

2024 ANNUAL MEETING

NOVEMBER 1 & 2 LANCASTER, PA

DAY 1: KEYNOTE SPEAKER

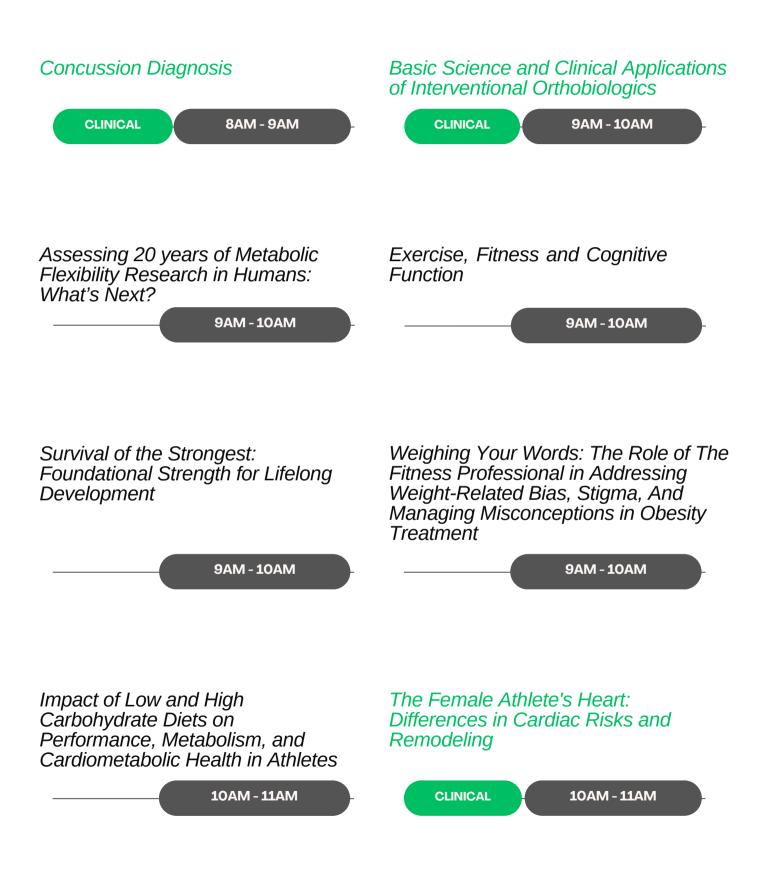
SEX AND GENDER CONSIDERATIONS IN VASCULAR EXERCISE PHYSIOLOGY



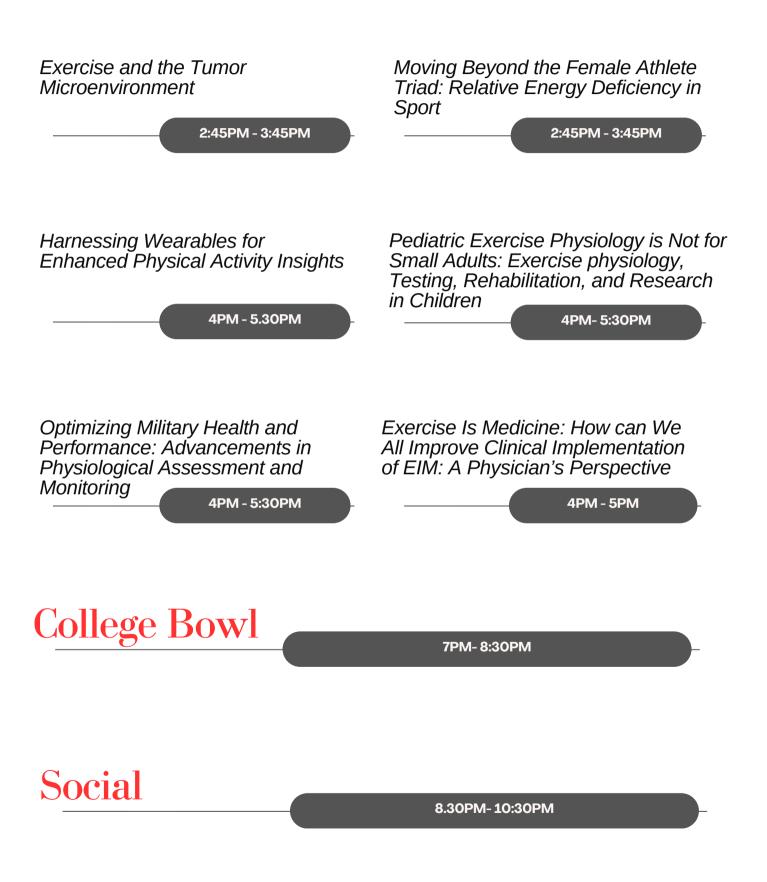
DR. MAUREEN MACDONALD

11:15AM - 12:30PM HERITAGE BALLROOM

<u>Day 1 - Pre Lunch</u>







DAY 2: PAST PRESIDENT LECTURE

RESISTANCE EXERCISE AND ARTERIAL STIFFNESS: SOMETHING OLD, SOMETHING NEW, SOMETHING BORROWED AND SOMETHING BLUE



DR. KEVIN HEFFERNAN

11AM - 12:15PM HERITAGE BALLROOM

Day 2

Clinical Biomechanics - Patient Driven Interventions

8AM - 9:15AM

Interaction of Gut Microbiota, Metabolomics, and Chronobiology for Lifestyle Mediated Health

8AM - 9:30AM

Head Trauma as a Lifelong Condition: From Repetitive Head Impacts to Traumatic Brain Injury

8AM - 9:30AM

The Implications of Sodium on Cardiovascular Health

9:30AM - 11:00AM

Cliff's Notes on: Abstract, Posters, and Presentations: How to wow with your science

9:30AM - 11AM

Musculoskeletal Injury and Physical Performance-related Factors in Military Populations

9:30AM - 11AM

Lunch Buffet & Awards

11AM-11:30AM