

ACSM 2026 **FINAL PROGRAM AND EXHIBIT GUIDE**

Showcasing the latest in exercise
science, practice and policy

#ACSM26

acsm.org/annual-meeting/

 **ACSM26**
ANNUAL MEETING

Tues. May 26 – Fri. May 29, 2026
Salt Lake City, UT



Message from the President

Dear Attendees:

On behalf of the ACSM Board of Trustees, Annual Meeting Program Committee and staff, it is my pleasure to welcome you to the 73rd Annual Meeting of the American College of Sports Medicine®.

This meeting is a cornerstone of our shared commitment to advancing science, education and professional practice. I am especially honored to welcome you this year to Utah, a place I am proud to call home. Since joining ACSM in 1999, I have experienced firsthand the strength of this community, and it is especially meaningful to gather here with all of you.

Throughout my presidency, I have embraced the idea of “Moving Together to Move Forward.” That spirit is reflected in gatherings like this one, where collaboration and shared purpose help drive our field ahead.

During the meeting, you will have the opportunity to connect with colleagues from around the world who share your passion for science, clinical practice and education. I encourage you to take full advantage of the sessions, conversations and networking opportunities, whether reconnecting with colleagues or meeting new ones. These encounters form the basis for many future collaborations and, more importantly, lifelong friendships.

We hope this experience energizes your work, sparks new ideas and supports your professional growth. By participating and applying what you learn, you are helping advance ACSM’s mission to educate and empower professionals to advance the science and practice of health and human performance.

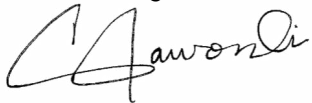
I would also like to thank ACSM President-Elect Karin Pfeiffer, PhD, FACSM, FNAK; Program Committee Chair Eric S. Rawson, PhD, FACSM; and the Program Committee for their dedication in developing such an outstanding program.

Please be sure to join us for our Town Hall on Wednesday, May 27, from 11:45 a.m. to 12:45 p.m. in Convention Center Room 255B. There are some critical updates and discussions to be had about the next chapter in ACSM’s history that require your input. As a member-driven organization, your voice matters, and this is an important opportunity to share your perspectives.

Finally, I hope you enjoy your time in Salt Lake City. Take in the spectacular views of the Wasatch Mountains, visit the Great Salt Lake, and explore the city’s vibrant neighborhoods, dining and local culture. You won’t be disappointed.

Thank you for being here and for being part of what moves ACSM forward!

Warmest Regards,



Carrie A. Jaworski, MD, FACSM, FAAFP
ACSM President, 2025–2026

Table of Contents

Message from the President	2	Award Recognition	25
Session Locations	3	Research Grants	26
Objectives.....	3	Member Hub/Student Lounge	27
Target Audience.....	3	Code of Conduct.....	28
Accreditations	3	Exhibit Guide	29-44
Conference Attendee Information.....	4	Advertising	45-54
Keynote and President’s Lectures.....	5	ACSM Heritage, Legacy, Premier, Loyal and Returning Exhibitor Recognition.....	57
Named Lectures	5	ACSM Ticketed Event	58
Session Definitions	6	Sponsored Events.....	58
Programming.....	7-21	2026 Annual Meeting Sponsors	inside back cover
Program Committee	22	2026 Annual Meeting Online/ 2027 Annual Meeting Save the Date.....	back cover
Online Component Promotion	23-24		
Online Exclusive Sessions.....	24		

Conference Information

Session Locations

All education sessions, registration, exhibits, poster sessions and special interest group meetings take place in the Salt Lake City Palace Convention Center. Specific room names appear on the mobile app and online program planner. Social events are scheduled at the Hyatt Regency Salt Lake City (noted “Hyatt Regency-room” in the schedule). Signage through the building and the ACSM mobile app augments the information in this program.

Objectives

At the conclusion of the Annual Meeting, participants should be able to:

1. Analyze state-of-the-art and innovative basic science, applied science, and clinical medicine in the areas of exercise, fitness, health, and physical performance.
2. Recognize the importance of basic science research as it relates to diseases and conditions that exist due to physical inactivity.
3. Assess how physical activity research and practice contributes to public health and health equity in diverse populations

Clinically Specific Objectives:

4. Analyze the role of early strength development in the pediatric population in promoting health and performance across the lifespan to support lifelong active aging
5. Adapt virtual exercise programs and digital health tools to the needs of older adults including those with chronic diseases to increase accessibility to physical activity and health promotion programs in older adults
6. Apply shared principles from cancer rehabilitation and sports medicine to develop personalized exercise programs that address pain management, functional recovery, and activities of daily living in cancer patients and survivors to optimize quality of life
7. Evaluate how generative AI can enhance the effectiveness of prescribing exercise in clinical practice to produce personalized exercise prescriptions
8. Identify the key physiological and clinical contributors to underperformance in athletes including nutritional deficiencies, overtraining, inadequate recovery, and sleep dysfunction in order to support optimal recovery in athletes.

Target Audience

ACSM members and professionals interested in the field of sports medicine and exercise science.

Accreditation

The American College of Sports Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



AMA/PRA Credits

The American College of Sports Medicine designates this live activity for a maximum of 27 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

BOC – CEUs

American College of Sports Medicine (BOC AP#: P401) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 27 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.



ACSM CECs

The American College of Sports Medicine’s Professional Education Committee certifies that this continuing education offering meets the criteria for a maximum of 27 hours of ACSM continuing education credit.

AAFP

The AAFP has reviewed 2026 ACSM Annual Meeting and deemed it acceptable for up to 27.00 Live AAFP Prescribed credit(s). Term of Approval is from 05/26/2026 to 05/29/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Note: the 27 hours for CME credits only include sessions (excluding abstract/clinical case sessions) in the categories of Athlete Care and Clinical Medicine (AC), Exercise is Medicine (EIM), as well as the Joseph B. Wolfe Memorial Lecture, the D.B. Dill Historical Lecture, and the President’s Lectures.

How to Obtain Credits

Instructions for obtaining continuing education credits and continuing medical education credits will be e-mailed to attendees 3-4 weeks following the Annual Meeting. E-mail meeting@acsm.org with questions.

Conference Attendee Information

Registration Hours

	Open	Close
Tuesday	10 a.m.	6 p.m.
Wednesday	6:30 a.m.	6 p.m.
Thursday	7 a.m.	6 p.m.
Friday	7 a.m.	2:30 p.m.

Speaker Ready Room

Room: CC-254A

Tuesday, May 26: 10 a.m. to 6 p.m.

Wednesday, May 27 - Friday, May 29: 7 a.m. to 5 p.m.

Convention Center & Hyatt Regency (HQ) Wi-Fi:

SSID Username: ACSM2026

Password: acsm2026

Name Badges

Badges must be worn at all times to gain admission to the exhibit hall, poster sessions, educational sessions and ACSM social events. Your guests must purchase and wear badges as well. (ALL exercise science/sports medicine professionals in attendance should be registered as regular attendees). Please hang on to your original badge! Replacement badges cost \$25.

Photography/Video Recording

General Photography and Social Media Etiquette

ACSM strives to create a participatory environment at its meetings that encourages learning and facilitates dialogue. Generally, taking photos, live-tweeting and sharing annual meeting experiences on social media are welcomed. It is the attendee's responsibility to avoid distraction to others by using devices in a sensible, respectful and conscientious manner.

Restrictions on Photography, Recording, or other Copying of Presentations and Data

Presenters of session and poster content may not wish to have their presentations or research photographed, recorded or shared on X, Facebook or other social networks. Presenters will be asked to make an announcement before and during their presentations if such capturing and recording is allowed. If there is no announcement or other permission granted, attendees are asked to refrain from photography and recording. Since content may be at different points of journal submission or other formal processes, ACSM asks for compliance by all attendees with presenter desires regarding photography and social media, whether allowed in whole or part or not at all.

ACSM Annual Meeting Yearly Spotlight:

Physical Activity, Exercise and Technology

ACSM's commitment to advancing health through science continues to evolve alongside emerging innovations that shape how we move, measure, and motivate. In 2026, ACSM's Annual Meeting Spotlight focuses on the powerful convergence of Physical Activity, Exercise and Technology. Technology is transforming how physical activity is studied, prescribed, and experienced—from wearable devices and AI-driven interventions to virtual platforms and advanced diagnostics. This year's spotlight explores the intersection of basic, applied, and/or clinical science as it relates to the collective impact of physical activity, exercise, and technological advancement. Sessions in this track reflect how innovations in technology enhance scientific understanding, clinical outcomes, performance, or population health. Through this spotlight, ACSM aims to highlight research and initiatives that are not only shaping the future of the field, but also advancing its mission to extend and enrich lives through the power of movement.



Lectures

Keynote Lectures



Joseph B. Wolfe Memorial Lecture
**Molecules, Medals & Medicine:
Maximizing Human Potential
Through Exercise & Technology**
Wednesday: 8 – 9:15 a.m.
Room: CC-Ballroom North Foyer
John A. Hawley, PhD
Australian Catholic University,
Melbourne, Australia



D.B. Dill Historical Lecture
May the Force Be with Youth
Thursday: 10:15 – 11:15 a.m.
Room: CC-Ballroom North Foyer
Avery D. Faigenbaum, EdD, FACSM,
ACSM-CEP, ACSM-EP
The College of New Jersey, Ewing, NJ

President's Lectures



**Bridging the Gap or Falling
Behind: How Academia-Industry
Partnerships Are No Longer
Optional for Exercise Science**
Friday: 12:45 – 1:35 p.m.
Room: CC-255B
Rachele Pojednic, PhD, FACSM
Restore Hyper Wellness, Stanford
University, Stanford, CA



**Unleashing Global Potential:
The Rising Power of Women
in Sport**
Friday: 12:45– 1:35 p.m.
Room: CC-255E
Amber Donaldson, DPT, FACSM
United States Olympic & Paralympic
Committee, Colorado Springs, CO

Named Lectures



Charles M. Tipton Tutorial Lecture
**Endurance Exercise Physiology:
What Do We Know and
When Did We Learn It?**
Wednesday: 5 – 5:50 p.m.
Room: CC-255E
Michael J. Joyner, MD, FACSM
Mayo Clinic & Foundation,
Rochester, MN

**Presented by
Technogym**



**Morris/Paffenbarger/Blair EIM
Keynote Lecture**
**Frontiers in Human
Performance Research: Insights
from Biomechanical Simulation
and Machine Learning**
Wednesday: 9:30 – 11 a.m.
Room: CC-255E
Scott Delp, PhD
Stanford University, Stanford, CA



**Josephine L. Rathbone & Barbara L.
Drinkwater Named Lecture**
**Because of Your Footsteps,
More Women Will Follow**
Thursday: 8 – 9:30 a.m.
Room: CC-255E
Elizabeth A. Joy, MD, MPH, FACSM
Family, Sports & Lifestyle Medicine
Physician, Salt Lake City, UT



John R. Sutton Clinical Lecture
**“Everything Everywhere All at
Once”: Attaining Achievable
Goals Amidst Chaos –
No Matter Your Career Stage**
Friday: 11 – 11:50 a.m.
Room: CC-255E
Cindy J. Chang, MD, FACSM
University of California, San Francisco,
San Francisco, CA

Session Definitions

Named and Special Lectures

D.B. Dill Historical Lecture: This lecture deals with the history of sports medicine and exercise science. In memory of one of ACSM's past presidents and prominent figure in the development of sports medicine and exercise science in America, D. Bruce Dill, Ph.D. This lecture is presented unopposed from all other sessions.

Charles M. Tipton Tutorial Lecture: This lecture is in the area of exercise physiology in honor of Charles M. Tipton, Ph.D.

J.B. Wolffe Memorial Lecture: The keynote address at the Annual Meeting is in memory of one of ACSM's founders, and first president, Joseph B. Wolffe, M.D. This session is offered unopposed from other sessions.

Josephine L. Rathbone & Barbara L. Drinkwater Named Lecture: This lecture is in honor of one of ACSM's founders and the first female recipient of an ACSM citation award, Josephine L. Rathbone, and ACSM's first female president and female recipient of the ACSM Honor award, Barbara L. Drinkwater.

John R. Sutton Clinical Lecture: This is in the area of clinical and the research aspect of medicine in honor of John R. Sutton, M.D. This session is offered unopposed from any other clinical offerings.

President's Lecture: These sessions are plenary lectures entitled President's Lectures recognizing great contributions to the fields of sports medicine and exercise science. The topics will reflect many of the various disciplines that comprise the unique and diverse nature of the American College of Sports Medicine®. These lectures are presented by leaders in the field whose individual contributions have helped define and advance sports medicine.

Morris/Paffenbarger/Blair EIM Keynote Lecture: This is in the area of physical activity in honor of Jeremy N. Morris, DSc, DPH; Ralph S. Paffenbarger Jr., MD, ScD; and Steven N. Blair, PED.

90-Minute Formats

Highlighted Symposia: These sessions were created to enhance the quality of science at the annual meeting. They showcase basic quality science and cutting-edge research or sports medicine within the annual meeting topical areas. They include in-depth scientific lectures in new and exciting areas of research delivered by experts in their respective fields.

Symposium: In-depth scientific and state-of-the-art lectures in important areas of research and clinical practice. Symposia include three to four speakers, with time allotted for an introduction and overview and overall discussion.

50-Minute Formats:

Clinical Workshop: This session is a hands-on small group demonstration of current examinations and treatment modalities of sports medicine problems. Clinical workshops are limited to 40 people; therefore, space in the meeting room is available on first arrival.

Colloquium: A colloquium is an interactive discussion on a topic or issue in sports medicine, exercise science or clinical practice. These are informal presentations that give the attendees a chance to "meet the expert."

Tutorial Lecture: A critical review and analysis of the current state of knowledge in a field in sports medicine, exercise science or clinical practice. The lecture should familiarize attendees with the basics of a subject and progress to current issues, questions, problems, and the frontier of knowledge.

Abstract Sessions:

Clinical Case Slide Session: Clinical Case Papers are in six categories: cardiovascular; general medicine; head, neck and spine; mental health; musculoskeletal; and special populations. The case presentation outlines 1) History, 2) Physical Examination, 3) Differential Diagnosis, 4) Test/Results, 5) Final/Working Diagnosis, and 6) Treatment and Outcomes.

Free Communication/Poster Session: Poster sessions are available in one-and-a-half-hour time blocks for viewing, with the authors present to answer any questions and discuss their research with attendees. The last half hour of each poster session is unopposed by other educational programming.

Free Communication/Slide Session: Presentation of an abstract in a free communication/slide session is limited to a maximum of 10 minutes, followed by a five-minute period of open discussion from the audience. Each contains a Purpose, Methods, Results and Conclusion.

Rapid Fire Platform: Presentation of an abstract in a free communication/slide session in a compact format limited to a maximum of five minutes for an oral presentation, plus an additional five minutes for questions and answers. Each presentation contains a Purpose, Methods, Results, and Conclusion.

Thematic Poster Session: Thematic poster presentations are 90 minutes in duration. For the first part, attendees view the posters. The second part consists of a five-minute synopsis of each poster by the first author, with discussion moderated by the chair to include the audience.

Programming Schedule (Session Order)

Key to Sessions

(AC) Athlete Care and Clinical Medicine	(EB) Epidemiology and Biostatistics	(PA) Physical Activity/Sedentary Behavior/Health Promotion Interventions	keynotes, named lectures
(BI) Biomechanics and Neural Control of Movement	(EIM) Exercise is Medicine®	(PS) Psychology, Behavior and Neurobiology	highlighted symposia
(CV) Cardiovascular, Renal, Immune and Respiratory Physiology	(FA) Fitness Assessment, Exercise Training, and Performance of Athletes and Healthy People	(SK) Skeletal Muscle, Bone and Connective Tissue	Sessions in bold are 2026 Spotlight Sessions on “Physical Activity, Exercise and Technology”
(CEP) Clinical Exercise Physiology and Chronic Disease	(HE) Health Equity	(PD) Professional Development/ Organizational Information	Speaker Disclaimer: Session and speaker information is subject to change. Speakers’ names and institution information are listed as submitted.
(EN) Environmental and Occupational Physiology	(NM) Nutrition, Metabolism, and Endocrinology		

Tuesday, May 26, 2026

Time	Sess#	Session Type	Session Title	Room	Category
9 a.m. to Noon		Event	EIM National Center Director’s Meeting (invite only)	Hyatt Regency-Brighton	
10 a.m. to 6 p.m.		Hours	Registration Open (Tuesday)	CC-North Foyer	
10 a.m. to 6 p.m.		Hours	Speaker Ready Room Hours (Tuesday)	CC-254A	
10 a.m. – 1 p.m.	PC-01	Pre-Conference	The Physiology of Hydration: More than Water Alone	Hyatt Regency-Salt Lake C	(NM)
12:30 – 2 p.m.	A-01	Symposium	Active Aging Begins in Childhood: Pediatric Exercise Counseling and Exercise Therapeutics as the Foundation for Active Aging	CC-355A	(EIM)
12:30 – 2 p.m.	A-02	Symposium	Algorithms in Action: Technology-Enabled Lifestyle Interventions in Cancer Care	CC-355E	(CEP)
12:30 – 2 p.m.	A-03	Symposium	Biological Responses to Endurance and Resistance Exercise: Findings from the Molecular Transducers of Physical Activity Consortium (MoTrPAC)	CC-355B	(NM)
1 – 3 p.m.	PC-02	Pre-Conference	ACSM Media Spokesperson Pre-Conference - Standing up for Science: Promoting Evidence in a Misinformed World	CC-355D	(PD)
2:15 – 3:45 p.m.	A-04	Symposium	Menopause and Movement: Strengthening Bones, Boosting Brains, and Protecting Hearts with Exercise	CC-355B	(PA)
2:15 – 3:45 p.m.	A-05	Symposium	Special Topics in Pediatrics: Translational Research, Equipment and Injury Prevention, and Specialized Clinical Management	CC-355E	(AC)
2:15 – 3:05 p.m.	A-06	Tutorial Lecture	Power-Up with Tools and Technology: Enhancing Exercise, Motivation, and Glucose Control with Continuous Glucose Monitors	CC-355A	(FA)
3 to 6 p.m.		Hours	Student Lounge Hours (Tuesday)	CC-150G	
3 – 5 p.m.	PC-03	Pre-Conference	Student and Early Career Preconference: The Science and Art of Mentorship: Empowering the Next Generation of Leaders	CC-251D	(PD)
4 – 5:30 p.m.	A-07	Symposium	Beyond Brawn: Rethinking Muscle Weakness and Optimizing Rehabilitation of Patients with Knee Joint Injury	CC-355A	(BI)
4 – 5:30 p.m.	A-08	Symposium	Resistance Exercise-Induced Hypertrophy: Mechanisms and Emerging Technologies	CC-355B	(SK)
4 – 5:30 p.m.	A-09	Symposium	Strength in Motion: Integrating Technology and Science to Advance Exercise Rehabilitation Across the Cancer Care Continuum	CC-355E	(AC)

Tuesday, May 26, 2026

Time	Sess#	Session Type	Session Title	Room	Category
5:45 – 6:35 p.m.	A-10	Tutorial Lecture	From Microbiome to Muscle: Integrative Pathways to Whole-Body Health	CC-355B	(NM)
5:45 – 6:35 p.m.	A-11	Tutorial Lecture	Real World Monitoring of Adolescent Concussion- Leveraging Wearable Data into Clinical Care	CC-355E	(AC)
5:45 – 6:35 p.m.	A-12	Tutorial Lecture	Real-World Research, Real-World Impact: Designing Exercise Studies With Stakeholders, Not For Them	CC-355A	Not eligible for CME credit.
5:45 – 6:45 p.m.		Event	First Time Attendee Networking Event	Hyatt Regency-Salt Lake Foyer South	
6 – 7 p.m.		Event	Leadership Development Training Program (By invitation only)	Hyatt Regency-Snowbird	
6:45 – 7:45 p.m.		Event	Fireside Chat: Inside the Journey: Olympians & Paralympians Up Close	Hyatt Regency-Salt Lake C	
7:30 – 8:30 p.m.		Event	Meet Your Mentor (By invitation only)	Hyatt Regency-Snowbird	

