Certified Clinical Exercise Physiologist Application

Application Requirements

- ☐ Application Form
- ☐ Official copy of college/ university transcript noting degree completion
- □ Summary description
 of the program of study
 with the list of required
 courses with course
 descriptions as written in
 the course catalog (not
 applicable for graduates
 of CAAHEP/CoAES
 programs)
- ☐ Clinical experience documentation
- ☐ Copy of BLS or CPR for the professional rescuer certification

Once approved, candidates register for the exam pearsonvue. com/acsm. If special accommodations are required, refer to the Candidate Handbook for details.

If the applicant does not meet the eligibility requirements, exam fees will be fully refunded.

Clinical Experience Documentation Requirements

Instructions: Outline clinical experience by including setting with facility name and actual contact hours by condition. Please specify any hands-on experience in a clinical/hospital setting where you are completing clinical exercise testing, clinical exercise prescription and clinical exercise training, as well as reading EKGs.

Name of Facility: Identify the name of the facility and supervisor contact information.	Location: Meriter Hospital and St Mary's Hospital, Madison WI Supervisor Name: Supervisor Email:
Listing of Hours: Only list actual dates/hours worked.	Start date: 05/2019 and 06/2021 End date: 08/2019 and 08/2021 Total hands-on hours at this location: 430 and 312 (742 hours)
Type of Experience:	□ Professional ☑ Student/Internship □ Volunteer
Type of Setting:	☐ Hospital ☐ Outpatient Clinic ☐ Exercise Testing Lab ☐ Other
Briefly describe experience: Include a paragraph of experience, attach job/ internship description, attach resume/CV, etc.	I was an intern in cardiac rehab at Meriter Hospital in Madison WI during the summer of 2019. I had a second internship at St Mary's Hospital in Madison WI during the summer of 2021. At both of these internships, I worked with patients in cardiac and pulmonary rehab. I assisted in getting patients ready for classes, hooking them up to telemetry to monitor their EKG, and would get patients vitals at rest and during exercise (HR, BP, O2, RPE, METs). I went through educational sheets with patients on their comorbities and how to have a healthier lifestyle going forward. I monitored patients EKGs with help from staff. I assisted in prescribing exercise to patients as they progressed through their program. I currently work in cardiology at St Mary's Hospital doing stress tests on patients. I preform chemical and exercise stress tests. I monitor patients EKG and vitals throughout the stress test and ask them how they are doing. I also place holter and event monitors on patients to monitor their heart rate and rhythm.

ACSM Candidate Handbook 35