

Certified Clinical Exercise Physiologist® Application

Application Requirements

- Application Form
- Official copy of college/university transcript noting degree completion
- Summary description of the program of study with the list of required courses with course descriptions as written in the course catalog (*not applicable for graduates of CAAHEP/CoAES programs*)
- Clinical experience documentation
- Copy of BLS or CPR for the professional rescuer certification

Once approved, candidates register for the exam pearsonvue.com/acsm. If special accommodations are required, refer to the Candidate Handbook for details.

If the applicant does not meet the eligibility requirements, exam fees will be fully refunded.

Clinical Experience Documentation Requirements

Instructions: Outline clinical experience by including setting with facility name and actual contact hours by condition. Please specify any hands-on experience in a clinical/hospital setting where you are completing clinical exercise testing, clinical exercise prescription and clinical exercise training, as well as reading EKGs.

Name of Facility: Identify the name of the facility and supervisor contact information.	Location: <u>Emanate Health Intercommunity Hospital</u> Supervisor Name: <u>cardiopulmonary Rehab</u> Supervisor Email: [REDACTED]
Listing of Hours: Only list actual dates/hours worked.	Start date: <u>8-18-20</u> End date: <u>5-3-21</u> Total hands-on hours at this location: <u>544.56</u>
Type of Experience:	<input type="checkbox"/> Professional <input checked="" type="checkbox"/> Student/Internship <input type="checkbox"/> Volunteer
Type of Setting:	<input checked="" type="checkbox"/> Hospital <input checked="" type="checkbox"/> Outpatient Clinic <input type="checkbox"/> Exercise Testing Lab <input type="checkbox"/> Other
Briefly describe experience: Include a paragraph of experience, attach job/internship description, attach resume/CV, etc.	<ul style="list-style-type: none"> • instructed Pts how to use gym equipment • instructed chair stretching & chair strength training • Taught exercise & wellness related classes to Pts • oriented Pts to the program • discharged Pts from program • charted on Pts • demonstrated proper exercise form + techniques to Pts • interpreted Ekg strips of Pts [REDACTED] • updated Home Exercise program • collected Resting & Exercising vitals • Helped Pts hook up to Ekg monitors

www.nacac.org

Certified Clinical Exercise Physiologist® Application

Application Requirements

- Application Form
- Official copy of college/university transcript noting degree completion
- Summary description of the program of study with the list of required courses with course descriptions as written in the course catalog (*not applicable for graduates of CAAHEP/CoAES programs*)
- Clinical experience documentation
- Copy of BLS or CPR for the professional rescuer certification

Once approved, candidates register for the exam pearsonvue.com/acsm. If special accommodations are required, refer to the Candidate Handbook for details.

If the applicant does not meet the eligibility requirements, exam fees will be fully refunded.

Clinical Experience Documentation Requirements

Instructions: Outline clinical experience by including setting with facility name and actual contact hours by condition. Please specify any hands-on experience in a clinical/hospital setting where you are completing clinical exercise testing, clinical exercise prescription and clinical exercise training, as well as reading EKGs.

Name of Facility: Identify the name of the facility and supervisor contact information.	Location: Hoag Concierge Medicine Newport CA Supervisor Name: [REDACTED] Supervisor Email: [REDACTED]
Listing of Hours: Only list actual dates/hours worked.	Start date: 4/11/22 End date: Current employment Total hands-on hours at this location: 56
Type of Experience:	<input checked="" type="checkbox"/> Professional <input type="checkbox"/> Student/Internship <input type="checkbox"/> Volunteer
Type of Setting:	<input checked="" type="checkbox"/> Hospital <input type="checkbox"/> Outpatient Clinic <input checked="" type="checkbox"/> Exercise Testing Lab <input type="checkbox"/> Other
Briefly describe experience: Include a paragraph of experience, attach job/internship description, attach resume/CV, etc.	<ul style="list-style-type: none"> • Perform movement screenings on Pts • Perform posture analysis on Pts • Perform muscular endurance testing on Pts <ul style="list-style-type: none"> - Push up - wall sit - Plank - hand grip - DB curl - 30s sit-to-stand • Perform cardiovascular fitness testing on Pts <ul style="list-style-type: none"> - Treadmill test - Cycle test - 3 min step test - EKG stress test • Perform balance/stability tests on Pts <ul style="list-style-type: none"> - sway balance test • Performs Goal setting with the Pts • Writes report on Pts scores and interprets data • reviews data with Pt & provides recommendations to improve Pt wellness/Fitness

www.aacn.org