Wednesday, May 27, 2026

6:30 a.m. to 6 p.m.		Hours	Registration Open (Wednesday)	CC-North Foyer	
6:30 – 8 a.m.		Event	Past President's Breakfast	Hyatt Regency-Aspen	
7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Wednesday)	CC-254A	
8 – 9:15 a.m.	B-01	Joseph B. Wolffe Memorial Lecture	Molecules, Medals & Medicine: Maximizing Human Potential Through Exercise & Technology)	CC-Ballroom North Foyer	(PD)
9 a.m. to 5 p.m.		Hours	Student Lounge Hours (Wednesday)	CC-150G	
9:30 – 11 a.m.	B-02	Highlighted Symposium	Exercise based Nature Prescription: Innovations in Outdoor Health, Safety, and Rehabilitation	CC-255B	(PA)
9:30 – 11 a.m.	B-03	Symposium	Advances in the Evaluation and Treatment of Achilles Tendinopathy	CC-255A	(AC)
9:30 – 11 a.m.	B-04	Symposium	From Genes to Training: Rethinking Genomic Applications in Sports Science	CC-251D	(SK)
9:30 – 11 a.m.	B-05	Symposium	Functional Aging in Motion: Longitudinal Evidence Linking Bioenergetics, Physical Activity, and Performance	CC-255D	(EB)
9:30 – 11 a.m.	B-06	Symposium	Interpreting Muscle Loss During GLP-1 Therapy: Measurement, Evidence, and Practical Solutions	CC-355B	(NM)
9:30 – 11 a.m.	B-07	Symposium	Strong at Every Stage: Exercise Insights for Pregnancy, Postpartum, and Menopause	CC-155A	(FA)
9:30 – 11 a.m.	B-08	Symposium	Stuck in Bed or Floating in Space: Understanding the Cardiovascular Consequences of Inactivity and Benefits of Exercise	CC-155E	(CV)
9:30 – 11 a.m.	B-09	Symposium	Tech-Enhanced Engagement: Leveraging Technology to Support Family-Centered Physical Activity	CC-Grand Ballroom A	(HE)
9:30 – 11 a.m.	B-10	Morris/Paffenbarger/Blair EIM Keynote Lecture	Frontiers in Human Performance Research: Insights from Biomechanical Simulation and Machine Learning	CC-255E	(EIM)
9:30 – 10:20 a.m.	B-11	Exchange Lecture	American Medical Society for Sports Medicine Exchange Lecture - AMSSM Collaborative Research Network Outcomes	CC-355E	(AC)
9:30 – 11 a.m.	B-12	Thematic Poster	Blood Flow Restriction and Performance	CC-250A	(FA)
9:30 – 11 a.m.	B-13	Thematic Poster	Exercise Testing Thematic	CC-251A	(CEP)
9:30 – 11 a.m.	B-14	Thematic Poster	Psychological Considerations in Active Duty Military and Veterans	CC-250D	(PS)

Wednesday, May 27, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
9:30 – 11 a.m.	B-15	Free Communication/Slide	Patterns and Changes in Physical Activity: Implications for Healthy Aging and Disease Outcomes	CC-155D	(EB)
9:30 – 11 a.m.	B-16	Rapid Fire Platform	Mechanisms and Modifiers of Running-Related Injury	CC-Grand Ballroom B	(BI)
9:30 – 11 a.m.	B-17	Clinical Case Slide	Find the Lesion: 1	CC-355D	(AC)
9:30 – 10:45 a.m.	B-18	Clinical Case Slide	The Air We Breathe	CC-355A	(AC)
Poster Sessions B-19 through B-35: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
10 – 11:30 a.m.	B-19	Free Communication/Poster	Behavioral Coaching, Motivational Interviewing, and Education	CC-Hall D	(PA)
10 – 11:30 a.m.	B-20	Free Communication/Poster	Cellular and Molecular Physiology Related to these Systems	CC-Hall D	(SK)
10 – 11:30 a.m.	B-21	Free Communication/Poster	Cellular/Molecular	CC-Hall D	(CV)
10 – 11:30 a.m.	B-22	Free Communication/Poster	Cognitive and Mental Health Outcomes of Physical Activity	CC-Hall D	(PA)
10 – 11:30 a.m.	B-23	Free Communication/Poster	Concussion and Head Injury	CC-Hall D	(AC)
10 – 11:30 a.m.	B-24	Free Communication/Poster	Concussion	CC-Hall D	(BI)
10 – 11:30 a.m.	B-25	Free Communication/Poster	Concussion	CC-Hall D	(PS)
10 – 11:30 a.m.	B-26	Free Communication/Poster	Dietary Supplements	CC-Hall D	(NM)
10 – 11:30 a.m.	B-27	Free Communication/Poster	Environmental and Occupational Physiology	CC-Hall D	(EN)
10 – 11:30 a.m.	B-28	Free Communication/Poster	Exercise is Medicine on Campus	CC-Hall D	(EIM)
10 – 11:30 a.m.	B-29	Free Communication/Poster	Exercise Oncology Posters	CC-Hall D	(CEP)
10 – 11:30 a.m.	B-30	Free Communication/Poster	Exercise Science Education	CC-Hall D	(PS)
10 – 11:30 a.m.	B-31	Free Communication/Poster	Exergaming, Online, or Virtual Programming	CC-Hall D	(PA)
10 – 11:30 a.m.	B-32	Free Communication/Poster	Movement Disorders and Neurological Injury	CC-Hall D	(BI)
10 – 11:30 a.m.	B-33	Free Communication/Poster	Physical Activity and Health Epidemiology	CC-Hall D	(EB)
10 – 11:30 a.m.	B-34	Free Communication/Poster	Resistance Training	CC-Hall D	(FA)
10 – 11:30 a.m.	B-35	Free Communication/Poster	Sport Performance	CC-Hall D	(FA)
11:45 a.m. – 12:45 p.m.		Event	ACSM Town Hall	CC-255B	
Noon to 7 p.m.		Hours	Exhibit Hall Open (Wednesday)	CC-Hall C	
Noon to 7 p.m.		Hours	ACSM Member Hub Hours (see full schedule here)	Booth #417	
1 – 2:30 p.m.	C-01	Highlighted Symposium	Skeletal Muscle Mitochondria in Aging Humans: New Ideas About an Ancient Organelle	CC-255B	(SK)
1 – 2:30 p.m.	C-02	Highlighted Symposium	The Intersection of Technology, Culture, and Care: Operationalizing ACSM's Health Equity Framework in Exercise Interventions	CC-255E	(HE)
1 – 2:30 p.m.	C-03	Symposium	Navigating Intra-articular Hip Pathology Through Pregnancy: From Womb to Baby	CC-355E	(AC)
1 – 2:30 p.m.	C-04	Symposium	Optimizing Tactical Readiness: Translational Insights from 5 Years of Human Performance Data in U.S. Special Operations	CC-155A	(FA)
1 – 2:30 p.m.	C-05	Symposium	Physical Activity for Life: Clinical Strategies for Adolescents on Obesity Management Medications	CC-355B	(CEP)
1 – 2:30 p.m.	C-06	Symposium	The ACSM Fitness Trends Report: Moving from Data to Practice	CC-251D	(PD)

Wednesday, May 27, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
1 – 2:30 p.m.	C-07	Symposium	The Whole Runner: A Holistic Approach to Advancing Performance, Research, and Innovation	CC-155E	(BI)
1 – 2:30 p.m.	C-08	Symposium	Understanding Body Composition and its Effects on Exercise Physiology	CC-Grand Ballroom A	(CV)
1 – 1:50 p.m.	C-09	Tutorial Lecture	Making a Splash and a Difference: Innovative Aquatic Exercise Programs for Clinical and Underserved Populations	CC-255A	(EIM)
1 – 1:50 p.m.	C-10	Exchange Lecture	American Academy of Pediatrics Exchange Lecture - The Effects of Technology on Physical Activity in Children	CC-255D	(AC)
1 – 2:30 p.m.	C-11	Thematic Poster	Environmental and Occupational Physiology - cold stress	CC-250A	(EN)
1 – 2:30 p.m.	C-12	Thematic Poster	Let's Talk About Sex...Hormones	CC-250D	(NM)
1 – 2:30 p.m.	C-13	Thematic Poster	Psychological Effects of Mindfulness-Based Activities	CC-251A	(PS)
1 – 2:30 p.m.	C-14	Free Communication/Slide	Women's Health and Performance	CC-155D	(FA)
1 – 2:30 p.m.	C-15	Rapid Fire Platform	Physical Activity Assessment	CC-Grand Ballroom B	(EB)
1 – 2:15 p.m.	C-16	Clinical Case Slide	Find the Lesion: 2	CC-355A	(AC)
1 – 2:30 p.m.	C-17	Clinical Case Slide	You Gotta Have Heart	CC-355D	(AC)
Poster Sessions C-18 through C-34: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
1:30 – 3 p.m.	C-18	Free Communication/Poster	ACL: Strength, Performance, and Return-to-Sport	CC-Hall D	(BI)
1:30 – 3 p.m.	C-19	Free Communication/Poster	Assessment of Exercise is Medicine	CC-Hall D	(EIM)
1:30 – 3 p.m.	C-20	Free Communication/Poster	Brain Blood Flow and Vascular Function	CC-Hall D	(CV)
1:30 – 3 p.m.	C-21	Free Communication/Poster	Exploring Physical Activity Related Outcomes in College Students	CC-Hall D	(PA)
1:30 – 3 p.m.	C-22	Free Communication/Poster	Impact of parents and neighborhood environment on physical activity	CC-Hall D	(PA)
1:30 – 3 p.m.	C-23	Free Communication/Poster	Neuromotor Control, Posture, Balance, and Gait	CC-Hall D	(BI)
1:30 – 3 p.m.	C-24	Free Communication/Poster	Pediatric Clinical Exercise Physiology Posters	CC-Hall D	(CEP)
1:30 – 3 p.m.	C-25	Free Communication/Poster	Physical Activity and Health in Adolescents and Young Adults	CC-Hall D	(EB)
1:30 – 3 p.m.	C-26	Free Communication/Poster	Physical Activity, Fitness, and Health Across Early and Middle Childhood	CC-Hall D	(HE)
1:30 – 3 p.m.	C-27	Free Communication/Poster	Randomized Control Trials in Young Adults or Adults	CC-Hall D	(PA)
1:30 – 3 p.m.	C-28	Free Communication/Poster	RPE, Pain, Fatigue	CC-Hall D	(PS)
1:30 – 3 p.m.	C-29	Free Communication/Poster	Skeletal Muscle, Bone and Connective Tissue - Other	CC-Hall D	(SK)
1:30 – 3 p.m.	C-30	Free Communication/Poster	Sleep and Recovery Science	CC-Hall D	(FA)
1:30 – 3 p.m.	C-31	Free Communication/Poster	Sport Science	CC-Hall D	(FA)
1:30 – 3 p.m.	C-32	Free Communication/Poster	Sports Biomechanics I	CC-Hall D	(BI)
1:30 – 3 p.m.	C-33	Free Communication/Poster	Sports Nutrition	CC-Hall D	(NM)
1:30 – 3 p.m.	C-34	Free Communication/Poster	Trunk and Extremity Conditions	CC-Hall D	(AC)
2 – 4:30 p.m.		Event	President's Cup Competition	Hyatt Regency-Salt Lake D	
3:15 – 4:45 p.m.	C-35	Highlighted Symposium	Injectable and Other Novel Performance Substances – Risks and Challenges	CC-255B	(NM)

Wednesday, May 27, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
3:15 – 4:45 p.m.	C-36	Symposium	ACSM Journals Symposium: Updates, Opportunities, and Papers of the Year	CC-255E	(PD)
3:15 – 4:45 p.m.	C-37	Symposium	Advancing Equity in Concussion Care: Development and Validation of the Para SCAT6 for Wheelchair Athletes	CC-355E	(AC)
3:15 – 4:45 p.m.	C-38	Symposium	Blood Lactate Metabolism and VO2 Max., Applied to Test Different Sport Disciplines to Support Training Programs	CC-155E	(FA)
3:15 – 4:45 p.m.	C-39	Symposium	Bridging Gaps in Tactical Nutrition: A Food-First, but Not Food Only Approach to Improve Health, Performance, and Readiness	CC-355B	(EN)
3:15 – 4:45 p.m.	C-40	Symposium	From Evidence to Engagement: Translational Research that Moves Women's Sports Forward	CC-255A	(PS)
3:15 – 4:45 p.m.	C-41	Symposium	Quantitative Imaging in Injury, Performance, and Rehabilitation – Empty Promises or the Next Frontier?	CC-255D	(BI)
3:15 – 4:45 p.m.	C-42	Symposium	The Revised ACSM Position Stand on Resistance Training: What's New?	CC-155A	(EIM)
3:15 – 4:45 p.m.	C-43	Symposium	Using Technology to Bridge Gaps in Physical Activity Access and Engagement Across the Lifespan	CC-Grand Ballroom A	(HE)
3:15 – 4:05 p.m.	C-44	Colloquium	The Emerging Challenge of both Muscle Loss and Obesity in Youth: Hidden Risks and Opportunities for Early Interventions	CC-251D	(PA)
3:15 – 4:45 p.m.	C-45	Thematic Poster	Exercise Oncology Thematic Presentations	CC-250A	(CEP)
3:15 – 4:45 p.m.	C-46	Thematic Poster	Physical Activity and Health during Pregnancy	CC-251A	(EB)
3:15 – 4:45 p.m.	C-47	Thematic Poster	Technology and Sport Assessment	CC-250D	(AC)
3:15 – 4:45 p.m.	C-48	Free Communication/Slide	Mental Health	CC-155D	(PS)
3:15 – 4:25 p.m.	C-49	Rapid Fire Platform	Interventions for Reducing Resting and Exercise Hypertension	CC-Grand Ballroom B	(CV)
3:15 – 4:45 p.m.	C-50	Clinical Case Slide	Everything, Everywhere: 1	CC-355A	(AC)
3:15 – 4:45 p.m.	C-51	Clinical Case Slide	Unhappy Feet: 1	CC-355D	(AC)
5 – 5:50 p.m.	C-52	Tutorial Lecture	Exercise Blood Pressure for the Identification of Uncontrolled Hypertension: Recommendations to Support Best-Practices by ACSM CEPs	CC-355A	(CEP)
5 – 5:50 p.m.	C-53	Tutorial Lecture	Exercise Buddy: Translating Evidence-Based Practice into Technology for Autism and IDD	CC-Grand Ballroom A	(FA)
5 – 5:50 p.m.	C-54	Tutorial Lecture	How Does Marijuana REALLY Impact Athletic Performance?	CC-355B	(AC)
5 – 5:50 p.m.	C-55	Tutorial Lecture	Nature as Medicine: Evidence Based Approaches to Mental Health in Outdoor Environments	CC-155E	(PS)
5 – 5:50 p.m.	C-56	Tutorial Lecture	New Perspectives on Muscle Protein Breakdown during Disuse Atrophy	CC-255B	(SK)
5 – 5:50 p.m.	C-57	Tutorial Lecture	Public Health Surveillance of Physical Activity: Taking Another Step Forward with Accelerometers	CC-251D	(EB)
5 – 5:50 p.m.	C-58	Tutorial Lecture	The Team Physician Consensus Statement: Selected Issues for the Master Athlete and the Team Physician: 2026 Update	CC-355D	(AC)
5 – 5:50 p.m.	C-59	Colloquium	Decoding Underperformance: From Nutritional Deficiency and Overtraining to Recovery Gaps and Subclinical Dysfunctions	CC-355E	(AC)
5 – 5:50 p.m.	C-60	Charles M. Tipton Tutorial Lecture	Endurance Exercise Physiology: What Do We Know and When Did We Learn It?	CC-255E	(PD)

Wednesday, May 27, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
5 – 5:50 p.m.	C-61	Exchange Lecture	European College of Sports Science Exchange Lecture - Going to Altitude Without Going to the Hospital	CC-155A	(EN)
5:15 – 6:15 p.m.		Event	Early Career Professional Meet-Up	CC-150G	
5:30 – 6:30 p.m.		Event	Opening Reception in Exhibit Hall	CC-Hall C	
6 – 7 p.m.		Event	EIM On Campus Recognition	Hyatt Regency-Salt Lake D	
6:20 – 7:50 p.m.		Event	Aging Special Interest Group Meeting	CC-155A	
6:20 – 7:50 p.m.		Event	Bone and Osteoporosis Network Exchange Special Interest Group Meeting	CC-355B	
6:20 – 7:50 p.m.		Event	Built Environment and Active Transportation Special Interest Group Meeting	CC-255A	
6:20 – 7:50 p.m.		Event	Epidemiology, Biostatistics, and Public Health Special Interest Group Meeting	CC-251D	
6:20 – 7:50 p.m.		Event	Health Equity Research Special Interest Group Meeting	CC-355A	
6:20 – 7:50 p.m.		Event	Medical and Wellness Issues in the Performing Arts Special Interest Group Meeting	CC-155D	
6:20 – 7:50 p.m.		Event	Medicine and Science of Team Sports Special Interest Group Meeting	CC-355E	
6:20 – 7:50 p.m.		Event	Military and Tactical Athlete AND Strength and Conditioning Specialties Special Interest Group Meeting	CC-155E	
6:20 – 7:50 p.m.		Event	Psychobiology and Behavior Special Interest Group Meeting	CC-255D	
6:20 – 7:50 p.m.		Event	Youth Sports and Exercise Science Special Interest Group Meeting	CC-355D	
6:30 – 7:30 p.m.		Event	President's Reception (invite only)	Hyatt Regency-Salt Lake Foyer South	
6:30 – 8 p.m.		Event	Female and Male Athlete Triad Coalition Annual Meeting	Hyatt Regency-Solitude	
7 – 9 p.m.		Event	EIM International Social (invite only)	Hyatt Regency-Park City	
7:30 p.m.		Event	Midwest ACSM Regional Chapter Off-Site Social	Gracie's	
7:30 – 9 p.m.		Event	Student Bowl	Hyatt Regency-Salt Lake C	

Thursday, May 28, 2026

7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Thursday)	CC-254A	
7 a.m. to 6 p.m.		Hours	Registration Open (Thursday)	CC-North Foyer	
8 – 9:30 a.m.	D-01	Highlighted Symposium	Integrating Science, Sport, and Software: A Strong Youth Project Initiative	CC-255B	(AC)
8 – 9:30 a.m.	D-02	Symposium	Ambitious Research Projects Involving Elite Athletes - How and What Can We Learn	CC-255A	(NM)
8 – 9:30 a.m.	D-03	Symposium	Exercise and Cancer – From Nice to Have to Need to Know	CC-155E	(EIM)
8 – 9:30 a.m.	D-04	Symposium	Exercise vs. Mimetics: Can Pills and Protocols Match the Power of Physical Activity?	CC-355B	(SK)
8 – 9:30 a.m.	D-05	Symposium	From MVPA to the 24 Hour Day: Novel Device-Based Measures of Physical Behavior for Emerging Issues and Surveillance	CC-255D	(EB)

