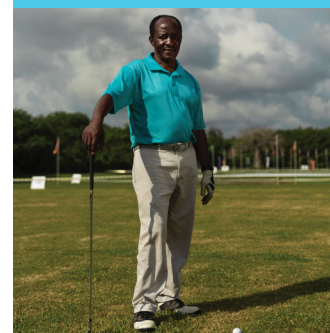
2025 World Heart Games Committee

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With special thanks to The Mended Hearts, Inc

World Heart Games

Reclaiming the Joy of Sports



June 20-21, 2025

**Piedmont University & Tallulah Falls School in
Habersham County, Georgia**

www.acsm.org/whg2025



Partner



Partner



Let's Get Moving – Come to the World Heart Games!

June 20-21, 2025

**Piedmont University & Tallulah Falls
School in Habersham County, Georgia**

Join us for the 2025 World Heart Games on the beautiful campus of Piedmont University & Tallulah Falls School in Habersham County, Georgia on June 20-21, 2025. As an Olympic-style event, the World Heart Games provide two days of safe, fun and relational competition for those who have experienced a cardiopulmonary event or live with risk factors.

These team-based and individual events will foster a competitive spirit and a healthy lifestyle. All skill levels are welcomed to participate and can do so as a team or as an individual. Don't have a team? Individuals can get paired for team-based events after registering. Athletes can compete in a wide variety of challenging, yet safe activities. These provide a monitored and competitive way for the participants to be active in a way that they are physically comfortable.



Olympic-Style Competition for Those with Cardiovascular Disease or with Risk Factors



If you have heart disease or have been told you have risk factors for heart disease, we invite you to participate—and, you don't even need to be on a team. Of course, we also want cardiac rehabilitation teams to join us and register! If you are a health care professional working in cardiac rehab, be a leader by putting together your own team for the World Heart Games. Other staff, interns and participants can play a vital role in organizing—don't forget to recruit a team captain!

Individual Events:

- Basketball Shooting (Men & Women)
- Bowling
- Disc Golf
- Game of Knowledge
- Golf Putting
- Horseshoes
- Prediction Walk, Jog, Airdyne Bike, Nustep, Row and Swim
- Soccer Shoot (Men & Women)
- Softball Throw (Men & Women)
- Table Tennis
- Tennis Singles

Team-Based Events:

- Bean Bag Toss/Cornhole
- Golf (2-man scramble)
- Pickleball (Doubles)
- Tennis (Doubles)
- Volleyball



Scholarships Available

AACVPR Scholarships: Five \$1,000 scholarships are available to teams of at least two athletes from programs in the United States. Applicants will be reviewed by an AACVPR Committee based on criteria listed on the application. Applications will be available on the website in early fall 2024.

For more information, including registration, fundraising ideas, scholarship applications and details and rules on specific events, scan this QR code:

