



International Conference of
Sports Medicine and Health

**HAINAN
2026**

2026 International Conference of Sports Medicine and Health

October 8th to 12th Hainan China

Conference Background

The 2026 International Conference on Sports Medicine and Health — held concurrently with the First International Sports Medicine and Health Industry Expo — is officially endorsed by the People's Government of Hainan Province under the "2026 Provincial Convention and Exhibition Support Plan," jointly issued by the Hainan Provincial Department of Commerce and the Hainan Provincial Department of Finance. This event aims to advance the implementation of the national strategies regarding the integrated development of sports, medicine, and public health, as well as to promote the nationwide adoption of proactive and preventive health paradigms.

Organizers:



FIMS CCSM Coordination Headquarters in Sanya



ACSM American College of Sports Medicine



Hainan Medical Association



Hainan Medical University



Hainan Guoping Institute of Sports Medicine and Health

Co-Organizers:

- Chinese Society of Sports Medicine (CSSM)
- Chinese Medical Doctor Association- Sports Medicine Branch
- Chinese Geriatrics Society
- Asian Federation of Sports Medicine (AFSM)
- China Association for Disaster & Emergency Rescue Medicine-Sports Injuries Committee
- Beijing Institute of Sports Medicine (BISM)
- Hainan Charity Federation
- Hainan Provincial Sports Academy
- Guangdong Medical Association - Joint Surgery Committee



Conference Schedule :

Registration: October 8, 2026

Scientific Sessions: October 9–11, 2026

Departure: October 12, 2026

Conference Venue :

Hainan International Convention and Exhibition Center
258 Binhai Avenue, Xiuying District, Haikou City, Hainan
Province, People's Republic of China



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Conference Introduction

As a premier global academic forum in fields of sports medicine and health, the conference aims to establish a high-level platform to:

1. disseminate cutting-edge international research findings and technological innovations;
2. accelerate the translation of scholarly evidence into clinical practice and public health policy;
3. advance collaborative innovation and sustainable development across China's health ecosystem.

This conference focuses on key advancements and emerging challenges in sports medicine and health, closely aligning with the evolving demands of industry development and national health strategies. By facilitating international academic exchange, promoting cutting-edge technologies, advocating for evidence-based clinical practices, and enabling strategic cross-sector collaboration, the conference seeks to catalyze a paradigm shift—transitioning from a historically emphasis on elite athlete care toward an inclusive, population-centric public health approach—while striving to strengthen interdisciplinary integration across medicine, public health, sports science, and related fields.

Conference Theme

- Integration of Physical Exercise into Clinical Medicine
- Integration of Physical Exercise into Health Promotion
- Proactive Health Management and Timely Clinical Intervention
- Precise Prevention and Treatment with Return-to-sport Protocol

The conference will feature four core thematic tracks

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1. Sports Medicine and Sports Science
2. Sports Trauma and Injury Prevention
3. Sports Rehabilitation and Technological Innovation
4. Sports Prescription and Nutritional Optimization

The exhibition area consists of Halls 1 to 4

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Hall 1: Highlights sports scenarios, with dedicated zones for sports nutrition and general health consumer products.

Hall 2: Features a brand cluster of sports equipment and intelligent monitoring devices.

Hall 3: Exhibits the industrial chain of sports rehabilitation and sports protection products.

Hall 4: Focuses on sports medicine equipment and clinical application.

It presents the full industrial ecosystem covering sports medicine through to public health and wellness.

Welcome international scholars to contribute papers and participate in the conference.

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