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
8 – 9:30 a.m.	D-06	Symposium	Leveraging Technology to Support Healthy Lifestyles for Older Adults: From Assessment to Care Delivery	CC-155A	(HE)
8 – 9:30 a.m.	D-07	Symposium	Post-Exertional Malaise: New ACSM Guidelines, Biological Insights, and Implications for Exercise Prescription	CC-Grand Ballroom A	(CV)
8 – 9:30 a.m.	D-08	Symposium	Tech-Integrated Return to Sport: A Multidisciplinary Model for Post-Operative Decision Making	CC-251D	(BI)
8 – 8:50 a.m.	D-09	Clinical Workshop	Pelvic Floor on Stage	CC-355E	(FA)
8 – 9:30 a.m.	D-10	Thematic Poster	Environmental and Occupational Physiology - heat stress and fluid balance	CC-250A	(EN)
8 – 9:30 a.m.	D-11	Thematic Poster	Military and First Responder Performance	CC-250D	(FA)
8 – 9:30 a.m.	D-12	Thematic Poster	Nutrition and Exercise Interventions for Weight Management and Metabolism	CC-251A	(NM)
8 – 9:30 a.m.	D-13	Free Communication/Slide	Relationships with Physical Activity and Sleep in College Students	CC-155D	(PA)
8 – 9:20 a.m.	D-14	Rapid Fire Platform	Sleep & Sedentary Behavior	CC-Grand Ballroom B	(PS)
8 – 9:30 a.m.	D-15	Clinical Case Slide	A Leg to Stand On: 1	CC-355A	(AC)
8 – 9:30 a.m.	D-16	Clinical Case Slide	Back in Action	CC-355D	(AC)
8 – 9:30 a.m.	D-17	Josephine L. Rathbone & Barbara L. Drinkwater Named Lecture	Because of Your Footsteps, More Women Will Follow	CC-255E	(PD)
Poster Sessions D-18 through D-30: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
8:30 – 10 a.m.	D-18	Free Communication/Poster	ACL: Gait, Loading, and Joint Mechanics	CC-Hall D	(BI)
8:30 – 10 a.m.	D-19	Free Communication/Poster	Aging and Older Adults I	CC-Hall D	(BI)
8:30 – 10 a.m.	D-20	Free Communication/Poster	Body Composition	CC-Hall D	(FA)
8:30 – 10 a.m.	D-21	Free Communication/Poster	Energy Expenditure	CC-Hall D	(NM)
8:30 – 10 a.m.	D-22	Free Communication/Poster	Immune Function Responses to Exercise	CC-Hall D	(CV)
8:30 – 10 a.m.	D-23	Free Communication/Poster	Mechanical Aspects of Performance	CC-Hall D	(FA)
8:30 – 10 a.m.	D-24	Free Communication/Poster	Mental Health	CC-Hall D	(PS)
8:30 – 10 a.m.	D-25	Free Communication/Poster	Musculoskeletal Injury and Rehabilitation	CC-Hall D	(BI)
8:30 – 10 a.m.	D-26	Free Communication/Poster	Physical Activity and Weight Loss Outcomes	CC-Hall D	(PA)
8:30 – 10 a.m.	D-27	Free Communication/Poster	Physical Activity Training for Healthcare Providers and Exercise Professionals	CC-Hall D	(EIM)
8:30 – 10 a.m.	D-28	Free Communication/Poster	Physiology and Mechanics of Bone and Connective Tissue	CC-Hall D	(SK)
8:30 – 10 a.m.	D-29	Free Communication/Poster	Sport Injury Incidence	CC-Hall D	(EB)
8:30 – 10 a.m.	D-30	Free Communication/Poster	Sports Medicine Fellow Abstracts and Clinical Cases	CC-Hall D	(AC)
9 a.m. to 5 p.m.		Hours	Student Lounge Hours (Thursday)	CC-150G	
9:30 a.m. to 5 p.m.		Hours	Exhibit Hall Open (Thursday)	CC-Hall C	
9:30 a.m. to 5 p.m.		Hours	ACSM Member Hub Hours (see full schedule here)	Booth #417	
10:15 – 11:15 a.m.	D-31	D.B. Dill Historical Lecture	May the Force Be with Youth	CC-Ballroom North Foyer	(PD)
11:30 a.m. to 12:20 p.m.	D-32	Tutorial Lecture	A Roadmap to Professional Success and Leading Others: What it Takes to Take Charge?	CC-251D	(PD)

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
11:30 a.m. to 12:20 p.m.	D-33	Tutorial Lecture	Advocacy in Action: ACSM's Key Contact Program, Policy Efforts, and Today's Political Landscape	CC-255A	(PA)
11:30 a.m. to 12:20 p.m.	D-34	Tutorial Lecture	Bidirectionality of Wearable-based 24-hour Movement and Brain Health	CC-355B	(EB)
11:30 a.m. to 12:20 p.m.	D-35	Tutorial Lecture	Feasibility and Efficacy of Two Combined Structured Exercise Training Programs in Patients with Hypertrophic Cardiomyopathy	CC-Grand Ballroom A	(CV)
11:30 a.m. to 12:20 p.m.	D-36	Tutorial Lecture	From Bias to Breakthrough: Toward Optimizing Self-Reports in Physical Activity Research & Practice	CC-255B	(PS)
11:30 a.m. to 12:20 p.m.	D-37	Tutorial Lecture	Fueling Performance in the Digital Age: Integrating Technology into Sport Nutrition Practice	CC-155A	(NM)
11:30 a.m. to 12:20 p.m.	D-38	Tutorial Lecture	Rethinking Hydration: The Case for 'Underhydration' as a Distinct Performance and Health Risk	CC-255E	(EN)
11:30 a.m. to 12:20 p.m.	D-39	Tutorial Lecture	Swimming/Immersion Induced Pulmonary Edema	CC-255D	(AC)
11:30 a.m. to 12:20 p.m.	D-40	Colloquium	Addressing the Underutilization of Qualified Exercise Professionals within Obesity Management: Reframing Fitness Culture	CC-155E	(EIM)
11:30 a.m. to 12:20 p.m.	D-41	Clinical Workshop	Band Camp and Beyond - Unique Physical Demands of Marching Arts Athletes	CC-355E	(AC)
Noon – 1 p.m.		Event	EIM Active Aging Town Hall	Hyatt Regency-Salt Lake D	
Noon – 1 p.m.		Event	Emeriti Lunch	Hyatt Regency-Aspen	
1 – 1:50 p.m.	E-01	Tutorial Lecture	DIY Hydration Science: The Efficacy of Hydration Self-Assessment to Determine Urine Concentration	CC-155E	(NM)
1 – 1:50 p.m.	E-02	Tutorial Lecture	Enhancing Insulin Sensitivity Through Exercise: Strategies to Maximize its Effects across Organs	CC-355B	(CEP)
1 – 1:50 p.m.	E-03	Tutorial Lecture	Is Less More? Shortening Intense Bouts to Enhance Health and Performance	CC-155A	(FA)
1 – 1:50 p.m.	E-04	Tutorial Lecture	Learn by Reviewing: How to Perform Quality Peer Reviews and Develop as a Writer (ACSM Publications Committee)	CC-255D	(PD)
1 -- 1:50 p.m.	E-05	Tutorial Lecture	Not Junk: Small RNAs as Biomarkers and Regulators of Exercise Resilience	CC-255B	(SK)
1 – 1:50 p.m.	E-06	Tutorial Lecture	Wearable Technology in Sports Medicine: Clinical Insights and Real-World Applications	CC-255E	(BI)
1 – 1:50 p.m.	E-07	Colloquium	A New Discipline on the Podium: The Evolution of Gymnastics Medicine	CC-355A	(AC)
1 – 1:50 p.m.	E-08	Colloquium	Marketing to Move: Health Communication Strategies to Encourage Physical Activity Across Diverse Populations	CC-Grand Ballroom A	(HE)
1 – 1:50 p.m.	E-09	Colloquium	Prevention, Recognition and Management of Musculoskeletal Failure	CC-251D	(AC)
1 – 1:50 p.m.	E-10	Exchange Lecture	National Athletic Trainers' Association Exchange Lecture - Psychological Contributors to Pain Following Sport-Related Injury	CC-355D	(AC)
1 – 1:50 p.m.	E-11	Clinical Workshop	Exercise is Medicine – On Campus Registration Workshop	CC-355E	(EIM)

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
2 – 3:30 p.m.	E-12	Highlighted Symposium	Exercise and the Brain: Interactions of Cerebral Blood Flow, Insulin Sensitivity and Arterial Health on Dementia Risk	CC-255B	(PS)
2 – 3:30 p.m.	E-13	Highlighted Symposium	I Have the Power! The Importance of Assessment and Programming for Power in Older Adults	CC-355E	(FA)
2 – 3:30 p.m.	E-14	Highlighted Symposium	Novel Insights into the Determinants of Endurance Exercise Performance	CC-255E	(CV)
2 – 3:30 p.m.	E-15	Symposium	Advancing ACL Rehabilitation: Targeting Biological Barriers in Brain, Muscle, and Movement Biomechanics	CC-251D	(BI)
2 - 3:30 p.m.	E-16	Symposium	Beyond the Individual: Investigating the Geosocial Drivers of Youth Sport and Physical Activity in America	CC-Grand Ballroom A	(EB)
2 – 3:30 p.m.	E-17	Symposium	From Rehabilitation to Exercise - How to Connect Oncology Patients to the Right Service at the Right Time Throughout Care	CC-255A	(CEP)
2 – 3:30 p.m.	E-18	Symposium	Optimizing Health and Performance in Winter Sport: Team USA's Integrated Approach for Milano-Cortina 2026	CC-255D	(AC)
2 – 3:30 p.m.	E-19	Symposium	Women in High-Stress Occupations: The Impact of Circadian Disruption on Health and Performance	CC-155A	(EN)
2 – 2:50 p.m.	E-20	Tutorial Lecture	Integrating Digital Health Technologies to Make the FITT in Exercise Prescriptions More Precise	CC-155E	(EIM)
2 – 2:50 p.m.	E-21	Tutorial Lecture	Ushering in a New Era of Concussion Treatment	CC-355B	(AC)
2 – 3:30 p.m.	E-22	Thematic Poster	Health Outcomes on pre- and post Menopausal Women	CC-250A	(PA)
2 – 3:30 p.m.	E-23	Thematic Poster	Mechanical Loading and Tissue Response in Human Movement	CC-250D	(BI)
2 – 3:30 p.m.	E-24	Thematic Poster	Myosteatosis, Mitochondria, and Cardiometabolic Disease	CC-251A	(SK)
2 – 3:30 p.m.	E-25	Free Communication/Slide	Environmental and Occupational Physiology - altitude and hypoxia	CC-155D	(EN)
2 – 3:20 p.m.	E-26	Rapid Fire Platform	Nutrition Supplements + Ergogenic Aids	CC-Grand Ballroom B	(NM)
2 – 3:30 p.m.	E-27	Clinical Case Slide	Everything, Everywhere: 2	CC-355A	(AC)
2 – 3:30 p.m.	E-28	Clinical Case Slide	Shoulder Symptoms: 1	CC-355D	(AC)
Poster Sessions E-29 through E-44: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
2:30 – 4 p.m.	E-29	Free Communication/Poster	Ability Status	CC-Hall D	(SK)
2:30 – 4 p.m.	E-30	Free Communication/Poster	Aging and Older Adults II	CC-Hall D	(BI)
2:30 – 4 p.m.	E-31	Free Communication/Poster	Ankle Function and Ankle Instability	CC-Hall D	(BI)
2:30 – 4 p.m.	E-32	Free Communication/Poster	Body Composition	CC-Hall D	(NM)
2:30 – 4 p.m.	E-33	Free Communication/Poster	Cardiac	CC-Hall D	(CV)
2:30 – 4 p.m.	E-34	Free Communication/Poster	Cardiopulmonary Testing	CC-Hall D	(FA)
2:30 – 4 p.m.	E-35	Free Communication/Poster	Cardiovascular Posters	CC-Hall D	(CEP)
2:30 – 4 p.m.	E-36	Free Communication/Poster	Environmental and Occupational Physiology - heat stress and fluid balance	CC-Hall D	(EN)
2:30 – 4 p.m.	E-37	Free Communication/Poster	Equity, Inclusion, and Access in Sport, Exercise, and Rehabilitation	CC-Hall D	(HE)
2:30 – 4 p.m.	E-38	Free Communication/Poster	Mental Health and Developmental Disability	CC-Hall D	(AC)
2:30 – 4 p.m.	E-39	Free Communication/Poster	Mood, Affect, Emotion	CC-Hall D	(PS)

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
2:30 – 4 p.m.	E-40	Free Communication/Poster	Performance during Pregnancy	CC-Hall D	(FA)
2:30 – 4 p.m.	E-41	Free Communication/Poster	Physical Activity and Health in Chronic Conditions	CC-Hall D	(EB)
2:30 – 4 p.m.	E-42	Free Communication/Poster	Physical Activity Promotion for Patients in Healthcare and Community Settings	CC-Hall D	(EIM)
2:30 – 4 p.m.	E-43	Free Communication/Poster	Steps and Physical Activity Measurement	CC-Hall D	(PA)
2:30 – 4 p.m.	E-44	Free Communication/Poster	Late-Breaking Abstracts	CC-Hall D	(PD)
4:15 – 5:45 p.m.	E-45	Symposium	Bringing Cancer Exercise Trials to the Clinic – Transformative Findings from Colon, Lung and Pancreatic Cancer	CC-155E	(CEP)
4:15 – 5:45 p.m.	E-46	Symposium	From the Field to the Clinic: Supporting Special Olympics Athletes Through Fitness, Health, and Research	CC-255A	(AC)
4:15 – 5:45 p.m.	E-47	Symposium	How can we Use and Translate Technological Innovations to Enhance Physical Activity and Population Health?	CC-251D	(HE)
4:15 – 5:45 p.m.	E-48	Symposium	Laced and Loaded: Exploring the Effects of Minimal Footwear in Aging and Injury	CC-155A	(BI)
4:15 – 5:45 p.m.	E-49	Symposium	Novel Mechanistic Views and Delivery Method to Understand the Cognitive Effect of Physical Activity: A Special Case of HIIT	CC-355B	(PS)
4:15 – 5:45 p.m.	E-50	Symposium	Physical Activity for the Prevention and Management of Cardiometabolic Disease over the Reproductive Life Course: What do I Tell my Pregnant Patients?	CC-255D	(PA)
4:15 – 5:45 p.m.	E-51	Symposium	Professionals in Nutrition for Exercise and Sport (PINES) 10 Questions 10 Experts: Myth Busting in Sports Nutrition	CC-255B	(NM)
4:15 – 5:45 p.m.	E-52	Symposium	Trust, Bias and Audits for the Algorithmic Athlete: The Need for Human Judgment in the Age of AI?	CC-255E	(FA)
4:15 – 5:45 p.m.	E-53	Symposium	Updates from Federal Physical Activity Initiatives	CC-Grand Ballroom A	(PD)
4:15 – 5:05 p.m.	E-54	Clinical Workshop	Performance Under Pressure: Applied Mental Toughness Strategies for Professionals in Health, Sport, and Human Potential	CC-355E	(AC)
4:15 – 5:45 p.m.	E-55	Thematic Poster	Effects of Age, Sex, and Race on Cardiovascular Function	CC-250A	(CV)
4:15 – 5:45 p.m.	E-56	Thematic Poster	Neuromechanical Consequences of Sport-Related Concussion	CC-250D	(BI)
4:15 – 5:45 p.m.	E-57	Thematic Poster	Sport Injury: Incidence and Impact	CC-251A	(EB)
4:15 – 5:45 p.m.	E-58	Free Communication/Slide	Obesity & Weight Management Slide Presentation	CC-155D	(CEP)
4:15 – 5:45 p.m.	E-59	Rapid Fire Platform	Environmental and Occupational Physiology	CC-Grand Ballroom B	(EN)
4:15 – 5:45 p.m.	E-60	Clinical Case Slide	Lend Me a Hand and More	CC-355A	(AC)
4:15 – 5:45 p.m.	E-61	Clinical Case Slide	Take a Knee: 1	CC-355D	(AC)
6 – 6:50 p.m.	E-62	Tutorial Lecture	ACSM in Spanish: A Historic Step Building Bridges	CC-255B	(PD)
5 – 7 p.m.		Event	New England ACSM Regional Chapter Social	Hyatt Regency-Regency D	
5 – 8 p.m.		Event	HPL Alumni & Friends Social	Hyatt Regency-Park City	
5 – 8 p.m.		Event	Northwest ACSM Regional Chapter Off-Site Social	Squatter's Pub Brewery	
5:30 – 7:30 p.m.		Event	University of Illinois Alumni, Faculty and Friends Reception	Hyatt Regency-Regency C	

Thursday, May 28, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
6 – 7 p.m.		Clinical Poster/Reception	Clinician’s Reception with Poster Presentations	Hyatt Regency-Salt Lake D	
6 – 7 p.m.		Event	Basic Science Reception	Hyatt Regency-Alta	
6 – 9 p.m.		Event	2026 KS-ACSM Annual Meeting	Hyatt Regency-Traverse	
6:15 – 7:45 p.m.		Event	Biomechanics Special Interest Group Meeting	Hyatt Regency-Salt Lake C	
6:15 – 7:45 p.m.		Event	Cancer Special Interest Group Meeting	CC-155A	
6:15 – 7:45 p.m.		Event	Combat Sports Special Interest Group Meeting	CC-155E	
6:15 – 7:45 p.m.		Event	Environmental and Occupational Physiology Special Interest Group Meeting	CC-355B	
6:15 – 7:45 p.m.		Event	Exercise Science Education Special Interest Group Meeting	CC-255D	
6:15 – 7:45 p.m.		Event	Nutrition Special Interest Group Meeting	CC-255A	
6:15 – 7:45 p.m.		Event	Physiological and Biological Mechanisms Underlying Health and Performance Special Interest Group Meeting	CC-355D	
6:15 – 7:45 p.m.		Event	Pregnancy and Postpartum Special Interest Group Meeting	CC-355E	
6:30 – 8 p.m.		Event	WK Author and Editor Reception	Hyatt Regency-Regency B	
7 – 9 p.m.		Event	Mid-Atlantic ACSM Regional Chapter Off-Site Social	Hyatt Regency-Contribution Lounge	
8 – 9 p.m.		Event	ACCESS Reception (invite only)	Hyatt Regency-Salt Lake E	
8 – 9 p.m.		Event	International Social (invite only)	Hyatt Regency-Regency A	
8 – 9:30 p.m.		Event	Central States and Northland ACSM Regional Chapters Social	Hyatt Regency-Aspen	
8 – 9:30 p.m.		Event	Southeast ACSM Regional Chapter Event	Hyatt Regency-Salt Lake D	

Friday, May 29, 2026

6 – 9 a.m.		Event	Avenues Ridge Guided Hike	Avenues Ridge	
7 a.m. to 2:30 p.m.		Hours	Registration Open (Friday)	CC-North Foyer	
7 a.m. to 5 p.m.		Hours	Speaker Ready Room Hours (Friday)	CC-254A	
8 – 8:50 a.m.	F-01	Tutorial Lecture	Decoding the Wobble: Motor Control Dysfunction after Concussion	CC-155A	(BI)
8 – 8:50 a.m.	F-02	Tutorial Lecture	Developing the Exercise Oncology Workforce: Learning from the CARES Lab	CC-155E	(EIM)
8 – 8:50 a.m.	F-03	Tutorial Lecture	Hemoglobin Dissociation, Lactic Acidosis, and the Single Occupancy Conjecture: Can Aerobic and Anaerobic Mechanisms Co-exist?	CC-355B	(CEP)
8 – 8:50 a.m.	F-04	Tutorial Lecture	Holy Smokes, Gauging the Risk of Exercising Downwind from a Wildfire	CC-251D	(EN)
8 – 8:50 a.m.	F-05	Tutorial Lecture	Imaging the Athlete: Foundations and Frontiers in Musculoskeletal and Body Composition Analysis	CC-255B	(SK)
8 – 8:50 a.m.	F-06	Tutorial Lecture	Training for Two: Intergenerational Programming of Postpartum Maternal Exercise via Breast Milk	CC-255A	(FA)
8 – 8:50 a.m.	F-07	Tutorial Lecture	Under Pressure: Elite Athlete Mental Health	CC-255E	(AC)

