



Prof Ade F. Adeniyi

National Center Director

Prof Ade Fatai Adeniyi

Affiliation

University of Ibadan

National Center Manager

Dr. Kingsley Akinroye

Affiliation

CEO, Nigerian Heart Foundation

Host Institution – The Nigerian Heart Federation

The Nigerian Heart Foundation (NHF) serves as the host institution for the EIM Nigeria National Center. The NHF is a non-profit and non-governmental organization founded in 1992 to promote heart health, scientific research in cardiovascular health, healthy lifestyles, and advocacy on heart issues. The mission of the NHF is to play a leading role in the fight against heart disease and stroke with the aim of reducing the number of Nigerians suffering from premature death and disabilities. The NHF is funded by both public and private sector through cash and in-kind donations. Activities of the NHF include health educational programs for the promotion of healthy lifestyles and to encourage prevention of heart diseases and stroke in workplaces and a homegrown school feeding program promotes the introduction of school feeding and health program for school children for children 2-7 years of age in public schools in Nigeria.



EIM NC Advisory Board

Affiliation

Professor Ade F. Adeniyi	- Director of Physical Activity, Nigerian Heart Foundation - Professor of Physiotherapy, University of Ibadan
Mr. Dele Adetiba	Director of Communication, Nigerian Heart Foundation
Professor S.R.A. Akinbo	Professor of Physiotherapy, University of Lagos
Dr. Kingsley K. Akinroye	Executive Director, Nigerian Heart Foundation
Professor Ken Anugweje	- Director of Sports, University of Port Harcourt Sports Institute - Board Member, Athletic Federation of Nigeria
Dr. Chris Emeruwa	Integrity Officer, Nigerian Football Federation
Professor A.A. Fasanmade	Professor of Medicine, Consultant Endocrinologist, University of Ibadan
Barr Taiwo Lambo	Legal Practitioner, Nigerian Heart Foundation
Professor Akin Osibogun	- Director of Global Health, Nigerian Heart Foundation - Professor of Public Health, University of Lagos
Chief Segun Odegbami	Founder, Segun Odegbami International College and Sports Academy

EIM NC Advisory Board	Affiliation
Professor Ifeoma Okoye	• Professor of Radiation Medicine & Consultant Radiologist, University of Nigeria, Enugu Campus
Professor B.J.C. Onwubere	• Professor of Medicine & Consultant Cardiologist, University of Nigeria
Chief Ademola Sadipe	• Director of Finance, Nigerian Heart Foundation
Professor Andrew E. Uloko	• Professor of Medicine & Consultant Endocrinologist, Bayero University

2025 Goals

- To increase the number of individuals in Nigeria meeting physical activity guidelines
- To increase the number of healthcare professionals who are assessing, prescribing and counselling patients in physical activity by hosting EIM training workshops
- To encourage the appropriate deployment of qualified exercise professionals in the prevention and treatment of chronic disease
- To develop EIM-themed physical activity programs to cut across all age groups
- To expand the EIM On Campus program from the first one (at the University of Ibadan) to other campuses in Southwest Nigeria
- To develop an EIM Ambassador Programme – a community outreach effort aimed at expanding physical activity into the general community by targeting first class royal fathers as ambassadors
- To establish a relationship with the directors of the noncommunicable diseases offices at the federal and state ministries of health

Accomplishments to Date

- Officially established the EIM Nigeria National Center (Oct 2018)
- Partnered with the Nigeria Heart Foundation and the Nigeria Society of Physiotherapy to organize World Physical Activity Day, which was featured on local radio (2021)
- Started an EIM On Campus program at the University of Ibadan (2021)
- Developed a group call the EIM Nigeria Champions – a multidisciplinary group of younger professionals from diverse backgrounds to provide ideas and planning for EIM Nigeria (2020)
- Public presentation of EIM Nigeria (Oct 2019), which received substantial media coverage
- Established a collaborative relationship with the National Institute of Medical Research, an agency of the Ministry of Health
- Partnered with individuals from several academic (University of Nigeria, Bayero University, University of Ibadan, University of Lagos) and non-governmental (Nigerian Heart Foundation, Athletic Federation of Nigeria, Nigerian Football Federation) organizations across Nigeria