



Dr. Kim Jin-Gu

National Center Director
Kim Jin-Gu, M.D., Ph.D.

Affiliation
Hanyang University Myongji Hospital

National Center Manager
Chae-Hee Park, Ph.D.

Affiliation
Korea National Sport University

Host Institution – Myongji Hospital Sports Medical Center

Myongji Hospital Sports Medical Center will serve as the host institution for the EIM Republic of Korea National Center. The Myongji Hospital Sports Medical Center is one of the largest and most centers in Korea. The Center provides programs for patients to increase their wellness and improve their quality of life with personalized exercise plans based on their physical ability. The Center has a collaborative network to improve clinical outcomes with medical professionals, exercise professionals, and researchers in sports medicine. Further, the Sports Medicine Center holds an annual sports medicine symposium for communication between medical professionals and other related experts.



NC Advisory Board

Affiliation

Kim Jin-gu, M.D., Ph.D.	- President, Hanyang University Myongji Hospital - Vice President, Korea Sports Medicine Association
Kim Byung-Gon, Ph.D.	- Honorary President, Korea Exercise Specialist Association - CEO, Qolfit Performance Center
Oh Byung-hee, M.D., Ph.D.	Cardiologist, Incheon Sejong Hospital
Lee Byung-Joon, Ph.D.	Professor, Dept of Sports Education, Gyeongsang National University
Seo Dong-II, Ph.D.	Professor, Dept of Sports Science, Dongguk University
Lee Dong-Won, M.D., Ph.D.	- Professor, Orthopedic Dept, Konkuk University Medical Center - Korean Arthroscopy Society
Kim Doo-han, M.D., Ph.D.	Orthopedic physician, Keimyung University Hospital
Gong Doo-Hwan, Ph.D.	Sports Rehabilitation Center, Seoul Jump Orthopedic Surgery
Jung Duck-Jo, Ph.D.	Professor, Dept of Physical Education, Seowon University
Ahn Geun-Ok, Ph.D.	Professor, Dept of Sports Medicine, Korea National University of Transportation
Lee Gi-Kwang, Ph.D.	Professor, Dept of Exercise Prescription and Health Exercise Management, Kookmin University

NC Advisory Board (cont.) Affiliation

Jeong Gyu-Sung, M.D., Ph.D.	• Orthopedic physician, Hanyang University Guri Hospital
Kim Ha-Kyung, M.D., Ph.D.	• Psychiatrist, Present Psychiatry Clinic
Seo Hong-Kwan, M.D., Ph.D.	• Cancer surgeon, National Cancer Centre
Jang Hyuk-Ki, Ph.D.	• Professor, Dept of Sports and Motion Science, Seoul Women's University
Jeong Jin-Wook, Ph.D.	• Professor, Dept of Sports and Culture, Dongguk University
Ha Jung-Gu, M.D., Ph.D.	• Orthopedic physician, Seoul Jump Orthopedic Surgery
Lee Jung-Uk	• Sports Medical Center Team Leader, Myongji Hospital
Chae-Hee Park, Ph.D.	• Professor, Dept of Sports and Welfare for the Elderly, Korea National Sports University
Choi Moon-Young, Ph.D.	• Professor, Dept of Physical Education, Daegu University
Yang Sang-Jin, Ph.D.	• Professor, Dept of Health & Exercise Management, Tongwon University
Choi Sang-Joon, M.D., Ph.D.	• President, Peace Neurosurgery Hospital
Lee Sang-Min, Ph.D.	• Sports Medical Center, Samsung Medical Center
Oh Seok-Jong, Ph.D.	• Athletic expert, CEO, Paf Jym
Gonh Seong-A, Ph.D.	• Samsung Academy of Convergence Medicine, Sungkyunkwan University
Song Seong-II, Ph.D.	• Sports Medical Center, Seoul Asian Medical Center
Lim Seung-Gil, Ph.D.	• Professor, Dept of Healthcare Exercise, Seowon University
Cho Seung-Ik, Ph.D.	• Sports Medical Center, Konkuk University
Kim Sung-Eon, Ph.D.	• Professor, Dept of Sports Industry, Sejong University
Kim Won-Jun	• CEO, FCMM
Won Young-Seong, M.D., Ph.D.	• Cardiovascular physician, Saint Vincent's Hospital, Catholic University
Jin Young-soo, M.D., Ph.D.	• Sports Medicine physician, Seoul Asian Medical Center

2025 Goals

- Create a platform for physicians who understand exercise, kinesiologists who understand exercise prescription, and patients that benefit from EIM ROK
- Train 200 EIM ROK certified exercise professionals
- Secure 20 EIM ROK member hospitals
- Spread the EIM On Campus to three more university campuses
- Target 100,000 subscribers on YouTube channel
- Conduct public participation campaigns with 1-2 partner sport brands throughout the year to engage >2000 members of the public
- Conduct an EIM pilot project in a local city in partnership with the government

Accomplishments to Date

- Officially launched EIM Republic of Korea (2018)
 - Relocated the EIM National Center to Myongji Hospital Sports Medical Center (2020)
 - Participated in a national event (100 the National Physical Fitness Event), provide broad exposure to the public while providing 1:1 exercise coaching (2024)
 - Hosted a national symposium for >200 participants (2024)
 - Accredited the National Center as a non-profit organization (2022)
 - Conducted two EIM sports medicine symposiums (May & June 2022)
 - Collaborated with the local community in Goyang-si (Gyeonggi-do) to provide education and training on exercise and current guidelines (2022)
 - Developed an online exercise program (2021)
 - Conducted two EIM trainings for healthcare providers (2021)
 - Conducted two EIM trainings in 2019 and in 2021 for exercise professionals
 - Established EIM On Campus at two universities in South Korea (Tongwon and Taongmyong Universities)
 - Prior to becoming an official EIM National Center, they have hosted several annual conferences to promote the benefits of physical activity in chronic disease prevention
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