Friday, May 29, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
8 – 8:50 a.m.	F-08	Colloquium	Comprehensive Integration in Collegiate Athletics: A Holistic Model for Health, Performance, and Sustainability	CC-Grand Ballroom A	(PD)
8 – 8:50 a.m.	F-09	Exchange Lecture	American Osteopathic Academy of Sports Medicine Exchange Lecture - The Sports Medicine Application of Osteopathic Manual Medicine as an Approach to the Care of the Whole Athlete	CC-355E	(AC)
8 – 8:50 a.m.	F-10	Exchange Lecture	The Obesity Society Exchange Lecture - Exercise in the GLP-1 Era: Physiology vs. the Reality that May not be Considered	CC-255D	(CEP)
9 a.m. to 3 p.m.		Hours	Student Lounge Hours (Friday)	CC-150G	
9 – 10:30 a.m.	F-11	Highlighted Symposium	Environmental Challenges at the 2026 FIFA World Cup: An Evidence-informed Framework to Optimize Player Health and Performance	CC-255B	(EN)
9 – 10:30 a.m.	F-12	Highlighted Symposium	Leveraging Technology to Promote Physical Activity and Health Behavior Changes in Older Adults	CC-255E	(EIM)
9 – 10:30 a.m.	F-13	Symposium	“Rising from Ashes” - Physiology of Exercise Intolerance in Long COVID Patients and Effective Recovery Strategies	CC-355E	(CEP)
9 – 10:30 a.m.	F-14	Symposium	CAQ Review	CC-355B	(AC)
9 – 10:30 a.m.	F-15	Symposium	Heterogenous Responses to Modulators of Substrate Oxidation, Muscle Anabolism, and Physical Performance	CC-155E	(SK)
9 – 10:30 a.m.	F-16	Symposium	Moving Toward Resilience: Lifespan Impacts and Translational Mechanisms of Physical Activity on Mental, Cognitive, and Brain Health	CC-155A	(PS)
9 – 10:30 a.m.	F-17	Symposium	Respiratory Consequences of Obesity: Mechanistic Insights Across the Lifespan	CC-Grand Ballroom A	(CV)
9 – 10:30 a.m.	F-18	Symposium	Rewriting the Interdisciplinary Playbook: Athletes’ Gut Assessment and Intervention	CC-251D	(NM)
9 – 10:30 a.m.	F-19	Symposium	Swimming Upstream: Systems, Access, and Advocacy for Equity in Sports and Healthcare	CC-255A	(HE)
9 – 9:50 a.m.	F-20	Tutorial Lecture	Art & Science: Elevating the Standards of High-Performance Return to Sport	CC-255D	(AC)
9 – 10:30 a.m.	F-21	Thematic Poster	24 hour Movement and Timing of Exercise	CC-250A	(PA)
9 – 10:30 a.m.	F-22	Thematic Poster	Biomechanics After ACL Injury: Loading, Asymmetry, and Intervention Effects	CC-250D	(BI)
9 – 10:30 a.m.	F-23	Thematic Poster	Patterns and Trends in Physical Activity and Sedentary Behavior Surveillance	CC-251A	(EB)
9 – 10:30 a.m.	F-24	Free Communication/Slide	Glycemic Control, Insulin Sensitivity, and Metabolic Flexibility	CC-155D	(NM)
9 – 10:30 a.m.	F-25	Rapid Fire Platform	Technology Apps and Wearable Devices in Performance	CC-Grand Ballroom B	(FA)
9 – 10:15 a.m.	F-26	Clinical Case Slide	Shoulder Symptoms: 2	CC-355A	(AC)
9 – 10:15 a.m.	F-27	Clinical Case Slide	Take a Knee: 2	CC-355D	(AC)
9:30 – 10:30 a.m.		Event	Accessibility Focus Group	Hyatt Regency-Brighton	
9:30 a.m. to 1 p.m.		Hours	Exhibit Hall Open (Friday)	CC-Hall C	
9:30 a.m. to 1 p.m.		Hours	ACSM Member Hub Hours (see full schedule here)	Booth #417	
Poster Sessions F-28 through F-41: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
9:30 – 11 a.m.	F-28	Free Communication/Poster	Assessment of Dietary Intake and Eating Related Behaviors	CC-Hall D	(NM)

Friday, May 29, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
9:30 – 11 a.m.	F-29	Free Communication/Poster	Athletic Medical Issues	CC-Hall D	(AC)
9:30 – 11 a.m.	F-30	Free Communication/Poster	Clinical Exercise Physiology Posters	CC-Hall D	(CEP)
9:30 – 11 a.m.	F-31	Free Communication/Poster	Endurance Performance	CC-Hall D	(FA)
9:30 – 11 a.m.	F-32	Free Communication/Poster	Environmental and Occupational Physiology - occupational or military physiology and medicine	CC-Hall D	(EN)
9:30 – 11 a.m.	F-33	Free Communication/Poster	Fitness and Muscle Strength Epidemiology	CC-Hall D	(EB)
9:30 – 11 a.m.	F-34	Free Communication/Poster	Footwear	CC-Hall D	(BI)
9:30 – 11 a.m.	F-35	Free Communication/Poster	Injury Predictors and Prevalence	CC-Hall D	(EB)
9:30 – 11 a.m.	F-36	Free Communication/Poster	Neuroscience	CC-Hall D	(PS)
9:30 – 11 a.m.	F-37	Free Communication/Poster	Relationships between Physical Activity and Various Outcomes in Youth	CC-Hall D	(PA)
9:30 – 11 a.m.	F-38	Free Communication/Poster	Running Gait, Performance, and Injury	CC-Hall D	(BI)
9:30 – 11 a.m.	F-39	Free Communication/Poster	Skeletal Muscle Physiology	CC-Hall D	(SK)
9:30 – 11 a.m.	F-40	Free Communication/Poster	Vascular Function	CC-Hall D	(CV)
9:30 – 11 a.m.	F-41	Free Communication/Poster	Youth Performance	CC-Hall D	(FA)
11 – 11:50 a.m.	F-42	Tutorial Lecture	Brown Adipose Tissue as a Target for Improving Cold Resilience	CC-155E	(EN)
11 – 11:50 a.m.	F-43	Tutorial Lecture	Building a University-Based Cancer Rehabilitation Program: A Collaborative Model for Student Education and Patient Care	CC-355E	(EIM)
11 – 11:50 a.m.	F-44	Tutorial Lecture	Can Diet Save You from Your Chair? Comparison of Diet vs. Exercise for Reducing Health Risks of Too Much Sitting	CC-355B	(PA)
11 – 11:50 a.m.	F-45	Tutorial Lecture	Exercise and Kidney Physiology: Clinical Implications, Biomarkers, and Emerging Technologies	CC-155A	(CV)
11 – 11:50 a.m.	F-46	Tutorial Lecture	High Impact Practices: Engaging the Next Generation of Exercise Science Professionals	CC-255B	(PD)
11 – 11:50 a.m.	F-47	Tutorial Lecture	Integrating Psychological Skills Training via Tech-Driven Solutions to Reduce Sport-Related Injury Risk	CC-Grand Ballroom A	(PS)
11 – 11:50 a.m.	F-48	Tutorial Lecture	Making Weight the Right Way: Weight Reduction and Nutrition Recommendations for Wrestlers	CC-251D	(NM)
11 – 11:50 a.m.	F-49	Tutorial Lecture	Navigating Data Sovereignty in the Digital Age: Technology Security Planning for Tribal Nations Exercise Research	CC-255D	(HE)
11 – 11:50 a.m.	F-50	Colloquium	Lost in Translation: Navigating the Science-to-Practice Gap in Autism & Exercise	CC-255A	(EB)
11 – 11:50 a.m.	F-51	John R. Sutton Clinical Lecture	“Everything Everywhere All at Once”: Attaining Achievable Goals Amidst Chaos -- No Matter Your Career Stage	CC-255E	(AC)
12:45 – 1:35 p.m.	G-01	President’s Lecture	Bridging the Gap or Falling Behind: How Academia-Industry Partnerships Are No Longer Optional for Exercise Science	CC-255B	Not eligible for CME credit.
12:45 – 1:35 p.m.	G-02	President’s Lecture	Unleashing Global Potential: The Rising Power of Women in Sport	CC-255E	(PD)
1:45 – 3:15 p.m.	G-03	Highlighted Symposium	Adolescent Running: Special Considerations for Injury, Biomechanics, and Medical Event Coverage	CC-255B	(BI)
1:45 – 3:15 p.m.	G-04	Highlighted Symposium	Methodological Advances Driven by the MoTrPAC Design	CC-255E	(EB)

Friday, May 29, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
1:45 – 3:15 p.m.	G-05	Symposium	Recent Advances in Sports Injury and Illness Epidemiology Within the United States Olympic and Paralympic Committee	CC-255A	(AC)
1:45 – 3:15 p.m.	G-06	Symposium	Dietary and Sport Supplement Recommendations for Peak Cognitive Performance	CC-155A	(NM)
1:45 – 3:15 p.m.	G-07	Symposium	Novel Comparisons of Submaximal CPET Data across Databases and the Life Span	CC-355E	(CEP)
1:45 – 3:15 p.m.	G-08	Symposium	Physical Activity, Sedentary Behavior, Cardiorespiratory Fitness, and Dementia Risk: Insights from Behavioral Economics	CC-355B	(PA)
1:45 – 3:15 p.m.	G-09	Symposium	Physical Activity, Training Intensity, and Cardiorespiratory Fitness as Modulators of Mortality: Implications for the “Extreme Exercise Hypothesis”	CC-155E	(FA)
1:45 – 3:15 p.m.	G-10	Symposium	Stress Physiology in Modern Warfare: Adaptation, Maladaptation, and Performance	CC-251D	(EN)
1:45 – 2:35 p.m.	G-11	Tutorial Lecture	ACSM Certifications & Credentials in Motion: Strategy, Advocacy, and the Future of Professional Standards	CC-Grand Ballroom A	(PD)
1:45 – 2:35 p.m.	G-12	Colloquium	The Venn Diagram of Sports Medicine and Wilderness Medicine	CC-255D	(AC)
1:45 – 3:15 p.m.	G-13	Thematic Poster	Community Voices and Culturally Responsive Physical Activity Interventions	CC-250A	(HE)
1:45 – 3:15 p.m.	G-14	Thematic Poster	Investigations of Pulmonary System Function	CC-250D	(CV)
1:45 – 3:15 p.m.	G-15	Thematic Poster	Psychological Effects of Resistance Training	CC-251A	(PS)
1:45 – 3:15 p.m.	G-16	Free Communication/Slide	Skeletal Muscle Energetics in Health and Disease	CC-155D	(SK)
1:45 – 3:15 p.m.	G-17	Rapid Fire Platform	Youth Physical Activity Interventions	CC-Grand Ballroom B	(PA)
1:45 – 3:15 p.m.	G-18	Clinical Case Slide	Stuck in the Middle	CC-355A	(AC)
1:45 – 3:15 p.m.	G-19	Clinical Case Slide	Unhappy Feet: 2	CC-355D	(AC)
Poster Sessions G-20 through G-37: All presenters are present for the full 1.5 hours with the last 30 minutes unopposed from other programming.					
2:15 – 3:45 p.m.	G-20	Free Communication/Poster	Acute Exercise Responses	CC-Hall D	(CV)
2:15 – 3:45 p.m.	G-21	Free Communication/Poster	Assessment	CC-Hall D	(EB)
2:15 – 3:45 p.m.	G-22	Free Communication/Poster	Behavioral Aspects of Physical Activity	CC-Hall D	(PS)
2:15 – 3:45 p.m.	G-23	Free Communication/Poster	Cardiometabolic Health Posters	CC-Hall D	(CEP)
2:15 – 3:45 p.m.	G-24	Free Communication/Poster	Cognition	CC-Hall D	(PS)
2:15 – 3:45 p.m.	G-25	Free Communication/Poster	Endocrinology And Metabolism	CC-Hall D	(NM)
2:15 – 3:45 p.m.	G-26	Free Communication/Poster	Energy Availability, Female Athlete Triad, Relative Energy Deficiency in Sport, and Disordered Eating	CC-Hall D	(NM)
2:15 – 3:45 p.m.	G-27	Free Communication/Poster	Evaluating Physical Activity Programs	CC-Hall D	(PA)
2:15 – 3:45 p.m.	G-28	Free Communication/Poster	Exercise for Healthy Aging: Physiological Foundations, Functional Benefits, and Economic Impact	CC-Hall D	(HE)
2:15 – 3:45 p.m.	G-29	Free Communication/Poster	Exercise Interventions Among Older Adults	CC-Hall D	(PA)
2:15 – 3:45 p.m.	G-30	Free Communication/Poster	Exercise is Medicine for Older Adults	CC-Hall D	(EIM)
2:15 – 3:45 p.m.	G-31	Free Communication/Poster	Neuromuscular Posters	CC-Hall D	(CEP)
2:15 – 3:45 p.m.	G-32	Free Communication/Poster	Oxygen Delivery and Utilization During Exercise	CC-Hall D	(CV)
2:15 – 3:45 p.m.	G-33	Free Communication/Poster	Performance and Aging	CC-Hall D	(FA)
2:15 – 3:45 p.m.	G-34	Free Communication/Poster	Physical Activity Epidemiology and Older Adults	CC-Hall D	(EB)

Friday, May 29, 2026 (continued)

Time	Sess#	Session Type	Session Title	Room	Category
2:15 – 3:45 p.m.	G-35	Free Communication/Poster	Sport Specific Conditions	CC-Hall D	(AC)
2:15 – 3:45 p.m.	G-36	Free Communication/Poster	Sports Biomechanics II	CC-Hall D	(BI)
2:15 – 3:45 p.m.	G-37	Free Communication/Poster	Tailoring Physical Activity Programs or Survey Measures to Specific Populations	CC-Hall D	(PA)
4 – 5:30 p.m.	G-38	Highlighted Symposium	New Exercise Guidelines for Older Cancer Survivors: Development, Dissemination, and Implementation into the Digital World	CC-255B	(CEP)
4 – 5:30 p.m.	G-39	Symposium	Centering Physical Activity in Obesity Care Around the Lived Experience: Integrating Biology, Behavior, and Environment	CC-251D	(NM)
4 – 5:30 p.m.	G-40	Symposium	Ctrl + Alt + Tech: Potentials and Pitfalls of Extended Realities in Sports Medicine and Exercise Science	CC-255A	(BI)
4 – 5:30 p.m.	G-41	Symposium	Grub, Drugs, and Rock ‘N’ Roll; Strategies for Optimal Bone Health	CC-255E	(SK)
4 – 5:30 p.m.	G-42	Symposium	Not Everyone Who Plays Contact Sport Gets CTE - What Are We Missing? Variability in Brain Health Outcomes in Former Athletes.	CC-255D	(PS)
4 – 4:50 p.m.	G-43	Tutorial Lecture	“Houston, We Have a Problem... We are Losing Our Gains”: Combating the Detrimental Effects of Spaceflight on the Human Body	CC-155A	(EN)
4 – 4:50 p.m.	G-44	Tutorial Lecture	Footwear in Runners throughout the Lifespan	CC-355E	(AC)
4 – 4:50 p.m.	G-45	Tutorial Lecture	Fueling Recovery and Performance: How Sleep Shapes the Athletic Edge	CC-355B	(AC)
4 – 4:50 p.m.	G-46	Tutorial Lecture	Moments That Matter: Optimizing the Timing of Physical Activity and Sedentary Behavior Interventions Through Technology	CC-155E	(PA)
4 – 4:50 p.m.	G-47	Tutorial Lecture	Respiration at High Intensity Levels in Athletes	CC-Grand Ballroom A	(CV)
4 – 5:30 p.m.	G-48	Thematic Poster	Barriers and Facilitators to Implementing Exercise is Medicine on Campus	CC-250A	(EIM)
4 – 5:30 p.m.	G-49	Thematic Poster	Dietary Protein and Muscle Protein Synthesis	CC-250D	(NM)
4 – 5:30 p.m.	G-50	Thematic Poster	Pregnancy and Postpartum Exercise	CC-251A	(FA)
4 – 5:30 p.m.	G-51	Free Communication/Slide	Neural and Sensorimotor Control of Balance and Gait in Aging	CC-155D	(BI)
4 – 5:30 p.m.	G-52	Clinical Case Slide	A Leg to Stand On: 2	CC-355A	(AC)
4 – 5:30 p.m.	G-53	Clinical Case Slide	Everything, Everywhere: 3	CC-355D	(AC)
5:45 – 9 p.m.		Event	ACSM Honors (ticket required)	Hyatt Regency-Salt Lake C	

Program Committee

Eric S. Rawson, PhD, FACSM (Chair)
William Adams, PhD, LAT, ATC,
FACSM
Matthew Barberio, PhD, FACSM
Gordon Fisher, PhD, FACSM
Paul Gallo, PhD, FACSM
Lisa Griffin, PhD
Allison H. Gruber, PhD, FACSM
Tanya Halliday, PhD, RDN
Rebecca Hasson, PhD, FACSM
Hans Haverkamp, PhD
Jennifer Heisz, PhD

Sandra Hoffmann, MD, FACSM
Sandra K. Hunter, PhD, FACSM
John M. Jakicic, PhD, FACSM
Carrie A. Jaworski, MD, FACSM
Andrew Jones, PhD, FACSM
Jill A. Kanaley, PhD, FACSM
Shawn F. Kane, MD, FACSM
Sarah Kozey Keadle, PhD, FACSM
Derek C. Monroe, PhD, FACSM
Leonardo Oliveria, MD, FACSM
Scott Paluska, MD, FACSM
Karin A. Pfeiffer, PhD, FACSM

Katrina Piercy, PhD, FACSM
Rachele Pojednic, PhD, FACSM
Robin Queen, PhD, FACSM
Laura A. Richardson, PhD, RCEP,
FACSM
Amanda Salacinski, PhD
Siobhan Statuta, MD, FACSM
Kevin R. Vincent, MD, PhD, FACSM
Stella L. Volpe, PhD, RDN, FACSM

Stay Connected



Annual Meeting Mobile App

- Stay organized with up-to-the-minute exhibitor, speaker and event information,
- Receive real-time communications from ACSM,
- Personalize your schedule and bookmark exhibitors,
- View venue and Expo Hall maps,
- Find attendees and connect with your colleagues,
- Stay in the know and join in on social media,
- Access Member Hub and Student Lounge event schedules
- And much, much more!

SEARCH: The App Store or Google Play for “ACSM Conferences”



SCAN:



Accessibility (ADA)

ADA-accessible routes, including elevators, are available throughout the venue. ADA maps are available in the event mobile app.

An ADA-accessible registration counter is available. Reserved seating for wheelchair access is available at the front of each session room and at a midway aisle location. Closed captioning is provided for the Wolfe and Dill Lectures.

For assistance, please visit the registration desk or contact event staff.

Social Media

Connect with ACSM! Tag us and use #ACSM26 in your posts for a chance to have your content shared.

Instagram: [@ACSM1954](https://www.instagram.com/ACSM1954)

TikTok: [@ACSM1954](https://www.tiktok.com/@ACSM1954)

Twitter/X: [@ACSMNews](https://twitter.com/ACSMNews)

LinkedIn: [American College of Sports Medicine](https://www.linkedin.com/company/American College of Sports Medicine)

Facebook: [American College of Sports Medicine](https://www.facebook.com/American College of Sports Medicine)



Online Component

Sessions that will be recorded this week and will be available as part of the online component.

B-01	Joseph B. Wolffe Memorial Lecture	Molecules, Medals & Medicine: Maximizing Human Potential Through Exercise & Technology
B-02	Highlighted Symposium	Exercise based Nature Prescription: Innovations in Outdoor Health, Safety, and Rehabilitation
B-10	Morris/Paffenbarger/ Blair EIM Keynote Lecture	Frontiers in Human Performance Research: Insights from Biomechanical Simulation and Machine Learning
C-01	Highlighted Symposium	Skeletal Muscle Mitochondria in Aging Humans: New Ideas About an Ancient Organelle
C-02	Highlighted Symposium	The Intersection of Technology, Culture, and Care: Operationalizing ACSM's Health Equity Framework in Exercise Interventions
C-35	Highlighted Symposium	Injectable and Other Novel Performance Substances – Risks and Challenges
C-36	Symposium	ACSM Journals Symposium: Updates, Opportunities, and Papers of the Year
C-56	Tutorial Lecture	New Perspectives on Muscle Protein Breakdown during Disuse Atrophy
C-60	Charles M. Tipton Tutorial Lecture	Endurance Exercise Physiology: What Do We Know and When Did We Learn It?
D-01	Highlighted Symposium	Integrating Science, Sport, and Software: A Strong Youth Project Initiative
D-17	Josephine L. Rathbone & Barbara L. Drinkwater Named Lecture	Because of Your Footsteps, More Women Will Follow
D-31	D.B. Dill Historical Lecture	May the Force Be with Youth
D-36	Tutorial Lecture	From Bias to Breakthrough: Toward Optimizing Self-Reports in Physical Activity Research & Practice
D-38	Tutorial Lecture	Rethinking Hydration: The Case for 'Underhydration' as a Distinct Performance and Health Risk
E-05	Tutorial Lecture	Not Junk: Small RNAs as Biomarkers and Regulators of Exercise Resilience
E-06	Tutorial Lecture	Wearable Technology in Sports Medicine: Clinical Insights and Real-World Applications
E-12	Highlighted Symposium	Exercise and the Brain: Interactions of Cerebral Blood Flow, Insulin Sensitivity and Arterial Health on Dementia Risk
E-14	Highlighted Symposium	Novel Insights into the Determinants of Endurance Exercise Performance
E-52	Symposium	Trust, Bias and Audits for the Algorithmic Athlete: The Need for Human Judgment in the Age of AI?

