

Steps in Evidence Based Position Stand Development

Topic Identification and Approval

Pronouncements Committee approves position stand topic, writing group, scope and objective

PICO statement(s) and inclusion/exclusion criteria are reviewed and approved by the Evidence Based Practice Committee

Gather and Evaluate Research

Conduct appropriate and comprehensive literature searches

Gather, sort and evaluate the evidence

Writing group responds to peer review comments

Manuscript is submitted to *Medicine & Science in Sports & Exercise*® and enters the external peer review process

Writing group determines writing assignments, reaches consensus on recommendations and writes manuscript draft

Synthesize evidence, develop summary of evidence statements and rate the strength of evidence based on expert interpretation of the evidence

Writing and Review

Pronouncements Committee reviews the final document and makes a recommendation to the Board of Trustees

ACSM Board of Trustees provides final approval of the position stand

Publication in *Medicine & Science in Sports & Exercise*® and web posting

ACSM Organizational Approval

Publication

*This protocol is used for Position Stands published in 2016 and later.

For more information, go to www.acsm.org.