

# Mentoring Women to Fellowship Program

## Sample Timeline

1

### Determine Eligibility

- Understand fellowship requirements
- Engage in ACSM service
- Catalogue prior scholarly activity
- Discuss research focus & interests

2

### Identify Engagement Activities

- Expand protégé's ACSM network
- Select either research or service pathway
- Emphasize importance of ACSM fellowship
- Discuss service & professional development

3

### Submit Application

- Review draft application
- Discuss and incorporate edits
- Submit application
- Monitor application status & needs

**Questions?** Contact Heather Drake at [hdrake@acsm.org](mailto:hdrake@acsm.org).