Online Component (continued)

F-05	Tutorial Lecture	Imaging the Athlete: Foundations and Frontiers in Musculoskeletal and Body Composition Analysis
F-07	Tutorial Lecture	Under Pressure: Elite Athlete Mental Health
F-11	Highlighted Symposium	Environmental Challenges at the 2026 FIFA World Cup: An Evidence-informed Framework to Optimize Player Health and Performance
F-12	Highlighted Symposium	Leveraging Technology to Promote Physical Activity and Health Behavior Changes in Older Adults
F-46	Tutorial Lecture	High Impact Practices: Engaging the Next Generation of Exercise Science Professionals
F-51	John R. Sutton Clinical Lecture	“Everything Everywhere All at Once”: Attaining Achievable Goals Amidst Chaos -- No Matter Your Career Stage
G-01	President’s Lecture	Bridging the Gap or Falling Behind: How Academia-Industry Partnerships Are No Longer Optional for Exercise Science
G-02	President’s Lecture	Unleashing Global Potential: The Rising Power of Women in Sport
G-03	Highlighted Symposium	Adolescent Running: Special Considerations for Injury, Biomechanics, and Medical Event Coverage
G-04	Highlighted Symposium	Methodological Advances Driven by the MoTrPAC Design
G-38	Highlighted Symposium	New Exercise Guidelines for Older Cancer Survivors: Development, Dissemination, and Implementation into the Digital World
G-41	Symposium	Grub, Drugs, and Rock ‘N’ Roll; Strategies for Optimal Bone Health

Online exclusive sessions — you will not see these sessions delivered here this week

Move, Measure, Analyze: Teaching Fitness Through Real-Time Analytics	(FA)
The Influence of Maternal Exercise on Infant Musculoskeletal Health and Motor Skill Development: A Translational Approach	(SK)
Using Statistical Modeling to Predict Quadriceps Strength Recovery Post Anterior Cruciate Ligament Reconstruction Surgery	(BI)
ACSM American Fitness Index: 18 years and Going Strong!	(EB)
It’s Time to Move: Mobilizing Science and Systems for National Physical Activity Policy Change	(PA)
Sex Sells, But Science Matters: Debunking Fitness Myths for Women	(NM)
Stimulating Performance: Brain Modulation and Cognition in Female Ultramarathon Runners	(PS)
Body Composition and Exercise Physiology Across the Life Span	(CEP)
Collaborative Integration of MDs, CEPs, and Technology for Enhanced Patient Outcomes	(EIM)
What Do You See When You See Me? Health Identity and Bias in Research and Clinical Practice	(HE)

Award Recognition

2026 Honor Award Recipients



**Thomas Best,
MD, PhD, FACSM**

UHealth Sports Medicine
Institute at the
University of Miami
Miami, FL



**Wendy Kohrt,
PhD, FACSM**

University of
Colorado-Anschutz
Aurora, CO

2026 Citation Award Recipients



**NiCole R. Keith, PhD,
FACSM, FNAK**

Indiana University
Department of Kinesiology I
School of Public Health-
Bloomington
Bloomington, IN



**A. William (Bill) Sheel,
PhD, FACSM**

School of Kinesiology at
The University of British Columbia
Vancouver, Canada



**Enette Larson-Meyer,
PhD, RDN, CSSD, FACSM**

Virginia Tech
Blacksburg, VA



**Richard (Rick) Paul
Troiano, PhD**

CAPT, USPHS (Retired)



**Edward R. Laskowski,
MD, CAQSM, FACSM,
FSEM, FRCP**

Mayo Clinic College of Medicine
and Science
Rochester, MN

For more information about this year's Honor and Citation Award Recipients, [go here](#).

ACSM Research Grant

AMSSM/ACSM Breaking Barriers Research Grant

Marcio Griebeler, Cleveland Clinic

ACSM Foundation Research & Program Grants

Carl V. Gisolfi Memorial Fund

James Bangle, Indiana University

Clinical Sports Medicine Endowment

Amit Gohil, University of Kentucky

Franklin EIM-OC Microgrant

Cassandra Ledman, Purdue University

Farah A. Ramirez-Marrero, University of Puerto Rico,

Rio Piedras Campus

Kameron Suire, Berry College

Paffenbarger-Blair Fund for Epidemiological Research

Katelyn Webster-Dekker, Regents of the University of Michigan

Lauren Bates-Fraser, American Cancer Society

Raymond A. Weiss Research Endowment

Kristin Jett, University of Arkansas

Lia McNulty, University of Delaware

Research Endowment

Aaron Zynda, University of Pittsburgh

Xero Shoes' Minimal Footwear Research Grant

Emma Slavin, Worcester Polytechnic Institute

ACSM Leadership, Research & Training Awards

Charles M. Tipton Student Research Award

Thomas Bissen, Florida State University

Leesi George-Komi, University of Michigan

GSSI-ACSM Young Investigator in Sports Nutrition Award

Lois Mouglin, Loughborough University

Holly Emmanuel, Arizona State University

Zan Zupancic, University of Illinois Urbana Champaign

GSSI-ACSM Young Scholar Professional Development Grant

Emily Kyaw, University of North Carolina at Chapel Hill

Tatiana Restrepo, University of Central Florida

GSSI Pathways in Sports Science Award

Akram Falahati, University of Oklahoma

Raul Freire, Arizona State University

Alexandra Brojanac, Texas Tech University

Anthony Ekpo, Ohio University

New Investigator Award

Hana Marmura, University of North Carolina at Chapel Hill

Shirlene Wang, Oregon Health and Science University

Science Integration & Leadership Committee

Basic Science Award

Muhammet Enes Erol, University of Nebraska Omaha

ACSM Foundation Leadership, Research & Travel Awards

Barbara Campaigne Women's Health, Sport & Physical Activity Travel Award

Kathryn Chiang, American Cancer Society

Olivier Chenette-Stewart, Université de Montréal

Amber Schmitz, University of North Carolina at Chapel Hill

Brian C. Focht Student Travel Award

Miguel Negrete, University of Illinois Chicago

Drinkwater Leadership Award in Women's Health, Sport & Physical Activity

Kara Whitaker, University of Iowa

Gail E. Butterfield Nutrition Travel Award

Akram Falahati, University of Oklahoma

Nicholas Foreman, George Washington University

Howard G. "Skip" Knuttgen International Scholar Award

Ellie Miles, University of Surrey

International Student Award

Chiara Felles, University of Pavia

Sarah Johnson, University of Ottawa

Junseong An, Kookmin University

Jack Wilmore Legacy Travel Award

Zeinab Khodaverdi, Teachers College, Columbia University

Shalaya Kipp, Mayo Clinic

Jim and Linda Pivarnik Women's Health, Sport & Physical Activity Travel Award

Sara Mascone, University of Maryland-College Park

Rachel Logue Cook, University of Michigan

Alessandro Guarnieri, University of Parma

Joseph Hamill Access to Science Award

Thomas Demirjian, East Carolina University

Chen Li, Kent State University

Christopher Windon, University of North Carolina at Greensboro

Mariana Jacobs, University of Kentucky

HoWon Kim, University of Michigan

Harry Battersby, Western University

Elham Alijanpour, Old Dominion University

Brenden Roth, Oklahoma State University

Nikou Nikoumanesh, University of Illinois Chicago

Madison Mach Keller, Army Community Hospital

Lisa S. Krivickas Clinician/Scholar Travel Award

Diana Collantes Hoyos, Mayo Clinic

Michael L. Pollock Student Scholarship

Kellie Hoehing, Teachers College, Columbia University

Yujiro Yamada, University of Mississippi

Priscilla Clarkson Undergraduate Travel Award

Madhu Gayathri, Kean University

Invest in the future! Your gift to the ACSM Foundation supports students and early career researchers through awards and grants. Donate by scanning this QR code:



Member Hub



Make the Member Hub your must-stop destination in the exhibit hall (Booth #417). Connect directly with ACSM leaders and staff to learn how to get the most out of your membership and ACSM in general. Plus, jump into **fitness challenges** led by the Southwest ACSM Regional Chapter, Meet the Expert **conversations with named lecturers**, **Ask ACSM** Q&A times, **trivia**, **prizes**, and more. Whether you're looking to learn, connect, or recharge, the Member Hub is your one-stop shop to engage with ACSM all week long.

See the full schedule [here](#).

Student Lounge

Presented by

Barry
University
Sport and Exercise Sciences

Lebanon Valley College

THE UNIVERSITY
OF TAMPA



Featured in the Lounge:
Pathways to Possibilities

Sponsored by

THE UNIVERSITY
OF TAMPA

Room: CC-150G

The ACSM Student Lounge is the hub of student engagement activities and career development opportunities. Relax & interact with fellow students. Connect with potential employers through the ACSM Career Center or have your LinkedIn profile or CV reviewed. Light refreshments will be provided.

Tuesday: 3 – 6 p.m.

Wednesday: 9 a.m. to 5 p.m.

Thursday: 9 a.m. to 5 p.m.

Friday: 9 a.m. to 3 p.m.

Chat with professionals working in a variety of diverse fields throughout the week to learn about career paths and ask advice from someone who's been there. View the Pathways to Possibilities Schedule on the ACSM mobile app.

Code of Conduct

American College of Sports Medicine Annual Meeting

The American College of Sports Medicine® (ACSM) is committed to providing a friendly, safe and welcoming environment for all annual meeting participants. We expect all attendees, media, speakers, volunteers, organizers, venue staff, guests and exhibitors to help us ensure a safe and positive conference experience for everyone.

To that end, the expectation is that all participants abide by this code of conduct at all times and in all venues, including ancillary events and all social gatherings.

Expected Behaviors for Participants Include

- Exercising consideration and respect in speech and actions.
- Refraining from demeaning, discriminatory or harassing behavior and speech.
- Contributing to a positive and valuable experience for all participants.
- Being mindful of your surroundings and of fellow participants. Alert ACSM staff if you notice a dangerous situation, someone in distress or violations of this code of conduct.

Unacceptable Behaviors

- Intimidating, harassing, abusive, discriminatory, derogatory or demeaning speech or actions by any participant at the ACSM annual meeting and any related events.
- Harmful or prejudicial verbal or written comments or visual images related to gender, sexual orientation, race, religion, disability or other personal characteristics.
- Inappropriate use of nudity and/or sexual images in public spaces (including presentation slides).
- Deliberate intimidation, stalking or following of other participants.
- Harassing photography.
- Disregarding presenter/author request that attendees not photograph presentations and posters.
- Video and/or audio recording of other participants without their knowledge or consent.
- Recording of scientific and other sessions without the expressed permission of the participants.

- Intentional and sustained disruption of scientific sessions or other events that negatively impacts the experience for other participants.
- Unwelcome and uninvited attention or contact.
- Physical assault (including unwelcome touch or other physical contact).
- Real or implied threat of physical harm.
- Real or implied threat of professional or financial damage or harm.

What to Do if You Witness or Experience Conduct that Violates the Code

The ACSM staff can help participants contact convention center/hotel/venue security or local law enforcement, and otherwise assist those experiencing harassment or other violations of this code of conduct, to enable them to feel safe and to ensure a positive experience for the duration of the annual meeting. We value your attendance, and want to make your experience as productive and professionally stimulating as possible.

If you have an emergency at any time during move-in, the event or move out: Convention Center: please contact Guest Services (Security) at (385)468-2220 to activate emergency response personnel. Hyatt Regency: Dial 55 from any House Phone. For Non-Emergency Security matters, call security at 4007. Hotel Direct Line: (801) 596-1234.

Consequences of Unacceptable Behavior

Unacceptable behavior from any participant at the annual meeting, including attendees, sponsors, exhibitors, contractors, volunteer leaders, vendors and/or venue staff, will not be tolerated. Anyone asked to stop unacceptable behavior is expected to comply immediately.

If a participant engages in unacceptable behavior, ACSM staff may take any action they deem appropriate, including removal from the annual meeting, without refund and/or barring from future ACSM meetings. Egregious violations will result in more severe sanctions, including the possibility of reporting to local law enforcement.

XON'
nt Technology

S
Cap

ur

C

NORAXO

Integrated Movement Technolo



ACSM 2026 EXHIBIT GUIDE

Location: CC-Hall C

#ACSM26

Opening Reception:

Wednesday, May 27 5:30 – 6:30 p.m.

Exhibit Hall Hours:

Wednesday, May 27 Noon to 7 p.m.

Thursday, May 28 9:30 a.m. to 5 p.m.

Friday, May 29 9:30 a.m. to 1 p.m.

acsm.org/annual-meeting/



Index of Exhibitors*

Listed on the following pages are the companies, universities, agencies and organizations participating in the 2026 ACSM Annual Meeting Exposition Hall. In addition to making time for your favorites, please plan to visit our new exhibitors as well.

Exhibitors on this page who are ACSM sponsors are listed in boldface. Their listing in the exhibit guide also is highlighted with a shaded purple box.

Alphabetical Order

325	Activinsights	324	Kubios*
517	AEI Technologies	116	Labfront
824	Alleviate LLC*	706	Lafayette Instrument Company
417,621	American College of Sports Medicine Member Hub	108	Lode BV/Electra-Med Corporation
229	American International College	806	Luminos Pro*
329	AMTI	427	mBrainTrain*
424	Artinis Medical Systems BV	833	MDPI AG*
733	AXIO Centripetal Training*	320	Medi-Dyne*
627	Bertec Corporation	705	MGC Diagnostics
316	BIOPAC Systems, Inc	119	Motion Analysis Corporation*
725	BODYCAP	525	Moxy Monitor
328	Brain Vision LLC*	109	National Strength and Conditioning Association (NSCA)
221	BrainNovations & Vestibular Training Services*	429	NeuFit*
717	Brooks Sports	631	Noraxon USA Inc.
231	BTS Bioengineering	318	Northeast College of Health Sciences*
708	Calmoseptine, Inc	326	Novel Electronics, Inc
727	Cambridge Innovation*	317	Ocologica*
729	Carda Health*	728	OMCT Solutions*
519	Clarius Mobile Health	106	Pal Technologies
817	Clix Therapy	217	Parvo Medics
617	Clinical Exercise Physiology Association (CEPA)	225	Phi Epsilon Kappa Fraternity*
206	Cometa Systems, Inc	107	Point Loma Nazarene University
425	CORTEX Biophysik GmbH	319	Qualisys
205	COSMED	105	Qubit Systems Inc
624	Computer Sports Medicine Inc. (CSMi)	526	Rocky Mountain University of Health Professions*
528	d9 Designs Inc.*	227	Royalpulse USA*
804	Dartfish USA	416	SpiroFit/SpiroFit USA
117	Delsys Inc	815	Sports Medicine and Health Science
530	ExpertVoice*	832	Sports Resource Group, Inc
809	Fitabase	808	Lactate.com
718	Florida Gulf Coast University	808	Springer Nature
220	Forrest T Jones & Company, Inc	825	StepCraft*
327	Fulcrum Health Ltd*	406	Technogym
720	gadgetly*	219	Texas A&M University*
405	Gatorade Sports Science Institute	426	The College of St. Scholastica*
726	General Intelligence Systems Inc.*	722	The Power of Sports for Amputees*
724	GE Healthcare	813	Theia Markerless
625	Genova Diagnostics	305	Therabody
133	Golden Smart Home Technology Corp*	331	Trace Minerals*
428	Harding University*	224	Tradeline LLC
104	Health and Fitness Technologies, LLC	819	US Navy Medical Recruiting
431	Health Currancy (UK) Ltd	805	VacuMed
505	HealthCare International	226	VALD Group, Inc
204	Henka LLC	232	VICON
309	Hologic	623	Vital Dynamics*
307	Human Kinetics	616	Vo2 Master
704	ImpediMed	619	Wake Forest University
609	InBody	731	Watkins-Conti Product, Inc*
716	ISS Inc	605	Walters Kluwer
222	IWorx Systems Inc.	322	Wuhan Sports University*
208	Journal of Sport and Health Science	218	Xsensor Technology
529	KORR Medical Technologies*	709	Zero Gravity*

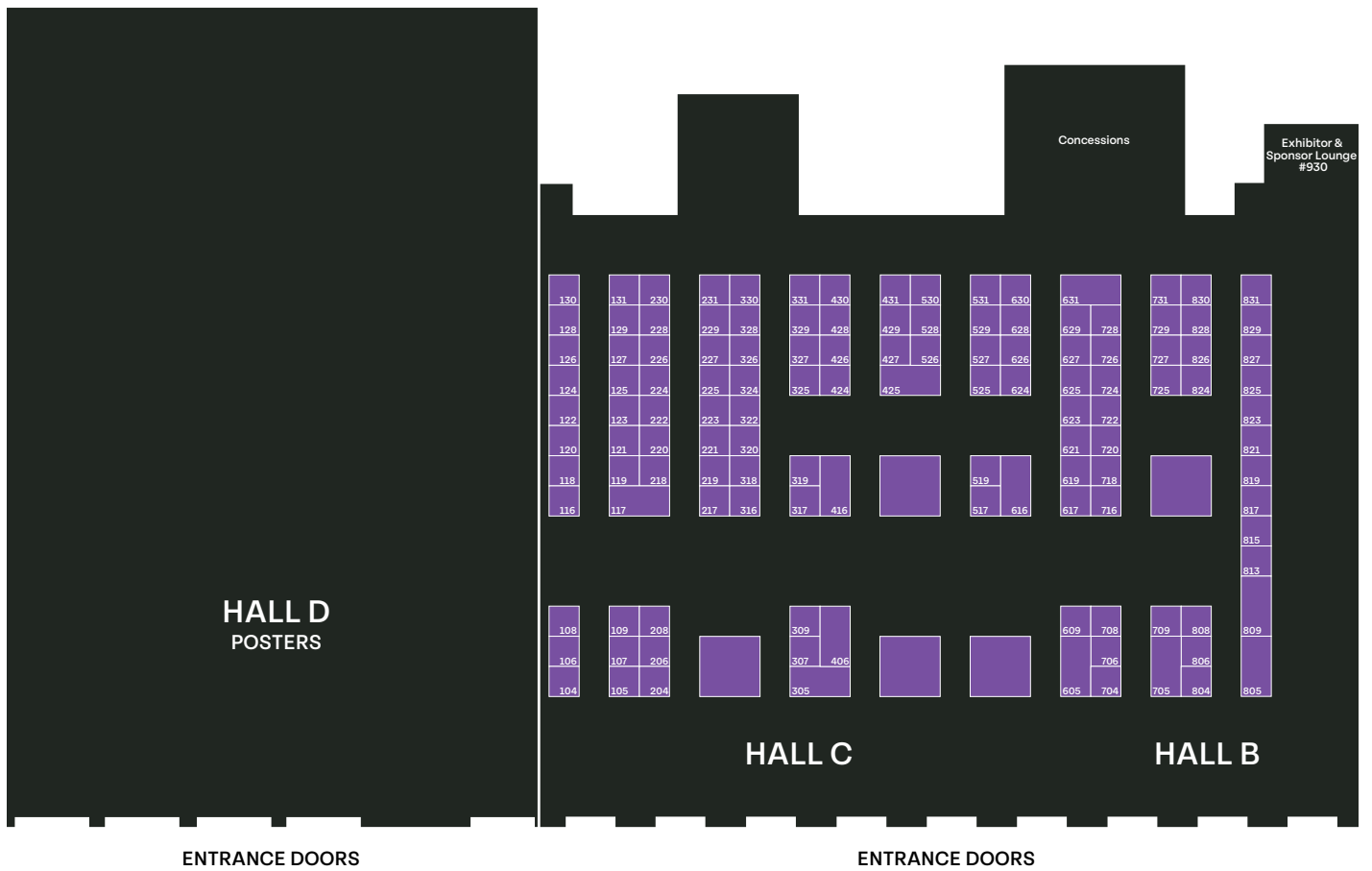
Booth Order

104	Health and Fitness Technologies, LLC	427	mBrainTrain*
105	Qubit Systems Inc.	428	Harding University*
106	Pal Technologies	429	NeuFit*
107	Point Loma Nazarene University Kinesiology Dept.	431	Health Currancy (UK) Ltd
108	Lode b.v./ Electra-Med Corporation	505	HealthCare International
109	National Strength and Conditioning Association (NSCA)	517	AEI Technologies
116	Labfront	519	Clarius Mobile Health
117	Delsys Inc.	526	Rocky Mountain University of Health Professions*
118	Parker University*	528	D9 Designs Inc.*
119	Motion Analysis Corporation*	529	KORR Medical Technologies*
133	Golden Smart Home Technology Corp*	530	ExpertVoice*
204	Henka LLC	605	Walters Kluwer
205	COSMED	609	InBody
206	Cometa Systems	616	VO2 Master Health Sensors, Inc
208	Journal of Sport and Health Science	617	Clinical Exercise Physiology Association (CEPA)
217	Parvo Medics	619	Moxy Monitor / Wake Forest University
218	XSENSOR Technology Corporation	623	Vital Dynamics*
219	Texas A & M University*	624	Computer Sports Medicine Inc (CSMi)
220	Forrest T. Jones & Company, Inc.	625	Genova Diagnostics
221	BrainNovations & Vestibular Training Services*	627	Bertec Corporation
222	IWorx Systems Inc.	631	Noraxon USA Inc.
224	Tradeline LLC	704	ImpediMed
225	Phi Epsilon Kappa Fraternity*	705	MGC Diagnostics
226	VALD Group, Inc	706	Lafayette Instrument
227	Royalpulse USA*	708	Calmoseptine, Inc.
229	American International College	709	Zero Gravity*
231	BTS Bioengineering	716	ISS, Inc.
232	Vicon	717	Brooks Sports Inc.
305	Therabody	718	Florida Gulf Coast University
307	Human Kinetics	720	gadgetly
309	Hologic	722	The Power of Sports for Amputees*
316	BIOPAC Systems, Inc.	724	GE Healthcare
317	Ocologica*	725	BODYCAP
318	Northeast College of Health Sciences*	726	General Intelligence Systems Inc.*
319	Qualisys	727	Cambridge Innovation*
320	Medi-Dyne*	728	OMCT Solutions*
322	Wuhan Sports University*	729	Carda Health*
324	Kubios*	731	Watkins-Conti Product, Inc*
325	Activinsights	733	Axio Centripetal Training*
326	Novel Electronics Inc	804	Dartfish USA
327	Fulcrum Health Ltd*	805	VacuMed
328	Brain Vision LLC*	806	Luminos Pro*
329	AMTI	808	Springer Nature
331	Trace Minerals*	809	Fitabase
405	Gatorade Sports Science Institute	813	Theia Markerless
406	Technogym	815	Sports Medicine and Health Science
416	SpiroFit/SpiroFit USA*	817	Clix Therapy
417, 621	American College of Sports Medicine Member Hub	819	US Navy Medical Recruiting
424	Artinis Medical Systems BV	824	Alleviate LLC*
425	CORTEX Biophysik GmbH	825	StepCraft*
426	The College of St. Scholastica*	832	Sports Resource Group, Inc/ lactate.com
		833	MDPIAG*

Bolded are Sponsors
New Exhibitor/Sponsors Bold and *
New Exhibitor *

* ACSM does not endorse, or imply endorsement, of products and/or services of exhibitors or sponsors participating in the 2026 annual meeting. The exhibit hall is intended to provide ACSM annual meeting attendees access to innovations and trends in sports medicine, exercise science, and related program areas. ACSM applauds its industry partners for their support and excellence, but does not endorse specific product claims.

