

ESM Call for Submissions: Sex Differences in Response to Exercise



The American College of Sports Medicine's (ACSM) premier open access journal, [Exercise, Sport, and Movement \(ESM\)](#), announces a call for article submissions on the topic of **sex differences in response to exercise**.

Guest Editors:

Kimberley L. Way, PhD, AES-AEP (ESSAM) (ESM Associate Editor-in-Chief)
Deakin University

Tasuku Terada, PhD, ACSM-CEP (ESM Editorial Board Member)
University of Nottingham

Jennifer L. Reed, RKin, PhD
University of Ottawa Heart Institute

Deadline for submissions: July 1, 2025

Submission, Review, and Publication Information:

ESM welcomes submissions across a broad spectrum, including scientific research, clinical studies, public health initiatives, community programs, and policy discussions in all areas related to sports and exercise medicine, exercise-related physiology, nutrition and metabolism, and physical fitness.

Accepted article types include (please refer to the [ESM Instructions for Authors](#) for more information):

- Original investigations
- Clinical cases
- Systematic reviews and meta-analyses
- Brief reviews
- Graphical reviews
- Registered reports

All submissions to this call for papers are subject to ESM's standard peer review process. Articles accepted for publication will be published online immediately following production and will be included in the "Sex Differences in Response to Exercise" topical collection on the [ESM website](#).

Authors should review the [ESM Instructions for Authors](#) before submitting. Papers must be submitted via our [Editorial Manager submission site](#). ***Please indicate on your title page and in the comments section in Editorial Manager that your paper is for the “Sex Differences in Response to Exercise” call for submissions.***

Please contact the ESM editorial office at esm@acsm.org with any questions.

IMPORTANT NOTE: ESM is a fully open access and authors of accepted articles are required to pay an article processing charge. For more information, please see the [ESM Instructions for Authors](#).



About ESM:

Launched in 2022, ESM is an official journal of ACSM and is ACSM's premier open access journal. ESM is an international peer reviewed journal that uses a continuous publication model. As an open access journal, ESM offers its content for free to any reader and article authors retain the copyright to published material. The scope of the journal is broad, encompassing scientific, clinical, public health, community, and policy topics in all areas related to sports and exercise medicine, exercise-related physiology, nutrition, metabolism, and physical fitness. Manuscripts addressing movement, fitness, exercise, physical activity, health promotion, sport, and prevention and treatment of injury and disease are welcome.