Exhibit Hall Floor Plan



325 ActivInsights

6 Nene Road
Bitcon Industrial Park
Kimbolton, PE28 0LF UK
heathers@activinsights.com

We are a digital health company simplifying access to real-world data through wearables, delivering activity, sleep and lifestyle insight for both clinical and academic researchers and healthcare professionals. With a commitment to improving global public health, ActivInsights is enhancing clinical practice and improving disease management.
activinsights.com

517 AEI Technologies

201 Hunters Crossing Blvd.
Suite 10-171
Bastrop, TX 78602, USA
ethan@aeitechnologies.com

Metabolic testing equipment and analyzers
Aeitechnologies.com

824 Alleviate LCC*

15822 Webelos Street
Friendswood, TX 7756, USA
alleviatepainllc@gmail.com

We offer TENS/EMS devices that are advanced neurostimulators used for temporary alleviation of pain associated with the entire body due to strain from exercise normal wear and tear or chronic pain. We also offer TheraGuns/Percussion massagers and represent our own line of Shiatsu products (Alleviation). All products are to be used to stimulate your muscles/nerves, improve/increase blood circulation, improve muscle performance and relieve tension.

alleviatepainsolutions.com

417, 621 American College of Sports Medicine® (ACSM)

6150 Telecom Drive
Suite 200
Indianapolis, IN 46278, USA
exhibits@acsm.org

ACSM is the largest sports medicine and exercise science organization in the world, with nearly 50,000 international, national and regional members and certified fitness professionals.

acsm.org

229 American International College

1000 State St.
Springfield, MA, 01109, United States
susan.lachowski@aic.edu

Our Exercise Science program will advance students via classroom training, hands-on learning experiences, internships, and through community involvement.

aic.edu/school-of-health-sciences/program/exercise-science

329 AMTI

176 Waltham St.
Watertown, MA 02472, USA
terryg@amtimail.com

AMTI is a world leader in multi-axis force platform technology. We understand the importance of accuracy and precision in scientific research and health care. Our unique OPTIMA performance system offers a 10-fold improvement in accuracy over any other force platform on the market. Whether studying gait, balance, sports or more, researchers and clinicians worldwide rely on AMTI to provide instrumentation with the highest performance. Shouldn't you?

Visit AMTI at booth 329 or Amti.biz to learn more about what we have to offer

424 Artinis Medical Systems BV

Einsteinweg 17, 6662 PW Elst, The Netherlands
Gelderland, 6662 PW Netherlands
willy@artinis.com

We are an innovative Dutch company active in the field of medical research and quality assurance. Our goal is to make optical imaging easy. Coming from the research field ourselves, we have a lot of experience in optical oximetry, especially near infrared spectroscopy. Our highly portable and multichannel NIRS and ExG devices can be used to monitor oxygen supply non-invasively in both brain and muscle tissue.

Artinis.com

733 Axio Centripetal Training*

P.O. Box 982014
Park City, UT 84098, USA

AXIO Centripetal Training delivers patented 360-degree resistance across every plane of motion – targeting the rotational instability that underlies most shoulder, rotator cuff, and overhead injuries. Designed by physical therapist Ted Bezemer, PT, MS, OCS, SCS, AXIO build functional strength, neuromuscular control, and joint stability. Trusted by MLB, NFL, NBA, and NHL, AXIO gives sports medicine professionals one tool for injury prevention, performance training, and rehabilitation.

axiotraining.com

Key: New Exhibitor *; Sponsor Exhibitor**

627 Bertec Corporation

2500 Citygate Dr
Columbus, OH 43219, USA
dilara.casey@bertec.com

Bertec's products have represented a legacy of excellence in biomechanics for over thirty years. We provide solutions founded in accuracy and precision. Our engineering is trusted worldwide to enable a deeper understanding of human movement.

bertec.com

316 BIOPAC Systems, Inc.

42 Aero Camino
Goleta, CA 93105, USA
brendad@biopac.com

Physiology data acquisition and analysis systems for research and education

Biopac.com

725 BODYCAP

3 rue du Docteur Laennec
14200 Herouville Saint Clair, France
s.moussay@bodycap.io

BodyCAP is a technology company that provides remote and reliable core body temperature monitoring solutions for the research, sports, and medical sectors.

Bodycap-medical.com

328 Brain Vision LLC*

515 N Greenfield Pkwy, Suite 100
Garner, NC 27529, USA

Brain Vision partners with scientists and institutions at the forefront of neurophysiological research, helping them select and effectively utilize state-of-the-art hardware and software from the world's leading manufacturers of EEG, fNIRS, non-invasive brain stimulation, peripheral physiology, experience sampling, eye tracking, and other solutions.

brainvision.com

221 BrainNovations & Vestibular Training Services*

16223 289th Circle
Shafer, MN, 55074, USA
sheila@SpinTheBrain.com

Brainnovation Network is a brain health ecosystem designed to improve access to better brain health solutions. We have a team of experts worldwide who create and curate technology, training and tools to optimize brain performance across a range of real-world settings.

brainnovationnetwork.com

717 Brooks Sports Inc.**

3400 Stone Way N Suite 500
Seattle, WA 98103, USA
sports.med@brooksrunning.com

Our mission is to inspire everyone to run their path to a better self.

Brooks.running.com

231 BTS Bioengineering

1354 Hancock Street, Suite 311
Quincy, MA 02169 USA
marta.corra@btsbioengineering.com

BTS Bioengineering develops cutting-edge motion capture technologies for the healthcare and sport sector, aiming to help people overcome mobility limitations and enhance their performance. Their tools are designed for professionals to achieve accurate analysis and effective therapies.

Btsbioengineering.com

708 Calmoseptine, Inc.

16602 Burke Lane
Huntington Beach, CA 92647, USA
Info@Calmoseptine.com

Calmoseptine® Ointment is a multipurpose moisture barrier that protects and helps heal skin irritations. Calmoseptine® temporarily relieves discomfort and itching. Free samples at our booth.

Calmoseptine.com

727 Cambridge Innovation*

6415 S Fort Apache Rd,
Las Vegas, NV 89148, USA
eliya@cambridge-innovation.net

Cambridge Innovation network, Strategy & brings together a leading-edge strategy team with Cambridge Innovation's global capabilities, giving you the right expertise to help you create your strategy and execute it.

cambridge-innovation.net/about-us

729 Carda Health*

8th Green, Suite 11670
Dover, 19901, United States
casey.vogt@cardahealth.com

Carda Health brings evidence-based, gold standard care to those who need it most. 90% of eligible patients miss out on this life-saving care, so we're bringing it straight into your home

cardahealth.com

Key: New Exhibitor *; Sponsor Exhibitor**

519 Clarius Mobile Health

**2980 Virtual Way #205
Vancouver, BC V5M 4X3 Canada
hello@clarius.com**

Eliminate guesswork with AI-powered Clarius HD3 ultrasound designed to provide sharp and clear images of muscles, joints, ligaments, tendons and cartilage at rest and in motion. Affordable for office practice and easy to use, Clarius shows you the fine details you need to quickly investigate an area of concern for an accurate diagnosis and to perform injections with confidence.

clarius.com/

817 Clix Therapy

**PO Box 952
Bristow, VA 20136 USA
admin@clixtherapy.com**

We manufacture and sell reusable hot & cold gel packs in various sizes.

Clixtherapy.com

617 Clinical Exercise Physiology Association (CEPA)

**6510 Telecom Dr. Suite 200
Indianapolis, IN 46278, USA
cepa.esecretary@gmail.com**

The purpose of CEPA is to advance the scientific and practical application of clinical exercise physiology for the betterment of the health, fitness and quality of life for patients at high risk or living with a chronic disease. The aim of CEPA is to advance the profession of clinical exercise physiology through advocacy, education and career development.

acsm-cepa.org

206 Cometa Systems, Inc.

**21102 County Road 7560
Newburg, MO 65550, USA
sales@cometasystems.com**

Wireless EMG systems

Cometasystems.com

425 CORTEX Biophysik GmbH

**Walter-Köhn-Str. 2d
04356 Leipzig/Germany
info@cortex-medical.com
marketing@cortex-medical.com**

CORTEX Biophysik GmbH is a German MedTech company and global leader in mobile cardiopulmonary performance diagnostics. It develops advanced spiroergometry systems for medical, sports and research applications, enabling precise analysis of heart, lung and metabolic performance. Core products include METAMAX® and METALYZER®. The innovative C2in1 performance system introduces flexible licensing (permanent, temporary or pay-per-use) for next-generation performance testing.

cortex-medical.com

205 COSMED

**1850 Bates Ave
Concord, CA 94520, USA
USA@cosmed.com
ascofield@cosmed.com**

COSMED provides a complete portfolio of gold standard solutions for performance testing, including exercise testing, metabolic assessment and body composition analysis. Key products include the K5 Wearable Metabolic System, the Q-NRG Metabolic Monitor and the BOD POD GS-X Body Composition System. We also provide a comprehensive software solution called OMNIA that seamlessly integrates all products & data together to allow for analysis and trending.

Cosmed.com

624 Computer Sports Medicine Inc (CSMi)

**101 Tosca Drive
Stoughton, MA 02072, USA
info@csmisolutions.com
rob.potash@csmisolutions.com**

We manufacture the HUMAC NORM and HUMAC BIKE Isokinetic Systems. Stop by our booth for a demonstration

humacnorm.com

528 D9 Designs Inc.*

**53 Main Street, Suite 206
Concord, CA, 07160, USA
info@d9designs.com**

d9 Designs Inc. is an innovation platform centered on d9-caffeine, a patented deuterated form of caffeine designed to improve pharmacokinetic stability and deliver a more consistent, sustained physiological response. Through its flagship ingredient, Deura9®, the company supports applications in energy, endurance, and cognitive performance.

d9designs.com

Key: New Exhibitor *; Sponsor Exhibitor**

804 Dartfish USA

**11373 Southbridge Parkway, Suite A
Alpharetta, GA 30022, USA
gina.fogue@dartfish.com**

Video analysis solutions for sports performance. Use video and data analysis to detect vulnerabilities. Decide what to focus on and develop technical and tactical strategies to improve performance and reduce injuries. Dartfish solutions give specialists, coaches and medical professionals an edge in analyzing potential biomechanical inefficiencies in athletes or patients, improving and increasing performance with accuracy and efficiency.

Dartfish.com

117 Delsys Inc.

**23 Strathmore Road
Natick, MA 01760, USA
blewis@delsys.com**

Delsys is the worldwide leader in the design, manufacture and marketing of a portfolio of high performance electromyography instruments.

Delsys.com

530 ExpertVoice*

**9150 S Morning Mist Ct
Sandy, UT 84093, USA
Odessa.Winter@expertvoice.com**

New ACSM Member Benefit! Log in to your ExpertVoice account to unlock exclusive access to 625+ fitness brands, with discounts up to 60% off. Available for Active ACSM Members Only.

expertvoice.com/group/acsm

809 Fitabase

**4705 35th St.
San Diego, CA 92116, USA
hello@fitabase.com**

Fitabase offers a robust data management and messaging platform designed to help researchers of all types remotely collect activity, sleep, weight and nutrition information from participants and communicate directly with them in near-real time. Fitabase has supported over 1,000 academic and clinical projects using Fitbit and Garmin devices and has helped labs push the boundaries of research messaging by working with them to introduce text message experiences, and even novel algorithms.

Fitabase.com

718 Florida Gulf Coast University

**10501 FGCU Boulevard South
Fort Myers, FL, USA
mariebcollege@fgcu.edu**

At Florida Gulf Coast University (FGCU), learning meets innovation, and endless possibilities in Southwest Florida. The Marieb College for Health & Human Services advances the education, health, and well-being of our students through teaching excellence, impactful scholarship, and service. There are Undergraduate programs in Exercise Science, Health Sciences, along with Graduate programs in Physical Therapy, Occupational and Physical Therapy, Nursing, and Physician Assistant to name a few.

Fgcu.edu/mariebcollege

220 Forrest T. Jones & Company, Inc.**

**2600 Grand Blvd, Suite 900
Kansas City, MO 64108
GParish@ftj.com**

Forrest T. Jones & Company provides ACSM members "Top in the industry" insurance benefits that include Professional and General Liability, Life Insurance, Disability, Dental & Vision, Identity Theft Protection and much more. These products are available on an individual voluntary basis.

ACSM members can learn more about the Member Insurance Program by visiting ftj.com/acsm

327 Fulcrum Health Ltd*

**6 Nene Road, Bicton Industrial Park
Grafham, Huntingdon
Cambridgeshire, PE28 0LF, United Kingdom
julie@fulcrumhealth.com**

Fulcrum Health is a leading physical medicine organization focused on improving movement, musculoskeletal health, and patient outcomes through innovative chiropractic, physical therapy, massage therapy, acupuncture, and rehabilitation solutions.

fulcrumhealth.com

720 gadgetly*

8176 Dinsmore
Las Vegas, NV 89117, USA
gabriel@gadgetly.net

The hub of future-forward luxury! Dive into our Phone Accessories Collection where tech meets style. Our iPhone cases are not just accessories, they're style statements. From sleek protection to smart charging, each piece is designed to elevate your device and lifestyle. Step into the future with AI Pro. where innovation and luxury collide!

aiprousa.com

405 Gatorade Sports Science Institute**

50 E. Stevens Ave.
Valhalla, NY 10595 USA
Phone: 1-800-884-2867

GlobalGSSIEducation@pepsico.com

The Gatorade Sports Science Institute (GSSI) is committed to helping athletes optimize their health and performance through research, innovation, education and service in hydration and nutrition science. Visit the GSSI website to access educational resources.

Gssiweb.org/en

724 GE Healthcare

3000 North Grandview
Waukesha, WI 53188, USA
patrick.dragani@gehealthcare.com

Building on our heritage of innovation, we strive to overcome healthcare's greatest challenges by helping to improve diagnostic accuracy, simplify workflows, and boost efficiency. With over 130 years of innovation and topping the FDA's list with the most AI-enabled device authorizations*, our solutions help give clinicians the clarity to make confident, timely decisions that improve outcomes. Together with providers worldwide, we're creating a future of personalized, connected and compassionate healthcare that has no limits.

gehealthcare.com

726 General Intelligence Systems Inc.*

2723 s 124th In
Seattle, WA, 98168, United States
jose@gi37.com
gi37.com

625 Genova Diagnostics

63 Zillicoa Street
Asheville NC, 28801, USA
connect.gdx.net/help

Genova Connect, powered by Genova Diagnostics, offers easy access to advanced lab tests, covering key health areas like gut health, nutrition, immune function, and hormones. Through Genova Connect, individuals can gain insights into their health and find ways to improve their well-being.

gdx.net/getstarted

133 Golden Smart Home Technology Corp*

2nd Floor, No.10, R&D 2nd Road
Hsinchu City, Hsinchu Science Park, Taiwan
dongyan.wang@goldensmarthome.com.tw

Golden Smart Home focuses on the health promotion industry, providing smart medical devices and intelligent rehabilitation/fitness equipment that enable valuable collection, analysis, and application of physiological data.

goldensmarthome.com.tw

428 Harding University*

Cardiac Function & Interventional Technology Program
915 East Market Ave.
Searcy, AR 72149, USA
krturley@harding.edu

The Cardiac Function and Interventional Technology (CFIT) program at Harding University is a 10-month, industry based, cohort master's degree that provides specialized, hands-on training in cardiac rhythm management, electrophysiology, and interventional procedures to prepare students for careers in the cardiac device industry. It combines industry-based instruction, clinical experience, and leadership development to equip graduates with the technical skills and professional knowledge needed to improve patient care and advance in this growing field.

harding.edu/cfit

104 Health and Fitness Technologies, LLC

PO Box 1194
Tooele, UT 84074, USA
brad@coordinationbag.com

Jukestir is the punching bag that improves your mental and physical performance.

jukestir.com

Key: New Exhibitor *; Sponsor Exhibitor**

431 Health Currancy Ltd

**32 Cheviot Road
Andover, Hampshire, United Kingdom
fleur@curranz.com**

Health Currancy is the brand owner of CurraNZ, a clinically researched sports performance and health supplement, offering the highest level of peer-reviewed evidence of any anthocyanin-based ergogenic aid globally. Made from polyphenol-rich New Zealand blackcurrants, CurraNZ is a standardized, award-winning supplement designed for everyday active exercisers, as well as elite and professional athletes.

curranz.usa.com

505 HealthCare International

**PO Box 1509
Langley, WA 98260, USA
sales@hcifitness.com**

Monark Ergometers and CardioMed Treadmills

HealthCare International is the leading supplier of testing ergometers, including the AC 8 Pendulum Ergometer for VO₂ testing and the Cyclus 2 for Wingate and other performance assessments.

Hcifitness.com

204 Henka LLC

**10927 Hunting Hawk Road
Las Vegas, NV, 89179, USA
henkallc@gmail.com**

HENKA LLC is an organization focusing on providing healthcare solutions to facilities, individuals. We distribute portable medical devices that can be used to treat a variety of health issues.

Hidow.com

309 Hologic

**250 Campus Drive
Marlborough, MA 01752, USA
Maureen.Hopkins@hologic.com**

Hologic is a global medical technology company specializing in women's health and well-being. We offer innovative solutions for screening, detecting and treating conditions and raise the standard of care globally.

hologic.com

307 Human Kinetics

**1607 N Market St
Champaign, IL 61820, USA
info@hkusa.com**

Human Kinetics, the information leader in physical activity and health, provides quality resources for students, faculty and professionals across the range of kinesiology and exercise disciplines. Human Kinetics is an ACSM approved provider for continuing education. Our catalog of products is developed to provide you with the education and resources you need to keep your athletes in top condition. The HK bookstore on the exhibit floor will carry everything from the latest research on evidence-based practices to the best exercises to prevent and rehabilitate from injury. Stop by our booth to browse the selection and take advantage of a special show discount throughout the conference.

Us.humankinetics.com/pages/acsm-annual-meeting

704 ImpediMed

**5900 Pasteur Ct. Ste 125
Carlsbad, CA 92008, USA
tjohnson@impedimed.com**

ImpediMed's SOZO® Digital Health Platform is the only FDA Cleared Bioimpedance Spectroscopy (BIS) technology that non-invasively measures fluid status and tissue composition in healthy and unhealthy patient populations. BIS enables clinicians to monitor muscle mass and other key health indicators for patients on medical weight management, including GLP-1 therapy and structured exercise and nutrition planning, tracking muscle strength, function, and body composition.

impedimed.com

609 Inbody

**13850 Cerritos Corporate Dr. Unit C
Cerritos, CA 19403, USA
convention@inbody.com**

Since 1996, InBody has delivered medical-grade body composition technology validated by 5,500+ studies. Our comprehensive ecosystem includes professional analyzers, fall risk assessment, smart consultation kiosks, consumer devices, cloud solutions, and educational platforms—empowering healthcare, fitness, and wellness professionals worldwide with precise data for better outcomes.

Learn more at inbody.com

Key: *New Exhibitor* *; *Sponsor Exhibitor***

716 ISS, Inc

**1602 Newton Drive
Champaign, IL 61822, USA
James.Keeler@iss.com**

ISS specializes in non-invasive biomedical instrumentation, offering advanced tissue oximetry technologies for sports medicine research. Our devices provide real-time muscle oxygenation measurements, helping researchers and clinicians assess performance, recovery and rehabilitation. By delivering critical insights into oxygen dynamics, ISS technology supports advancements in athletic training, injury prevention and recovery strategies.

Iss.com

222 IWorx Systems Inc.

**62 Littleworth Road
Dover, NH 03820, USA
chrisw@iworx.com**

iWorx Systems develops advanced physiology teaching and research solutions, providing innovative hardware, software, and laboratory systems for biomedical, exercise, neuroscience, and life science education and research applications.

IWorx.com

208 Journal of Sport and Health Science (JSHS)

**650 Qingyuanhuan Road
Shanghai, 200438 China
jshs@sus.edu.cn; gaowei@sus.edu.cn**

The *Journal of Sport and Health Science (JSHS)*, launched in May 2012, sponsored by Shanghai University of Sport, is a peer-reviewed, international, multidisciplinary journal dedicated to the advancement of sport, exercise, physical activity and health sciences. *JSHS* is open access, online and print, and has no cost to publishing or downloading articles. The current impact factor of *JSHS* is 13.077, placing it 2nd among 87 journals in the sports sciences category.

Sciedirect.com/journal/journal-of-sport-and-health-science

529 KORR Medical Technologies

**3487 W 2100 S #300
Salt Lake City, UT 84119, USA
alaw@korr.com**

At KORR Medical Technologies, we have applied years of respiratory research to take on the challenge of health and fitness. KORR makes it possible for practitioners to obtain an accurate measurement of an individual's unique resting metabolic rate, considered by many to be the new "vital sign" for obesity treatment. Similarly, KORR puts the high-tech training tools of VO2 Max and Anaerobic Threshold detection into the hands of fitness trainers at every level of expertise. The results of all tests are presented in a format that will help educate and motivate the client. At KORR we believe that for scientific data to be useful it must not only be accurate but must be communicated in a manner that is both understood and accepted by the client.

korr.com

324 Kubios*

**Varsitie 22
Kuopio, 70150, Finland
mika.tarvainen@kubios.com**

Kubios is a global leader in heart rate variability (HRV) analysis, offering scientifically validated tools for assessing stress, recovery, and physiological performance. With a strong foundation in research and a commitment to innovation, Kubios empowers professionals to gain reliable insights into human physiology and optimize performance and wellbeing.

kubios.com

116 Labfront

**40 Spring Lane
Sharon, MA 02067, USA
jordan@labfront.com**

Labfront is a health research software platform that enables the capture of real-world physiological data from wearables, custom surveys and event markers in one convenient, timestamped location. It supports studies from tens to thousands of participants, offering tools for adherence tracking and data analysis. Founded by former Harvard Center for Dynamical Biomarkers members, Labfront specializes in signal processing and is trusted by 200+ top institutions, including Harvard, NIH and NASA.

Labfront.com

706 Lafayette Instrument

**3700 Sagamore Parkway North
Lafayette, IN 47904, USA
bbrown@lafayetteinstrument.com**

Strength and range of motion

Lafayetteinstrument.com

108 Lode b.v./ Electra-Med Corporation

**5332 Hill-23 Drive
Flint, MI 48507, USA
ask@lode.nl
dana@electramed.com**

Electra-Med Corporation is the Master Sales and Service Center for Lode Ergometers in the USA. Lode is the “Gold Standard in Ergometry” Stop by our booth #399 to see the Excalibur Sport, Corival CPET and Esseda Wheelchair Ergometers. We look forward to visiting with you!

Electramed.com

806 Luminos Pro*

**95 Third Street
San Francisco, CA 94103, USA
marketing@luminospro.com**

Luminos Pro is a medical provider of advanced light and laser modules. As a medical wholesaler, we are focused on providing a variety of the latest medical equipment with an emphasis on the advantages of light. At Luminos Pro we offer a wide array of tools, equipment, and supplies for medical, wellness, or aesthetic use. That is why Luminos Pro is happy to service various medical industries and offer the most innovative top-of-the-line technology.

luminospro.com

427 mBrainTrain*

**Bulevar vojvode Misica, 17
Belgrade, Serbia, 11000
sales@mbraintrain.com**

mBrainTrain designs portable, high-fidelity EEG systems specifically built to measure brain data in out-of-the-lab conditions. Whether you study gait, motor control, fatigue, balance, or neuro-muscular coordination, our systems are made to follow athletes and participants as they move, not as they sit still.

mbraintrain.com

833 MDPIAG*

**Grosspeteranlage 5,
4052 Basel, Switzerland
becca.wang@mdpi.com**

A pioneer in scholarly, open access publishing, MDPI has supported academic communities since 1996. Our 514 diverse and open access journals, including 505 peer-reviewed journals and 9 conference journals, are supported by more than 295,000 academic experts who share our mission, values, and commitment to providing high-quality service for our authors. We serve scholars from around the world to ensure the latest research is freely available and all content is distributed under a Creative Commons Attribution License (CC BY).

mdpi.com

320 Medi-Dyne*

**1812 Industrial Blvd.
Colleyville, TX 76034, USA
sales@medi-dyne.com**

With a passion for innovation and injury prevention, we provide a full range of solutions designed to relieve pain, enhance performance, and support recovery. From runners and athletes to everyday individuals seeking comfort and mobility, our trusted brands, like ProStretch®, Tuli's®, Cho-Pat®, and 2Toms®, offer proven products backed by science and used by professionals worldwide. Whether you're overcoming an injury or looking to stay active, Medi-Dyne is here to help you move better, feel better, and live better.

medi-dyne.com

705 MGC Diagnostics

**350 Oak Grove Parkway
St. Paul, MN 55127, USA
support@mgcdiagnostics.com**

MGC Diagnostics® is a global medical technology company dedicated to providing cardiorespiratory health solutions. We develop, manufacture, and market non-invasive diagnostic systems for detecting, classifying and managing cardiorespiratory disease.

mgcdiagnostics.com

119 Motion Analysis Corporation*

**5789 State Farm, Ste. 145
Rohnert Park, CA 94928, USA
smaher@motionanalysis.com**

Motion Analysis Corporation has been an international industry leader in motion capture technology for over 35 years. Since our company was formed, we've worked closely with renowned specialists to create continuously cutting-edge hardware and software solutions for a wide range of industries including biomechanics, ergonomics, VR, AR, robotics, video game design, studio broadcasting, and product development. Cortex is our robust motion tracking and editing software which provides the most complete set of visualization tools in the industry. Our constant product development ensures that our motion capture solutions remain the most accurate and advanced that the industry has to offer.
motionanalysis.com

619 Moxy Monitor

**1155 West Shore Dr SW
Hutchinson, MN 55350, USA
roger@moxymonitor.com**

We make a wearable muscle oxygen monitor for athletic training and research.

Moxymonitor.com

109 National Strength and Conditioning Association (NSCA)**

**1885 Bob Johnson Drive
Colorado Springs, CO 80906, USA
greg.nockleby@nsca.com**

The National Strength and Conditioning Association (NSCA) is an international nonprofit educational organization founded in 1978. As the worldwide authority on strength and conditioning, the NSCA supports and disseminates research-based knowledge and its practical application to improve athletic performance and fitness. The NSCA bridges the gap between the scientist in the laboratory and the practitioner in the field fostering the development of S&C as a discipline and as a profession.
nsca.com

429 NeuFit*

**2501 S Capital of Texas Highway
Austin, TX, 78746, USA
events@neu.fit**

The NeuFit Method, powered by our innovative Neubie® device, unlocks your body's healing potential. We offer faster, more profound results for recovery injury and performance enhancement through advanced electrical stimulation.

neu.fit

631 Noraxon USA Inc.

**15770 N Greenway Hayden Loop 100
Scottsdale, AZ 85260, USA
info@noraxon.com**

chelsea.sandberg@noraxon.com

Noraxon USA Inc. is an industry leader in human movement metrics and biomechanics research solutions. The company's patented hardware is fully portable and integrated with its myoRESEARCH® data analysis software, creating a modular and customizable approach to studying human movement in its most natural environment. Noraxon serves the global biomechanics research community across academic, ergonomic, clinical and human-performance applications.

Learn more at Noraxon.com

318 Northeast College of Health Sciences

**2360 State Route 89
Seneca Falls NY 13148, USA
mlove@northeastcollege.edu**

Northeast College of Health Sciences in Seneca Falls, New York, is recognized as a leading institution for the education and training of health care professionals. Its graduate and undergraduate programs, which include chiropractic, applied clinical nutrition, human anatomy and physiology instruction, radiologic technology, diagnostic medical sonography, massage therapy, and the health sciences, are rooted in a commitment to academic excellence, leadership and professional best practices.

Northeastcollege.edu

326 Novel Electronics Inc

**3367 Babcock Blvd 0
Pittsburgh, PA 15237, USA
novelinc@novelusa.com
mariapasquale@novelusa.com**

We provide innovative, accurate, reliable solutions that meet our customers' needs in fields such as biomechanics, orthopedics, physical therapy, sports medicine, footwear development, industry and more.

Novelusa.com

Key: *New Exhibitor **; *Sponsor Exhibitor***

317 Oculogica**

**1477 S. Knowles Ave.
New Richmond, WI 54017, USA
info@oculogica.com**

Oculogica was founded by a neurosurgeon and has spent over a decade developing concussion diagnostics, holding more FDA clearances in this space than any company in the world. Our latest innovation, SNAP, is a 90-second sideline concussion assessment developed with Department of Defense funding. SNAP diagnoses concussion with 90% sensitivity and 94% specificity with no pre-injury baseline required. It is designed for healthcare professionals to use indoors or on the sideline for both concussion diagnosis and return-to-play decisions.

snapconcussion.com

728 OMCT Solutions*

**1829 Lakelet Loop
Oviedo, FL 32765, United States
tanya@omctsolutions.com**

OMCT Solutions specializes in customized employee benefits strategies that help organizations attract, retain, and support their workforce through innovative, transparent, and client-focused solutions.

omctconsulting.com

106 Pal Technologies

**107 Bell Street
Glasgow, United Kingdom
G4 0TQ, United Kingdom
info@palt.com**

PAL Technologies is a spin-out from the Bioengineering Unit, University of Strathclyde. The Unit (now the Department of Biomedical Engineering) has an exceptional reputation for cross-disciplinary research and innovation and has produced a range of commercially successful healthtech innovations.

palt.com

118 Parker University

**2540 Walnut Hill Lane
Dallas, Texas 75229, USA
PMcCabe@parker.edu**

The Parker University Human Performance Center specializes in cutting-edge testing, training, and research to enhance human health and peak athletic performance.

parker.edu/academics/master-of-science-degree-in-strength-and-human-performance

217 Parvo Medics**

**1043 N. Eastcapital Blvd.
Salt Lake City, UT 84103, USA
info@parvo.com**

Metabolic Measurement Device Manufacturer.
parvo.com

225 Phi Epsilon Kappa Fraternity*

**108 Redwood Circle
Latrobe, PA 15650, USA
pekadmin@phiepsilonkappa.org**

Phi Epsilon Kappa is a national professional fraternity supporting students and professionals in health, physical education, and recreation through leadership, service, and career development.

phiepsilonkappa.org

107 Point Loma Nazarene University Kinesiology Dept.

**3900 Lomaland Dr.
San Diego, California 92106, USA
cremley@pointloma.edu**

Whether you are an established working professional, a recent college graduate searching for the perfect job, or even an undergraduate student taking steps towards your degree, our kinesiology and athletic training master's programs deliver challenging coursework, hands-on experiences and professional resources suited to your professional and academic goals. With part-time, full-time, hybrid and online programs, you'll be able to find an academic path to prepare you for the career you want.
pointloma.edu/graduate-studies/programs/kinesiology-ms

319 Qualisys

**1603 Barclay Blvd
Buffalo Grove, IL 60089, USA
Sales@qualisys.com
Stephanie.Knustrom@qualisys.com**

Qualisys is a leading provider of 3D motion capture technology for biomechanics, engineering and more. With the advancements of our hybrid markerless/marker-based tracking technology and athletic reporting solutions, customers can instantly generate an online report as a full 3D assessment used to increase performance and decrease the risk of injury.

Qualisys.com

105 Qubit Systems Inc.

1573 John Counter Blvd.
Kingston, Ontario K7M 3L5 Canada
billie@qubitsystems.com

Rugged, and designed for virtually any indoor or outdoor activity, VOCO measures metabolic performance almost anywhere. Simple calibration of all sensors takes seconds, and periodic auto-calibration ensures accuracy even in changing environmental conditions. Weighing less than 1kg and secured on the back with an ergonomic harness, freedom of movement is guaranteed for even rigorous exercise activities. An intuitive app controls all VOCO functions and provides instantaneous metabolic data.

Voco-cpx.com

526 Rocky Mountain University of Health Professions**

1800 S Novell Place
Provo, UT 84606
rmuadmissions@rm.edu

A graduate healthcare institution that focuses on the following professions: Physical Therapy, Physician Assistant, Occupational Therapy, Optometric Medicine, Counseling, Speech-Language Pathology, Nursing, and Health Sciences.

www.rm.edu

227 Royalpulse USA*

6415 S Forth Apache Rd #185-74
Las Vegas, NV 89148, USA

VOLTA is a premium wellness and beauty technology brand specializing in advanced red light and infrared therapy solutions for pain relief, recovery, skin rejuvenation, and overall well-being. Our innovative devices are designed to help reduce muscle soreness, support faster recovery, improve circulation, and promote healthier, more youthful-looking skin. Combining cutting-edge technology with elegant design, VOLTA delivers safe, effective, and professional-grade solutions trusted by athletes, wellness professionals, and beauty-conscious clients worldwide.

voltaquality.com

416 SpiroFit/SpiroFit USA*

212 Bluffton Rd. Suite 300
Bluffton, SC 29910 USA
damon.k@spirofit.de

SpiroFit develops portable, lab-grade metabolic and VO₂ analysis systems designed for sports performance, rehabilitation, wellness, and research applications, delivering real-time respiratory and metabolic insights through advanced mobile sensor technology.

spirofit.de

815 Sports Medicine and Health Science

Sports Medicine and Health Science
1942 North Huanhu Road,
Office Building 426, Chengdu Sport University
Chengdu, Sichuan Province, 641418, China
smhs@cdsu.edu.cn

Sports Medicine and Health Science is a peer-reviewed and open access journal of the China Sport Science Society, covering 3 main domains: Sports Medicine, Exercise Biology, and Impact of Physical Activity and Inactivity on Public Health

sciencedirect.com/journal/sports-medicine-and-health-science

832 Sports Resource Group, Inc/lactate.com

21 Cullen Way
Exeter, NH 03833, USA
info@lactate.com

We provide handheld equipment and supplies for lactate testing.

Lactate.com

808 Springer Nature

One New York Plaza Suite 4600
New York, NY 10004, USA
exhibits@springernature.com

Springer is part of Springer Nature, a leading scientific, technical and medical publisher, providing researchers with quality content through innovative information, products and services. Our extensive eBook collections and open access programs support researchers across the sciences and humanities. Visit our booth to learn about the benefits of publishing with us and explore titles!

Springernature.com/gp

825 StepCraft*

1091 Fir Ave
Blaine, WA, 98230
info@stepcraft.com

StepCraft develops premium biomechanical insoles designed to improve comfort, alignment, and performance through proprietary orthotic technology backed by more than 60 years of podiatric expertise and custom orthotic innovation.

stepcraft.com

Key: New Exhibitor *; Sponsor Exhibitor**

406 Technogym**

70 Hudson St, Suite 610
Jersey City, NJ 07302
info@technogymusa.com

Founded in 1983, Technogym is a world-leading brand in fitness, wellness, sport, and health. Technogym offers a complete Ecosystem of connected smart equipment, digital services, on-demand training experiences, and apps that enable each user to access a fully personalized workout experience anywhere and anytime: at home, at the gym, and on-the-go. With over 2,500 employees, Technogym is present in over 100 countries. More than 70 million people train with Technogym equipment in 100,000 Wellness centers and 500,000 private homes in the world. Technogym has been appointed for the tenth time as the Official Supplier of the Milano Cortina 2026 Winter Olympic and Paralympic Games and is the brand of choice for training champions around the world.

Technogym.com

219 Texas A&M University: Department of Kinesiology and Sport Management*

2929 Research Parkway
College Station, TX 77843, USA
jbryanmann@tamu.edu

The Department of Kinesiology and Sport Management at Texas A&M University stands at the forefront of human movement, sports, coaching, and wellness education and research.

kns.m.tamu.edu

426 The College of St. Scholastica

1200 Kenwood Ave
Duluth, MN 55811, USA
ceickman@css.edu

The College of St. Scholastica is a private college located in Duluth, MN, with graduate programs including, but not limited to, Exercise Physiology, Physical Therapy, Occupational Therapy, PA Medicine, and more.

css.edu

722 The Power of Sports For Amputees*

9783 Kika Court
San Diego, CA 92129, USA
Marci@marcikrown.com

An Educational Film and Guide about leg amputees living their best life through the Power of Sports. This is a great opportunity to pair with a class in college, event with a non-profit/business and a program on awareness in the community.

krownfamilyfilms.com

813 Theia Markerless

27 Sydenham Street
Kingston, Ontario K7L3G8 Canada
sales@theiamarkerless.ca

Theia develops AI-powered markerless motion capture software for biomechanics and sports performance. Using synchronized video and deep learning, Theia3D generates research-grade 3D movement data without markers in real-world environments.

theiamarkerless.com

305 Therabody**

1640 S. Sepulveda Blvd Suite 300
Los Angeles, 90025
science@therabody.com

“We’re on a mission to empower everybody to live better, longer, healthier lives by creating innovative wellness technologies led by science.”

therabody.com

331 Trace Minerals*

1996 W 3300 S
Ogden, UT 84401, USA
joe.garbarczyk@traceminerals.com

Our mission is simple: Remineralize the World®. For over 50 years, we’ve been helping people reconnect with the minerals their bodies need to function, feel, and live better. We’re making nature’s essential minerals accessible so people everywhere can feel the difference they make.

traceminerals.com

224 Tradeline LLC

3651 Lindel rd.
Las Vegas, NV 89103, United States
Tradelineus1@gmail.com

Tradeline LLC, is part of the Aevum Consulting Group, provides specialized healthcare IT and consulting services, helping payer and provider organizations optimize operations, streamline systems, and improve efficiency through customized technology and strategic solutions.

aevumconsultinggroup.com/index.html

Key: New Exhibitor *; Sponsor Exhibitor**

819 US Navy Medical Recruiting

5722 Integrity Drive
Millington, Tennessee 38054, United States
dave@tenpointmedia.com
www.navy.com

805 VacuMed

6085 King Drive, Unit 104
Ventura, CA 93003, USA
susan@vacumed.com

Vacumed; experts in Body Composition and VO2 Measurement Systems from resting (REE/BMR/BMR) to VO2max. We offer simulators for calibration of metabolic systems. Also, O2 and CO2, gas analyzers, ECG systems, ergometers, treadmills. Our consumables include filters, mouthpieces, tubing, breathing valves, nose clips, heart rate monitors and oximeters.

Products and prices on vacumed.com

226 VALD Group, Inc

2323 Executive Street, Suite 2
Charlotte NC 28208
a.sinacore@vald.com

VALD is a global leader in musculoskeletal health and performance technology, providing practitioners with data-driven tools to assess, monitor and improve movement, strength and rehabilitation outcomes. Trusted by thousands of elite sport, healthcare and tactical organizations worldwide, VALD's integrated systems include force plates, strength testing devices, movement analysis tools and digital health platforms, streamline workflows and enhance decision-making with objective, actionable insights.

VALD.com

232 Vicon

12650 E Arapahoe Road Suite 200
Centennial, CO 80112, USA
sales@vicon.com
TaylorGrace.Yoke@vicon.com

In 1984, Vicon began offering new insights into movement with motion capture for the life sciences. Our users have referred to us as the gold standard ever since. Vicon builds the leading solutions for optical and inertial tracking in the fields of biomechanics, gait, sports science and animal research. We're the life sciences community's most trusted provider of clinically validated model outputs. Our solutions combine the most capable motion capture cameras in the world with powerful, flexible software to enable our customers to gain deep insights into movement.

Vicon.com

623 Vital Dynamics*

3901 Parkview Ln
Irvine, CA 92612, USA
tarikhurmali@gmail.com

Powered Living provides powerhouse athletes with the pain management and muscle recovery therapies they rely on.

poweredliving.com

616 VO2 Master Health Sensors, Inc

2906 33 Street
Vernon, British Columbia V1T 5S7, Canada
tradeshows@vo2master.com

The VO2 Master analyzer is changing the landscape of sport science by delivering lab-grade data in real-world settings. Professionals use the system to measure VO2 Max and submax, ventilation, and energy expenditure in real time during natural movement—no hoses or carts required. Used by practitioners, researchers, and performance professionals, the VO2 Master provides ecologically valid metrics at the gym, field or court.

Vo2master.com

619 Wake Forest University

PO Box 7868
Wake Forest School of Medicine
Winston-Salem, NC 27109, USA
katulaj@wfu.edu

The Department of Health and Exercise Science (HES) offers a 2-year program leading to a Master of Science degree. The HES department has a research agenda focused on understanding the determinants and prevention of chronic disease and disability across the lifespan. The curriculum is designed to prepare individuals for careers as clinical exercise specialists in preventive and rehabilitative lifestyle programs, positions in clinical research programs, and further study in terminal degrees.

hes.wfu.edu/graduate/master-science-hes

731 Watkins-Conti Product, Inc*

3900 S Broadway, Ste #6E
Edmond, OK 73013, United States
bwigley@watkinscontiproducts.com

Yoni.Fit is making waves in exercise science and sports medicine - it is the first dual purpose device providing instant relief from both bladder and period leaks. We offer a one-stop shop for pharmacy, insurance filing, and shipping. Stop by booth #731 for a free sample kit and learn how you can seamlessly integrate this device into your practice.

yonifit.com

Key: New Exhibitor *; Sponsor Exhibitor**

605 Wolters Kluwer**

Two Commerce Sq
2001 Market Street
Philadelphia, PA 19103, USA
customerservice@lww.com

Wolters Kluwer provides trusted clinical technology and evidence-based solutions that engage clinicians, patients, researchers, students and the next generation of health care providers. With a focus on clinical effectiveness, research and learning, safety and surveillance, and interoperability and data intelligence, our proven solutions drive effective decision-making and consistent outcomes across the continuum of care.

wolterskluwer.com/en

821 Woodway

W229 N591 Foster Ct
Waukesha, WI 53186 USA
info@woodway.com bradw@woodway.com

Woodway Treadmills - For The Long Run

woodway.com

322 Wuhan Sports University*

Advanced Exercise and Health Science - AEHS
461 Luoyu road, Wuhan, Hubei 430079, China
aehs@whsu.edu.cn

AEHS is a peer-reviewed publication established and sponsored by Wuhan Sports University in China. Current areas of interest include Exercise and health promotion and policy; Exercise physiology and nutrition; Exercise medicine; Exercise and health psychology; Exercise biomechanics; Molecular and cell biology of exercise and nutrition; Exercise and artificial intelligence.

sciencedirect.com/journal/advanced-exercise-and-health-science

218 XSENSOR Technology Corporation

133 12 Avenue SE
Calgary, AB, T2G 0Z9 Canada
gabriela.badolato@xsensor.com

For more than 25 years, XSENSOR Technology has set the standard for accurate sensors and image quality in software - to capture, visualize and analyze pressure data. Today, XSENSOR innovates and partners with the most demanding customers in the world to explore what is possible with Intelligent Dynamic Sensing, which enables maximum precision measurements, highest quality visualizations and AI-powered data analysis, resulting in optimized levels of product performance, comfort and safety. XSENSOR's Intelligent Insole system is a plantar pressure and gait-measurement solution for athletic coaches and clinicians to capture lab-quality data in the field. Customers universally rely on XSENSOR for accurate, reliable sensors, superior software tools and outstanding product support.

Xsensor.com

709 Zero Gravity

940 Lincoln Rd suite #307
Miami Beach, FL 33139, USA
jonathan@zerogravityskin.com

Zero Gravity develops FDA-cleared photobiomodulation devices that accelerate recovery, reduce inflammation, and support performance through non-invasive, cellular-level therapy.

zerogravityskin.com



DISCOVER THE LATEST GSSI LABS APP

Visit the Gatorade Sports Science Institute booth near the expo entrance to sample Gatorade® innovations and **learn about the GSSI Labs app**, designed to scale real-world sports science through participation from everyday athletes.

WHAT IT OFFERS:

- ▶ A public-powered research ecosystem connecting athletes, consumers, and scientists
- ▶ Research that better reflects real-life performance demands
- ▶ Incentivized studies and surveys through points-based rewards
- ▶ Weekly and monthly performance insights to help users understand their data

EXPLORE GSSI



**SOFTNESS
THAT GOES
THE DISTANCE**

BROOKS

DISCOVER YOUR WELLNESS AGE™



Power up your journey with Technogym Checkup—the gateway to precision training. This smart, holistic assessment measures six key physical and cognitive markers to reveal your Wellness Age. Technogym AI Coach then turns your data into a personalized training program on the Technogym App, so you can train for measurable results anytime, anywhere.

Call (646) 578-8001 (US)
or visit [technogym.com](https://www.technogym.com)



Discover more



Health and performance — through science and technology



Therabody and ACSM share a commitment to extending health and performance through research, education, and innovation. This year's focus on the convergence of physical activity, exercise, and technology is one we're proud to help advance.

Visit us at **booth #305**
to see our innovative
products in action

As a Presenting Sponsor of the 2026 Annual Meeting, we look forward to connecting with a community dedicated to enriching lives through movement.

Therabody's Research

With 50+ scientific studies supported to date, Therabody answers a question at the heart of this year's meeting: how can technology help people move better, recover faster, and live longer?

In 2025, our research spanned recovery, performance, and pain relief — from percussive therapy and compression to red light and heat. Learn more about the proven benefits behind Therabody devices, and what we hope to learn next.

[Learn More](#)

Experience Therabody's science-backed technology yourself. **Save 15%*** at [Therabody.com](https://www.therabody.com) with code **ACSM2026**.

*ACSM2026 OFFER. Take 15% off sitewide. Offer is valid starting 12:01 AM PDT from 4/01/2026 to 12/31/2026 at Therabody.com for qualifying orders shipped within the United States, European Union, United Kingdom, Australia and New Zealand while supplies last. Discounts valid on full-price products only and not combinable with other offers, promotions, gift cards, or employee discount. Offer does not apply to Therabody Lounger. Excludes applicable taxes, and shipping and handling. No adjustments on previous purchases. Returns of any portion of the qualifying purchase will require forfeiture of amount equal to offer. Use code ACSM2026 at checkout to redeem offer. Therabody has the right to end this promotion at any time. Void where prohibited by law.

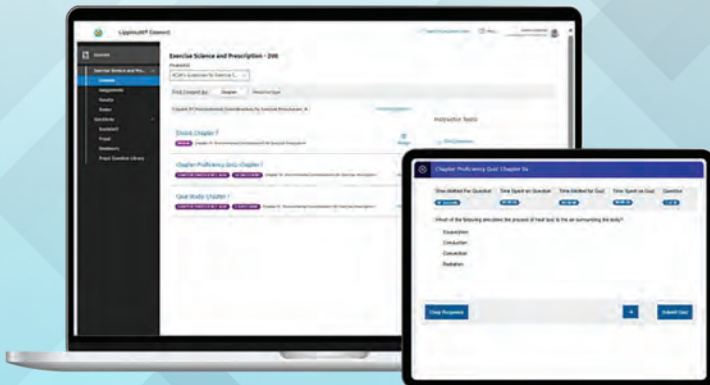


You Work Belongs Here. Publish with Us.



Get Published →

Lippincott® Connect Courseware for Exercise Science



With trusted ACSM content on Lippincott Connect, faculty can align course materials to certification standards and ensure their students link theory to practice.

Visit Booth #605 or

Learn More →

Career and Family. We've got you covered.

ACSM-sponsored member insurance plans and services have been carefully chosen for their **valuable benefits at competitive group rates** from a variety of **reputable, highly-rated carriers.**

- Professional & General Liability Insurance
- Group Term Life
- 10-Year Level Group Term Life
- 20-Year Level Group Term Life
- Automobile/Homeowners
- Dental & Vision Plans
- Group Disability Income Protection
- Accident Insurance & Critical Illness Plans
- LegalShield & ID Protection
- Pet Insurance

Stop by **Booth #220** to visit about your Member Insurance Program.



**Trust for
Insuring Educators**

Administered by
Forrest T. Jones & Company 

(800) 821-7303 | www.ftj.com/ACSM



For complete list of products and plans available, visit www.ftj.com/ACSM or call (800) 821-7303.



WHEREVER STRENGTH IS REQUIRED



NCCA-accredited certification

In the arena of athletic performance, only one credential sets the standard. The CSCS[®] signifies those who transform dormant potential into proven excellence.

CSCS-certified professionals relentlessly pursue perfection in every training session, underpinned by evidence-based practice.

Earn the credential that's trusted by the NFL, MLB, NBA, and MLS and held by over 47,000 individuals worldwide.

RISE ABOVE at
offer.NSCA.com/CSCS-careers





SNAP

CONCUSSION TEST

BY  OCULOGICA

90
seconds

90%
sensitivity

94%
specificity

Use **ACSM2026** for 30% off
snapconcussion.com

THE MOST TRUSTED METABOLIC CART

The System of Choice
at NASA and U.S.
Olympic Training
Centers.



PREFERRED BY

U.S. (TOSH/U.S. Ski Team) and
Canadian Olympic athletes (WinSport)

Duke U, Red Bull, Brooks Sports,
Saucony, Nike, New Jersey Devils,
Milwaukee Bucks

U.S. Army, Navy SEAL Team Six, NIH,
USDA as well as Universities around
the Globe

CONTACT US

1043 N Eastcapitol Blvd
Salt Lake City, UT 84103
Toll Free: 800.942.7255
www.parvo.com | info@parvo.com



ACCURATE

- Precision “Yeh” algorithm
- Every system validated by
Douglas bag method



RELIABLE & EASY TO USE

- 3-Year Warranty Included
- Durable, Proven O2 Sensor
- Intuitive. Gas cal in 40 sec.



Exceptional Support

- Rapid response service
- We back our product with
World Class support



M.S. in Exercise and Nutrition Science



REQUIREMENTS

- Completed application
- Resume
- Personal statement
- Overall GPA of 3.0 of undergraduate study
- Completed bachelor's degree in a related field
- Completion of required prerequisite courses prior to enrollment.

EXERCISE AND NUTRITION SCIENCE AT UTAMPA

The Master of Science in Exercise and Nutrition Science prepares students to work in the sports industry, business, government and in education as practitioners on professional interdisciplinary teams.

The program will help students seeking a strong foundation for further study and research including those pursuing a terminal degree. The program helps to prepare for certification exams including the Certified Sports Nutritionist (CISSN), Certified Strength and Conditioning Specialist (CSCS) and the Certified Exercise Physiology (ACSM) examinations.

These are premier certifications in strength and conditioning, sports nutrition and exercise physiology. Upon graduation students may choose to pursue certification.

PROGRAM ADVANTAGES

- Three entry points throughout the academic year
- Flexible program for full-time students
- Access to UTampa's Human Performance Research Lab
- Training and mentorship by national and international recognized faculty
- Experiential learning opportunities
- Recognized by the International Society of Sports Nutritionist as the first graduate program in Florida to offer approved coursework for preparation for the CISSN examination

SAMPLE COURSES

- Dimensions of Strength Training
- Exercise and Nutrition Science Theory
- Exercise and Nutrition Laboratory Techniques
- Physiology and Energetics of Exercise
- Sports Nutrition



Scan to learn more
about the program

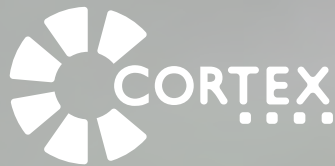
Learn more: utampa.edu/ens or gradinfo@ut.edu

WOODWAY® Presents

Cortex® C 2-in-1

The Next Level in Metabolic Testing

Mobile and Portable solutions for Metabolic Testing



- Portable/Wearable
- True Breath-by-Breath
- O2 and CO2 Measured
- State-of-the-Art Software
- Easy to Clean
- Long Calibration Times
- Disposable Options

ACSM Annual Meeting - Solutions Showcase
Thursday, May 28 | 11:30am

Revolutionary Versatility



Visit Booth
#821

Cortex C 2-in-1
Metabolic Cart





Movement for all.

Heritage Exhibitor 30 + years

AEI Technologies
AMTI
COSMED
Gatorade Sports Science Institute
Hologic
Human Kinetics
Lafayette Instrument Company
MGC Diagnostics
National Strength and Conditioning Association (NSCA)
Noraxon USA Inc.
Parvo Medics
Sports Resource Group, Inc
Lactate.com
VacuMed
VICON
Wolters Kluwer

Legacy Exhibitor 20 + years

Artinis Medical Systems BV
CSMi
Delsys Inc
HealthCare International
ISS Inc
Lode BV/Electra-Med Corporation
Motion Analysis Corporation
Novel Electronics, Inc
Qualisys
The MotionMonitor
Woodway

Premier Exhibitor 10+ years

Bertec Corporation
BODYCAP
BTS Bioengineering
Calmoseptine, Inc
CEPA
CORTEX Biophysik GmbH
Dartfish USA
Fitabase
Forrest T Jones & Company, Inc
InBody
IWorx Systems Inc.
KORR Medical Technologies
Moxy Monitor
Pal Technologies
Point Loma Nazarene University
Qubit Systems Inc
Technogym

Loyal Exhibitor 5 + years

Activinsights
Brooks Sports
Clarius Mobile Health
Cometa Systems, Inc
Florida Gulf Coast University
GE Healthcare
Journal of Sport and Health Science
Northeast College of Health Sciences
Parker University
Rocky Mountain University of Health Professions
The College of St. Scholastica
Theia Markerless
Vo2 Master
Wake Forest University
Xsensor Technology

Returning Exhibitor 2 -4 years

American International University
Clix Therapy
Chengdu Sport Univ Sports Medicine Journal
Health and Fitness Technologies, LLC
Health Currancy (UK) Ltd
ImpediMed
Labfront
Springer Nature
Therabody
Tradeline LLC
US Navy Reserve Medical Officer Programs
Zero Gravity

Thank You to Our Sponsors

Premier



Presenting



Sustaining



ACSM Ticketed Event

Presented by



ACSM Honors

Friday: 5:45 – 9 p.m.

Room: Hyatt Regency SLC – Salt Lake C

Sponsored Events

Presented by



Resistance Exercise-Induced Hypertrophy: Mechanisms and Emerging Technologies

Tuesday: 4 – 5:30 p.m.

Room: CC-355B

Presented by



EIM-OC Reception

Wednesday: 6 – 7 p.m.

Room: Hyatt Regency SLC – Salt Lake D

Presented by



Student Bowl

Wednesday: 7:30 – 9 p.m.

Room: Hyatt Regency SLC – Salt Lake C

Presented by



Rathbone/Drinkwater Networking Reception

Thursday: Approx. 8:50 a.m. following the 50-minute lecture

Room: CC-255E

Presented by



Woodway Solutions Showcase: Woodway Presents - Cortex C - 2 in1 - The Next Level in Metabolic Testing

Thursday: 11:30 a.m. to 12:30 p.m.

Room: Grand Ballroom B

Presented by



Clinician's Reception

Thursday: 6 – 7 p.m.

Room: Hyatt Regency SLC – Salt Lake D

Presented by



Avenues Ridge Guided Hike

Friday: 6 – 9 a.m.

Room: Avenues Ridge – Off-Site

Limited Spots – Pre-Registration Required

Sponsored by



The Gold Standard: A Summit on Multidisciplinary Training in Olympic Snow Sports

Saturday: 8 a.m. to 1 p.m.

Room: Center of Excellence – Off-Site

Limited Spots – Pre-Registration Required

Thank you to our sponsors for their support. Interested in becoming a sponsor for ACSM's Annual Meeting? Contact Jessi Warner, Director of Partnerships and Sponsorships, at jwarner@acsm.org.

Thank You To Our Sponsors

Premier Sponsors



Presenting Sponsors



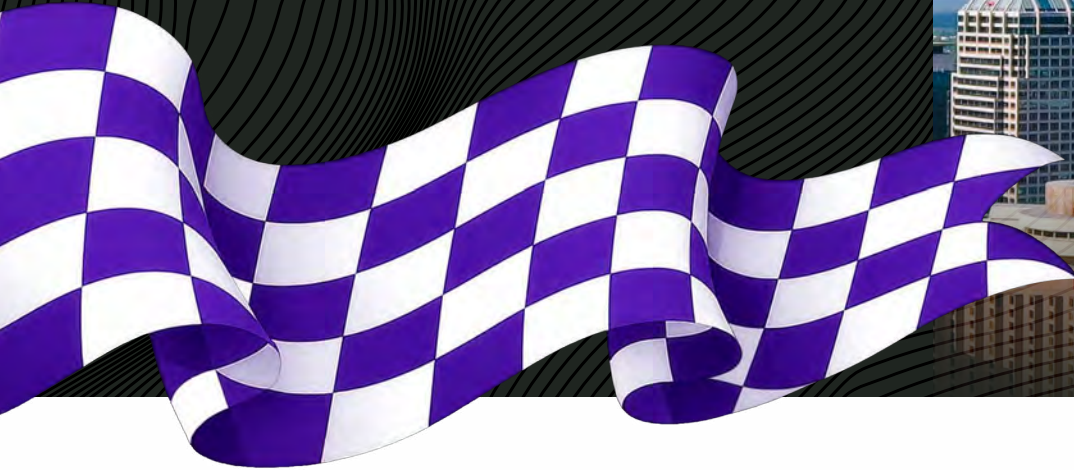
Sustaining Sponsors



The above sponsorships do not support or influence annual meeting continuing education programming.



ACSM²⁷ ANNUAL MEETING



Start Your Engines: Indianapolis

June 1 - 4, 2027

Indianapolis is where champions compete and history is made. From the Indy 500 to championship events, enjoy world-class sports in a walkable, fan-friendly city.

Submit Your Sessions: Session submissions for the 2027 ACSM Annual Meeting in Indianapolis open June 3, 2026. This includes a new session type – scholarly debate. **Deadline: July 8, 2026 Noon PT**



www.acsmannualmeeting.org



Can't make it to Salt Lake City for the 2026 ACSM Annual Meeting?

(Or, just don't want to miss out on the full annual meeting experience?)

Register for ACSM's online programming option – with 10 hours of unique online-only content and 47 CECs to boot, it's a great way to experience what the annual meeting has to offer, but with the added convenience of round-the-clock access anytime, anywhere.

Register Now